

FANTASY

1984



Tony,
 that was funny
 last time you said
 "sight with your pants
 on with that microscope"
 I was a bit no seriously - it
 wasn't that funny - anyway have a good
 summer and all that other shit. Smoke a joint,
 shoot a hole, and drink a beer for me while
 holding the head of a bald monkey this summer and
 you'll have good luck - the advice is free this time
 "84"
 Chase Kennedy

Anthony
 Keep good
 your through
 this year
 next will be better
 come on boys
 Samtong
 P. P. P.

Tony,
 It's been pretty cool
 knowing you this year. I probly see
 you in the summer, Have a killer
 summer dude!!!

AC/DC
 KICKS
 ASS

Lee S.

hi Tony!

who didn't Lee write a song
 in your yearbook? I'm glad I
 met you in Foods or in the ski
 shop or whatever cuz you
 really funny. I will probably
 see you next year but right
 now I can't write very good
 cuz I'm stuffed from banana
 splits! Just jokin!

Have a killer summer
 dude. (As Lee would say)

love

eightyfour

Dear Tony,

6/2/84

Hi cutie, how are ya?

I'm pretty good. I want to wish you a lot of luck ~~of~~ your last 2 years of High School because of my opinion Capuchino really sucks, SO GOOD LUCK cutie. I'm really glad we're back together again, because now I know that you really care about me a lot because I've never met any guy like you that would stick right by me when I was going through a lot of HELL, and I just want to say Thank You and I LOVE YOU. So any ways speaking of love, we are going to have a blast this summer, but only its gonna be really different because this will be my first summer that I will not be doing drugs or drinking. So I am gonna really enjoy this summer being with you, and I hope you do too! I'm sorry that I won't be going to the same High School as you, but I think this will be the best thing for me, do you understand what I'm saying? well any ways I LOVE YOU a lot and I want to get to know you better than I do right now okay cutie.

PS. CLASS OF '86"

LOVE

Elaine

♡ RULES

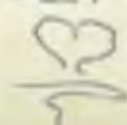
SUMMER
TIME

I LOVE

YOU

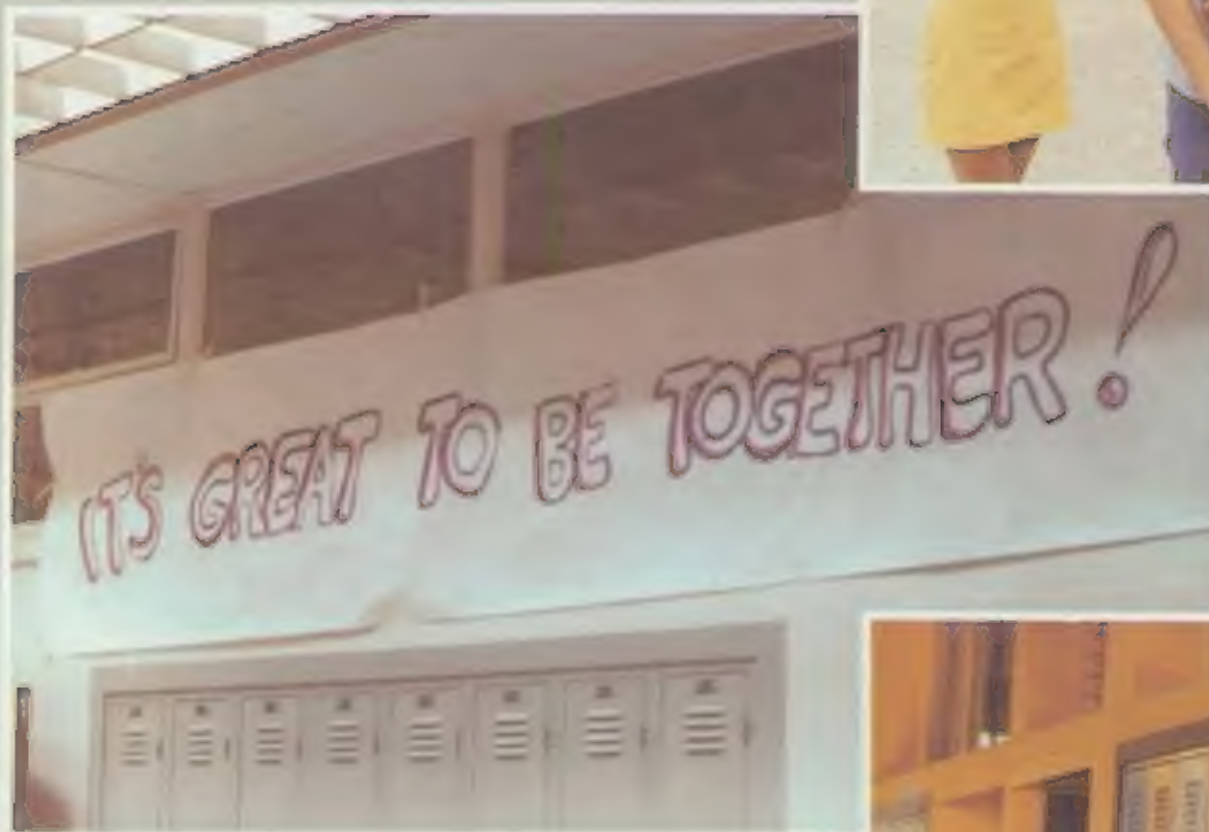


4EVER
2-GETHER



CAPUCHINO HIGH SCHOOL

FANTASY



VOLUME 32

1983/1984



1501 Magnolia Drive

San Bruno, California

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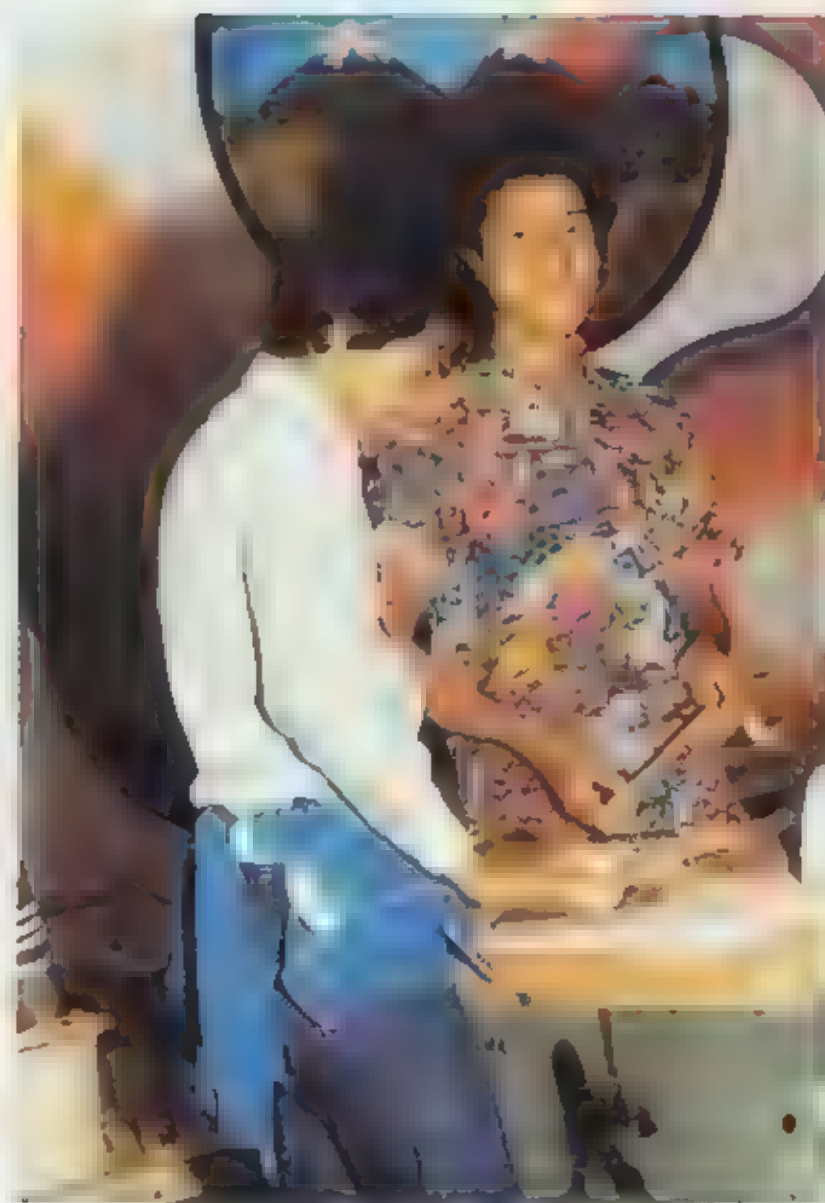




RE
84
Chris C. Nicky
Rob Jill Amy Jennifer

They say that life . . .





...is just a fantasy.

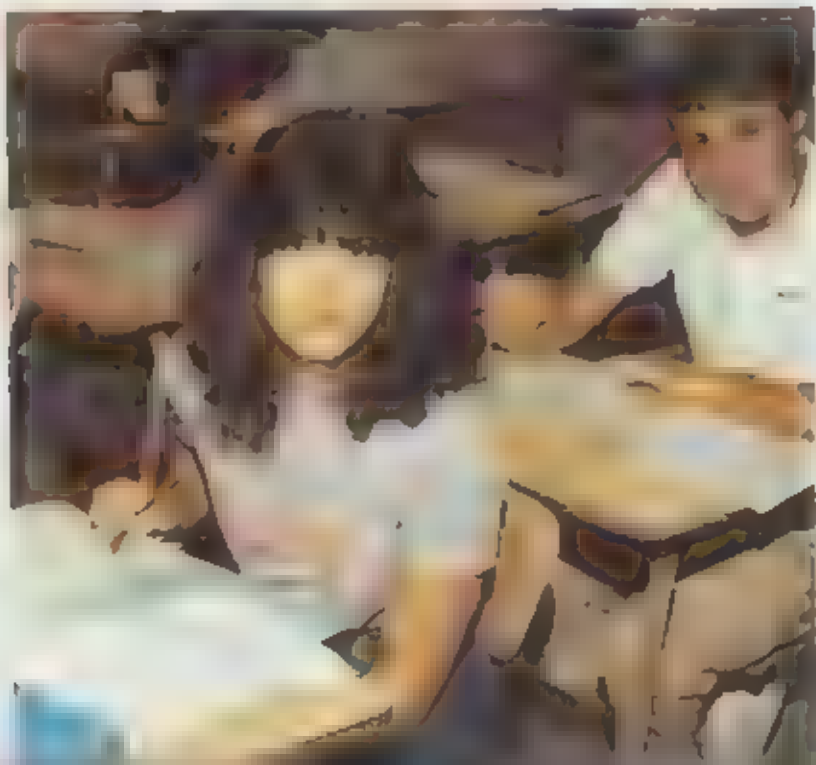
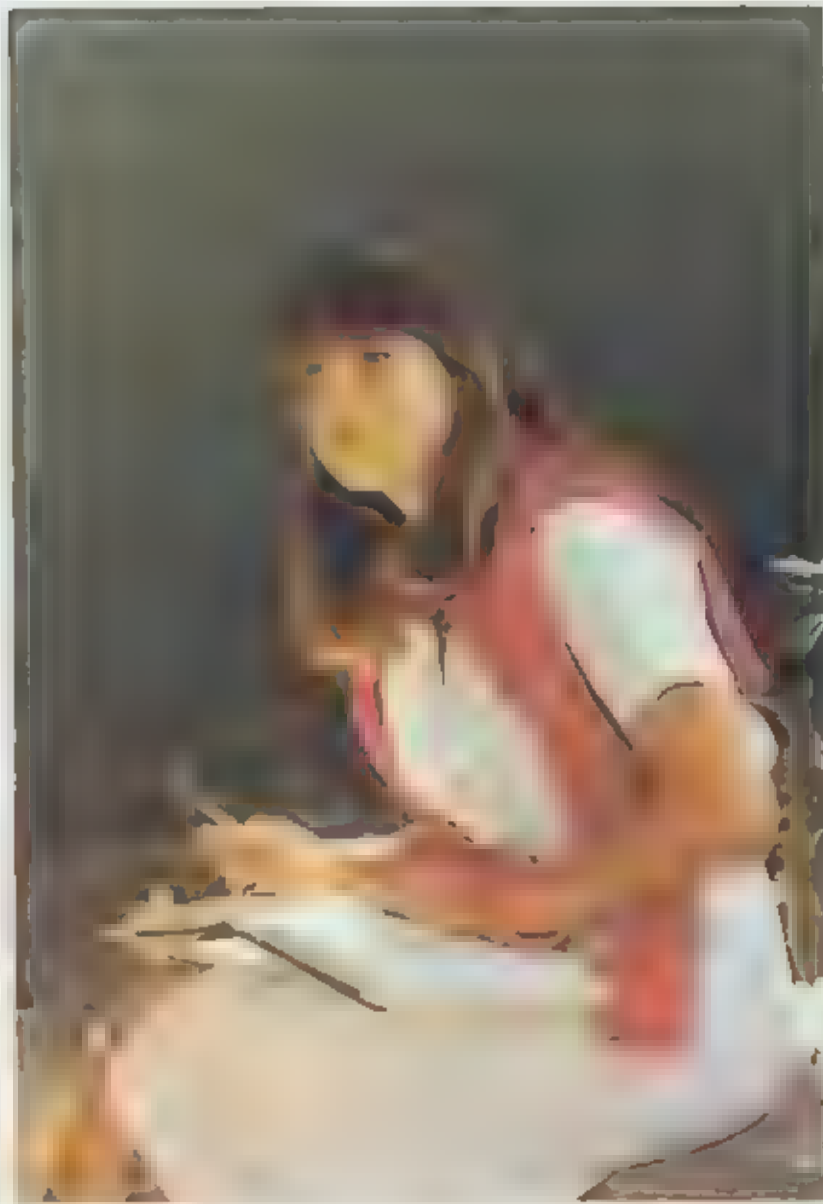
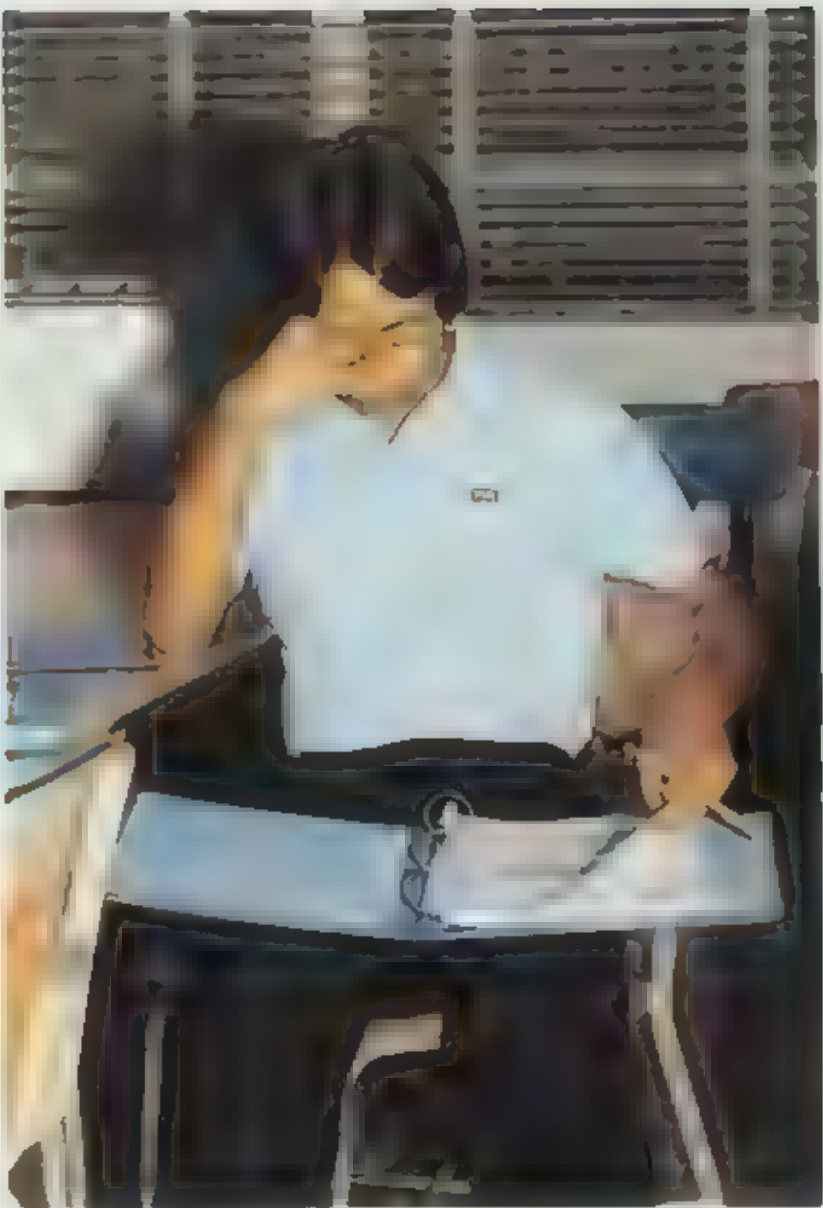
Is there a difference . . .





... between dreams and reality?

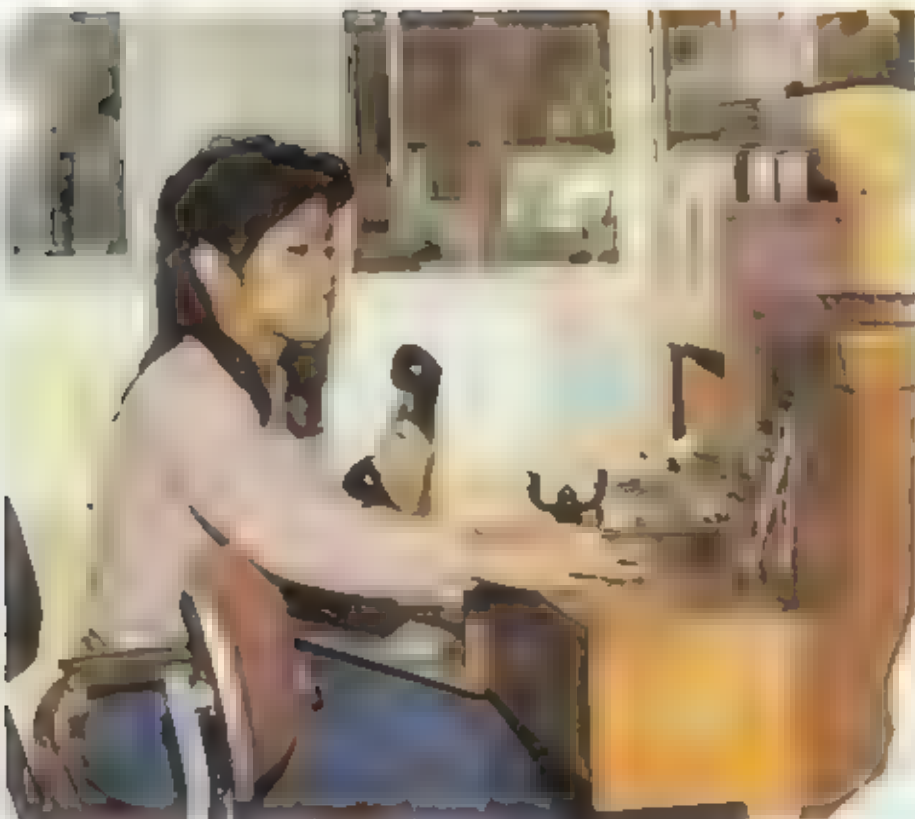
Sometimes . . .

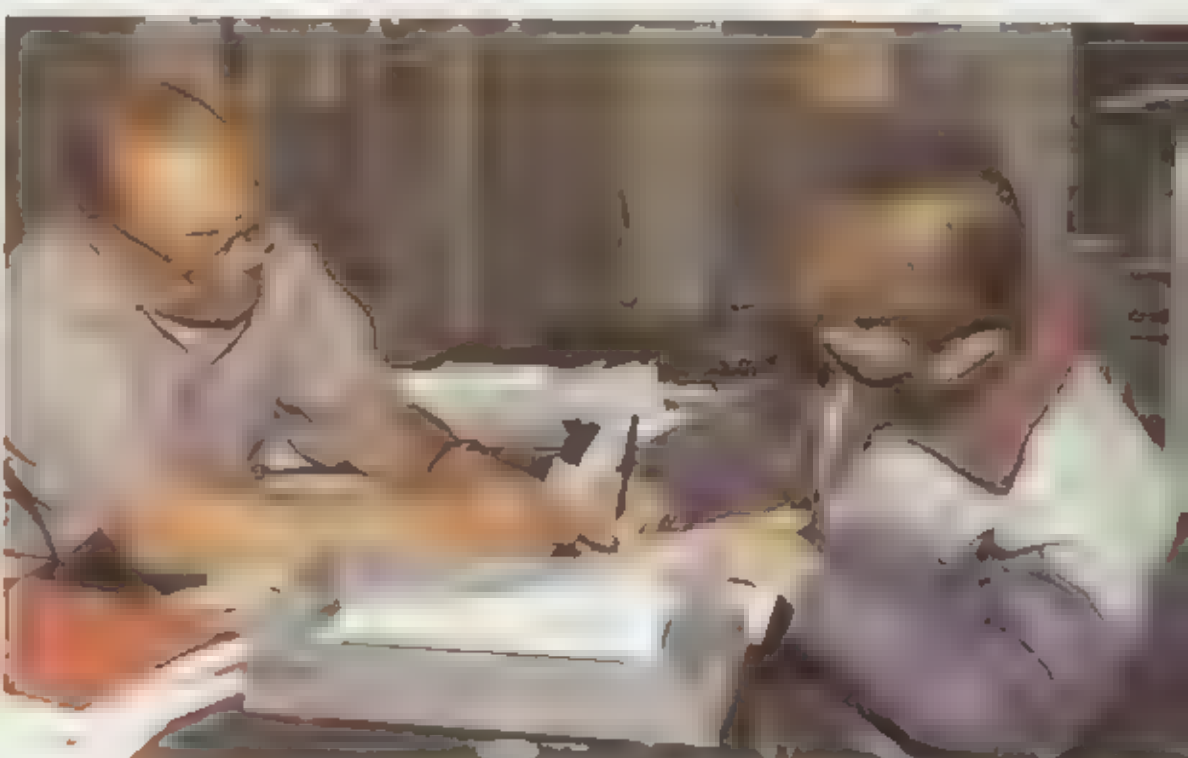
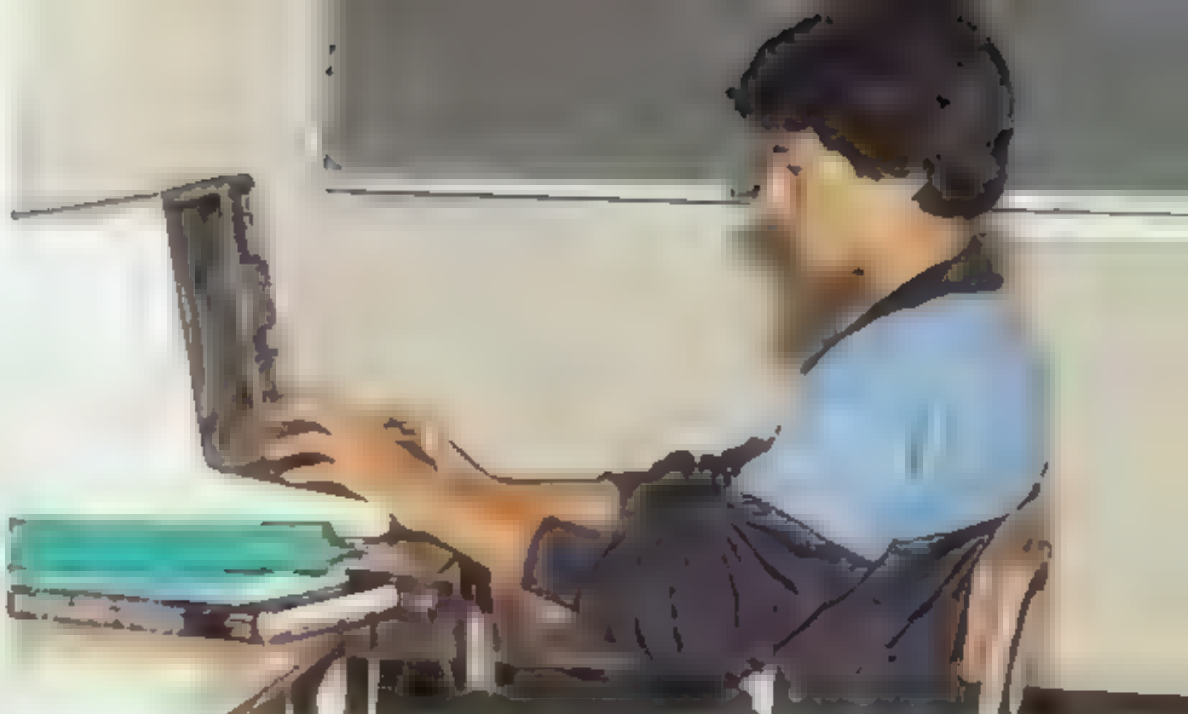




... we think

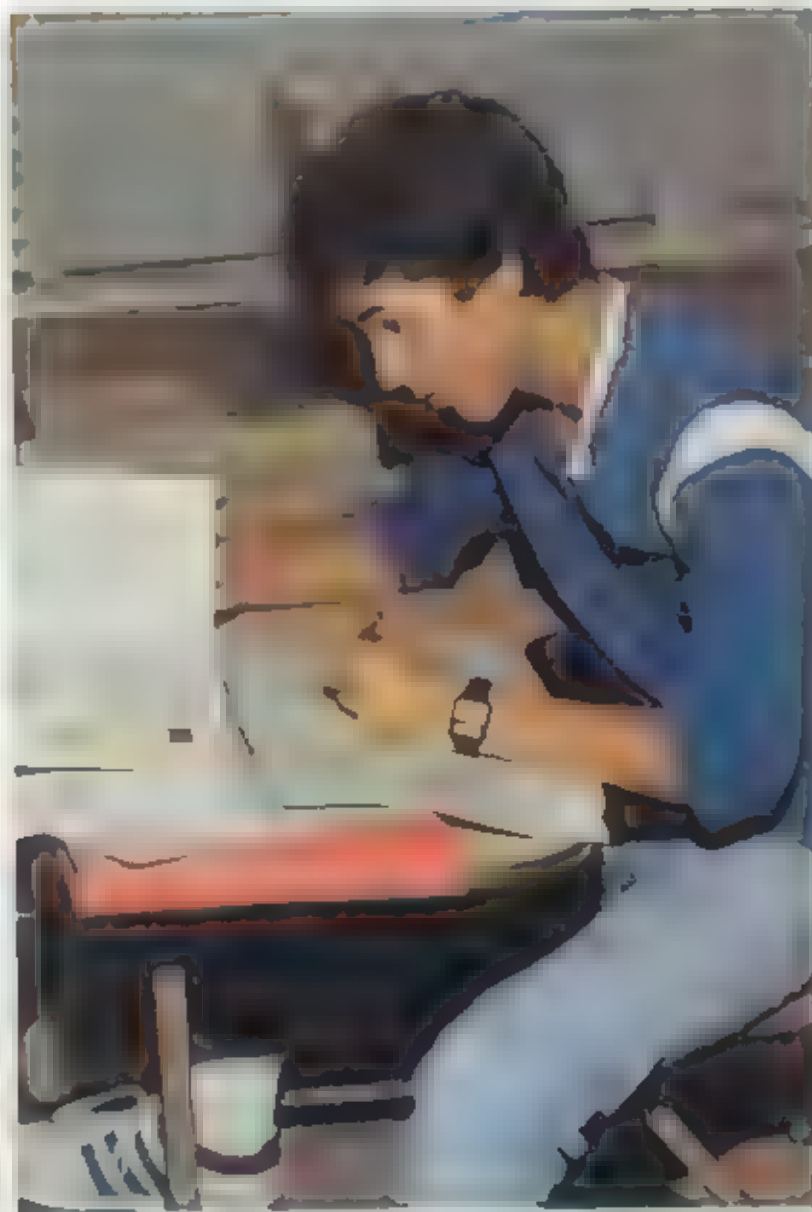
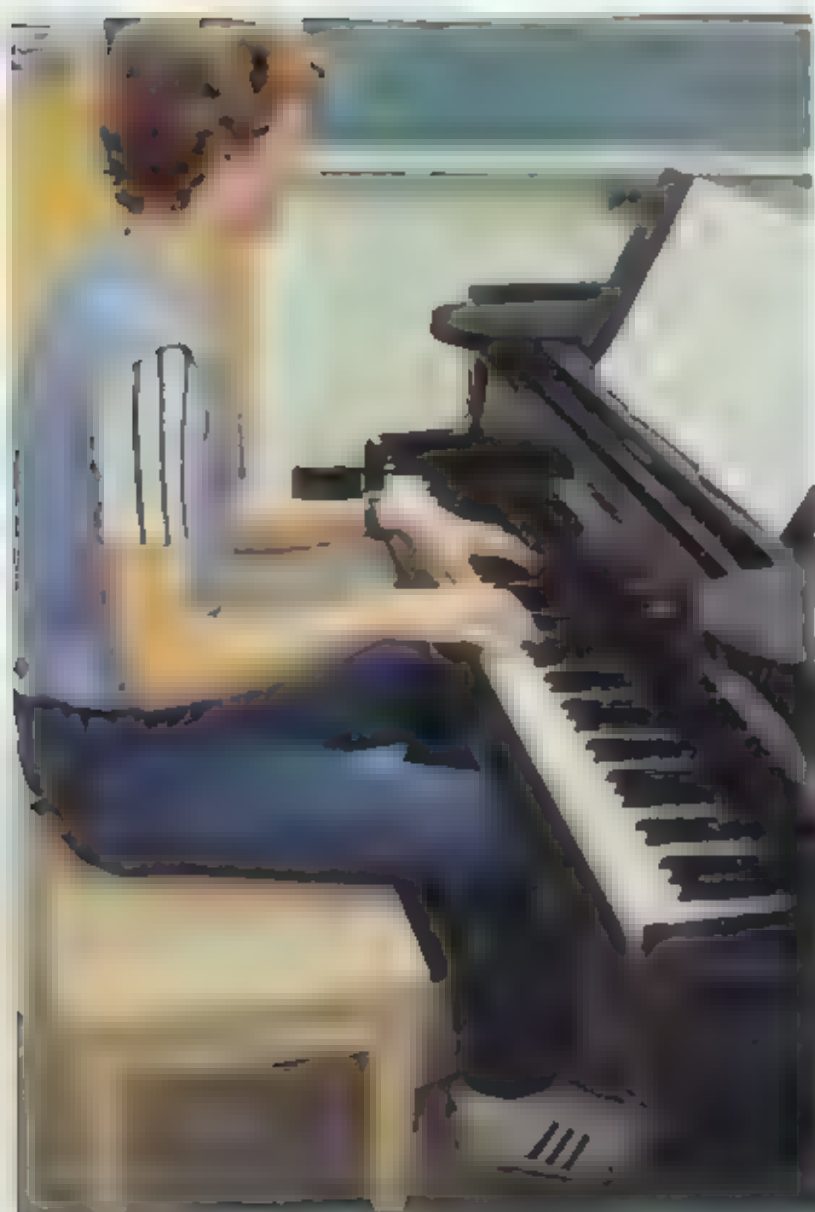
Sometimes . . .

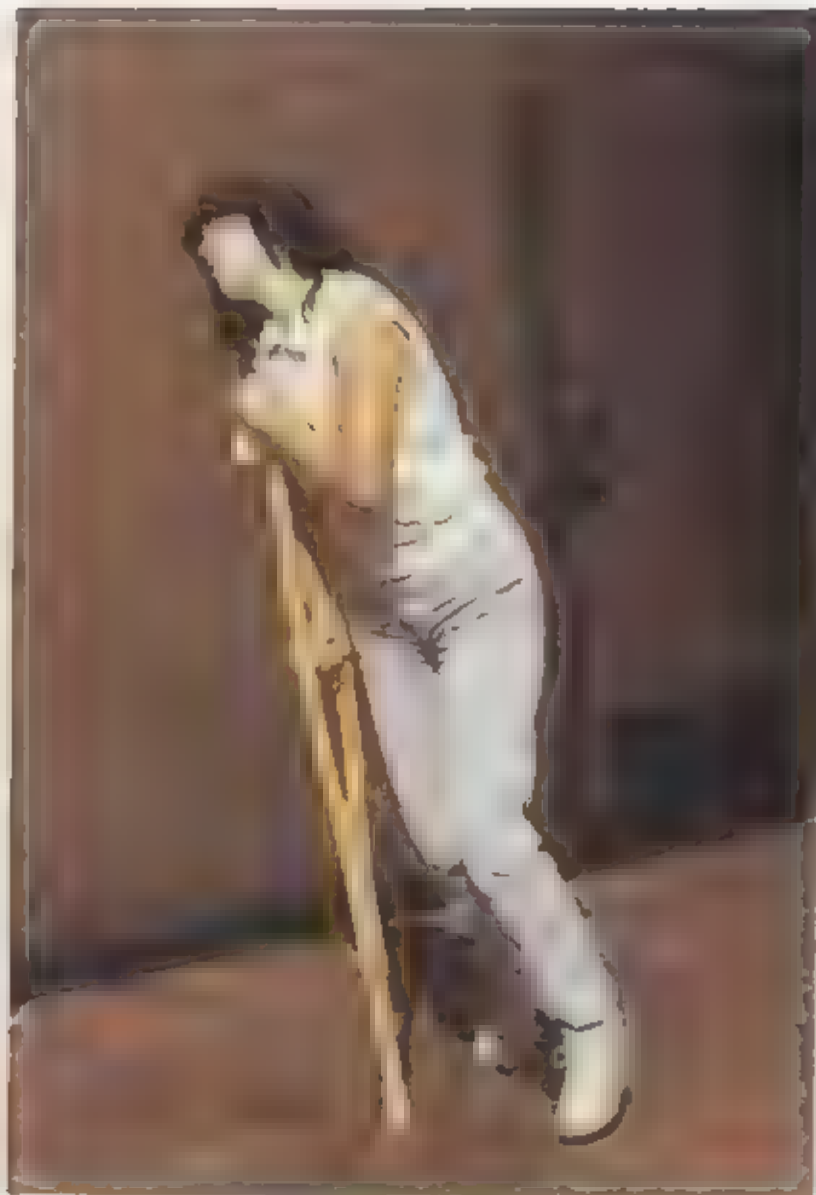




... we work

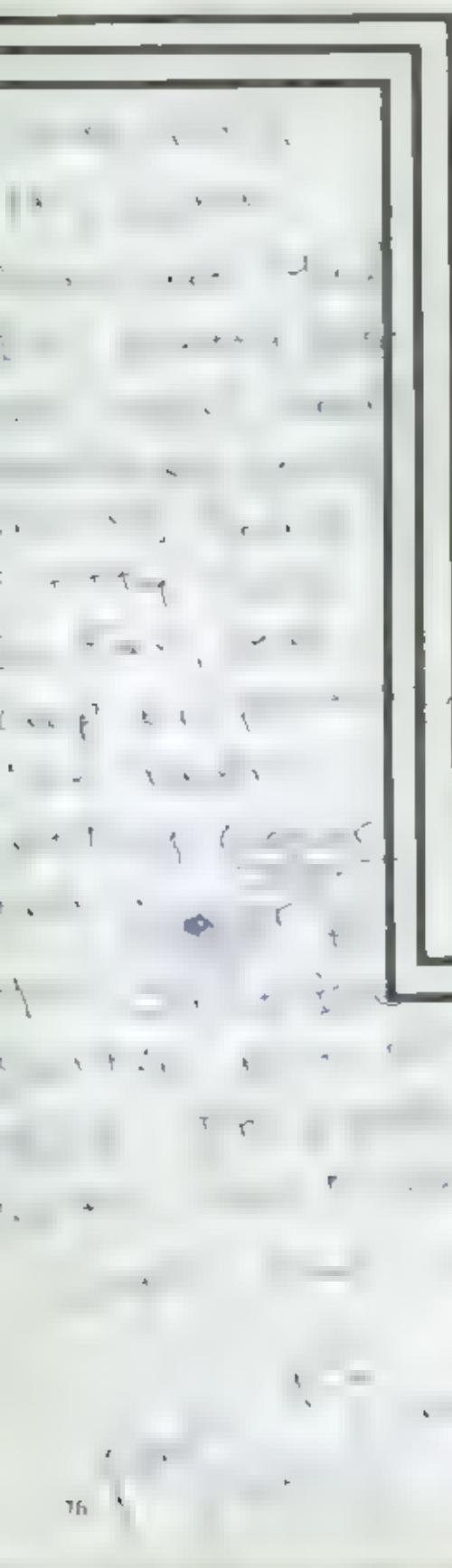
Sometimes . . .





... we try

and sometimes . . .





... we play.

As the timid among us . . .





... slowly gain confidence

Those of us who strive . . .

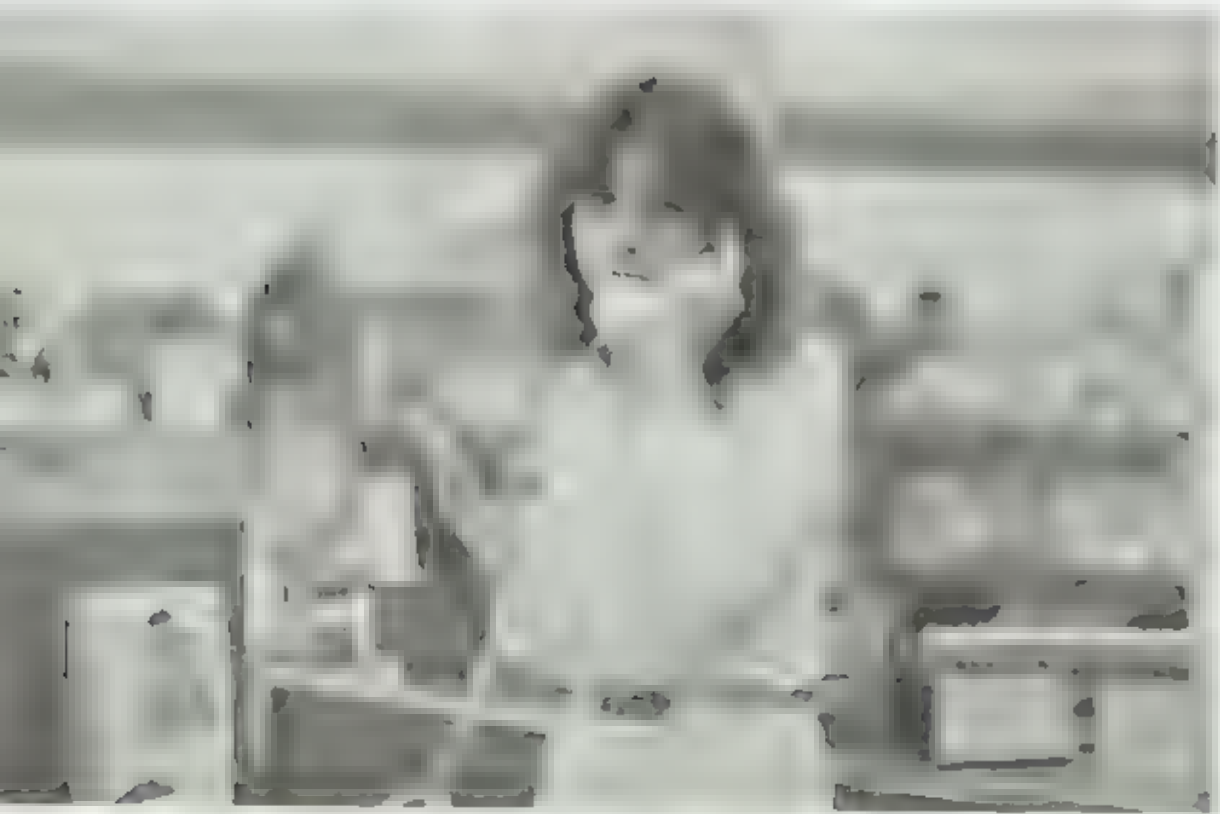




... become winners,

And after the playing is over . . .

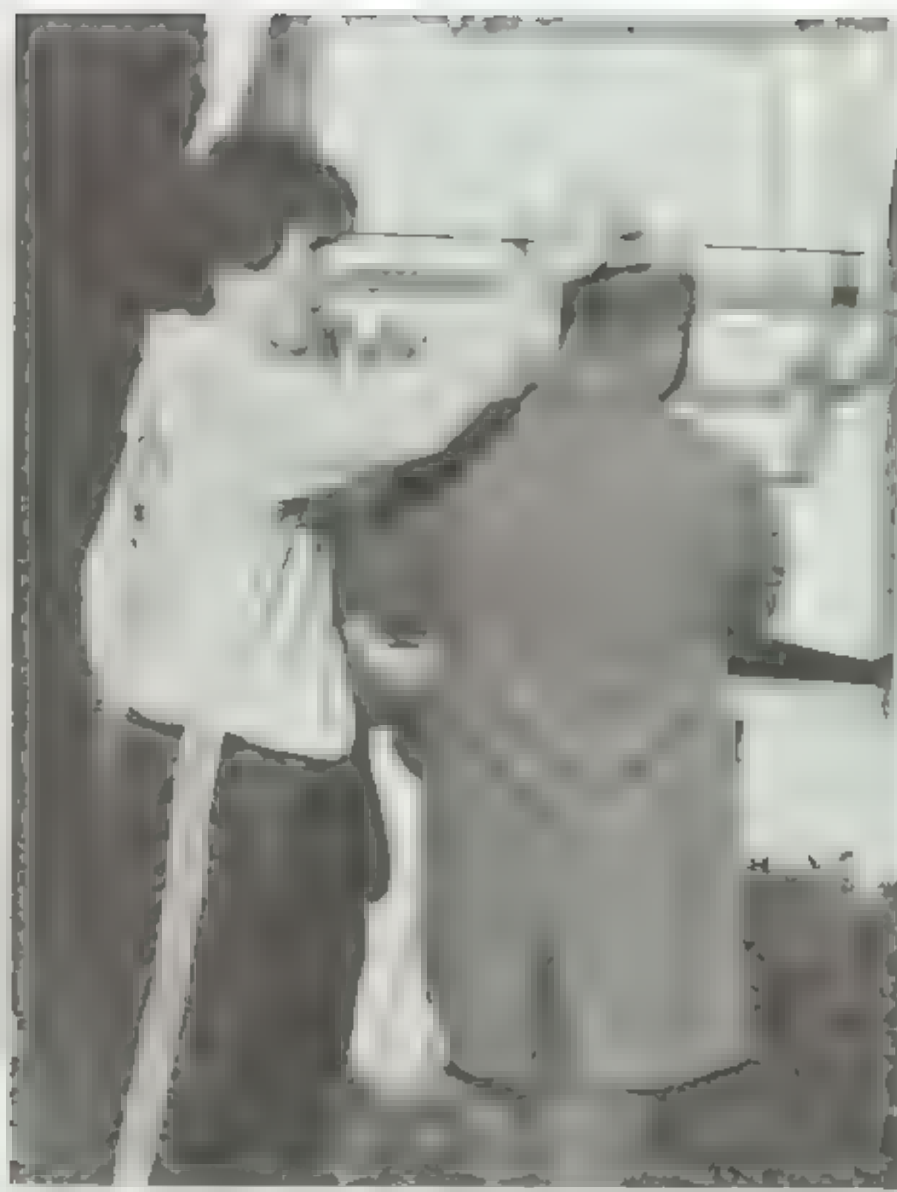
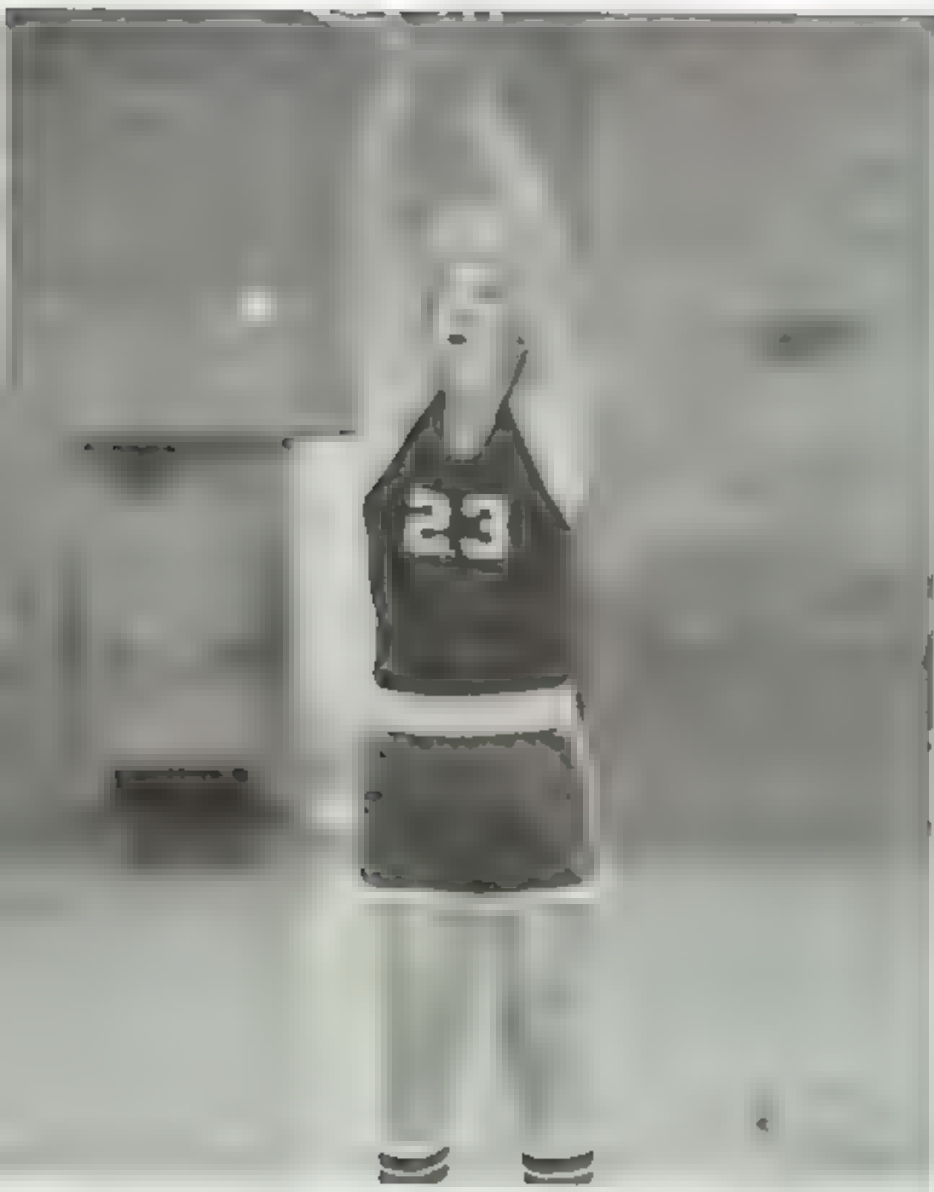




... we become professional.

While we are in the process . . .





... of reaching our goals

We find ourselves amazed...





... at what we have accomplished

And only then do we know . . .



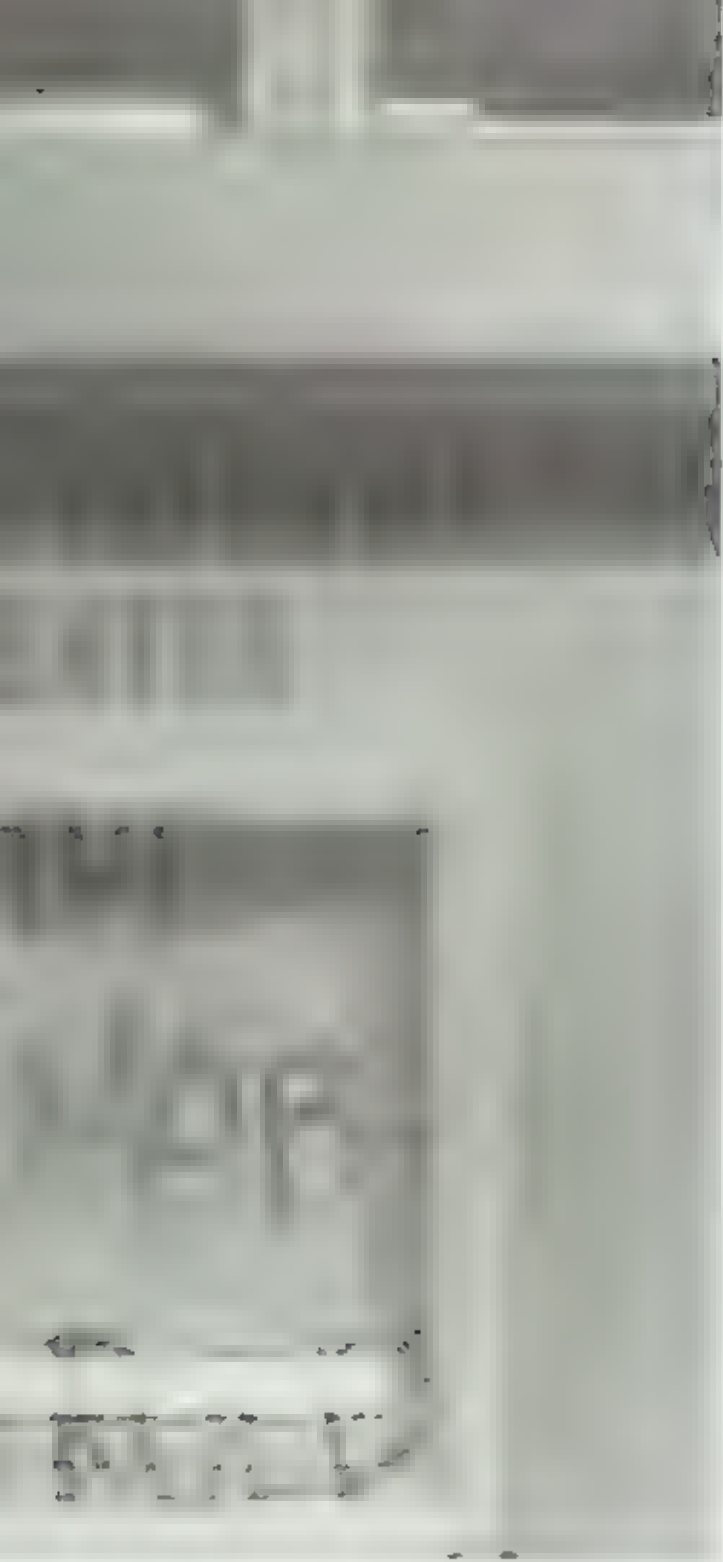


**...that our fantasies
have come true.**



FANTASY FANTASY FANTASY

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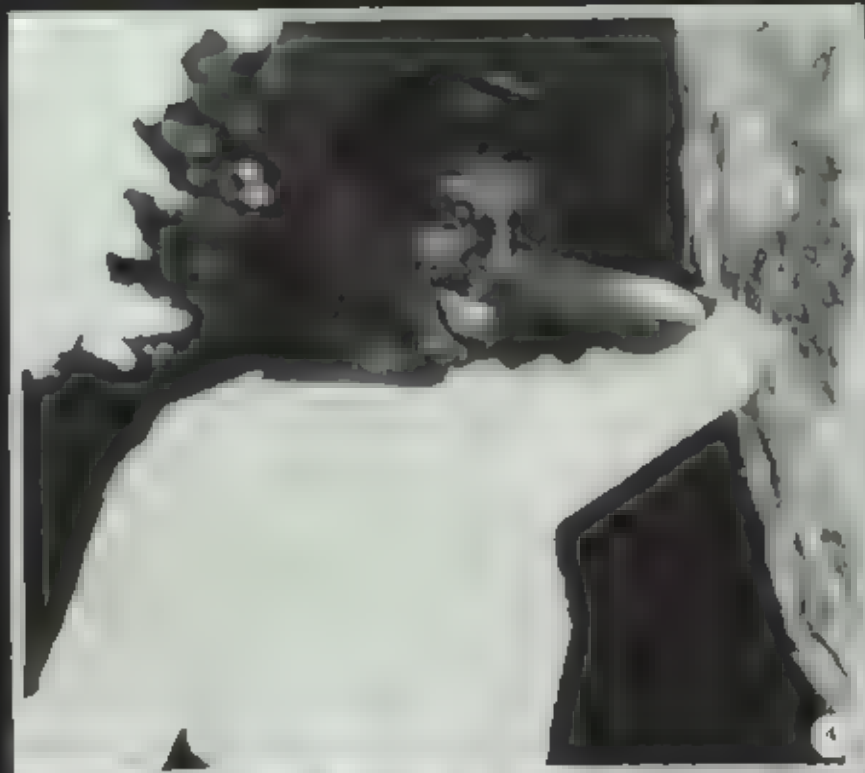
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DEDICATION

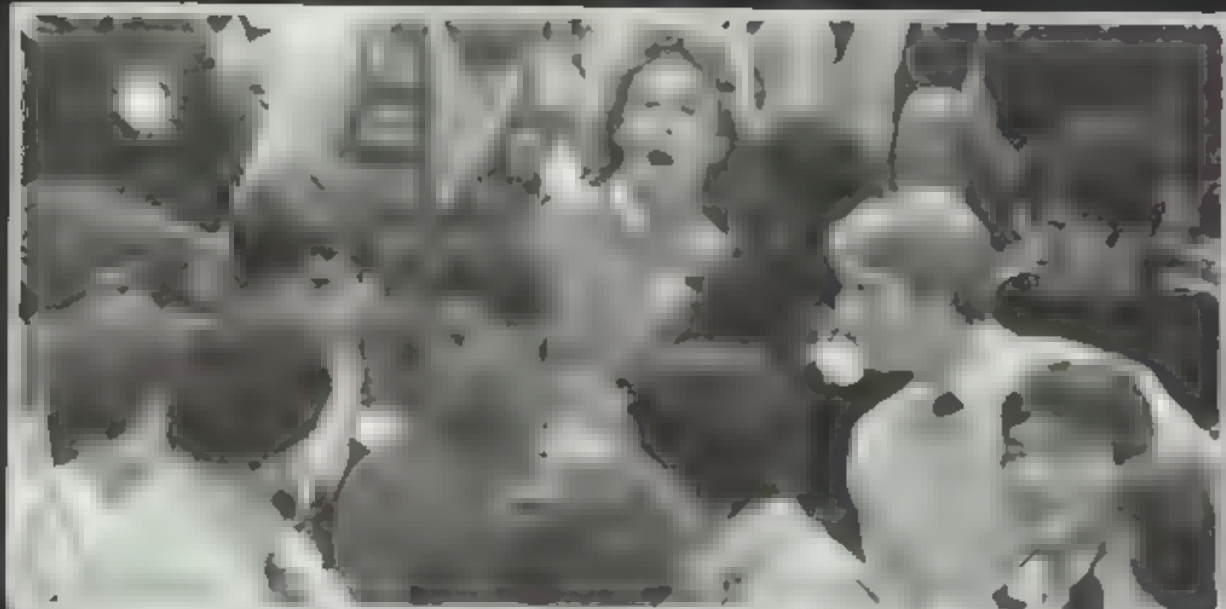
This yearbook is dedicated to the graduating seniors of 1984, the first class since Crestmoor's closure to have spent all four years at Capuchino. This year we saw an amazing increase in school spirit; it was the year all students united and became a whole. The seniors are especially grateful to their parents and teachers who inspired them to reach goals that once seemed distant or unattainable.





SENIOR CLASS OFFICERS:

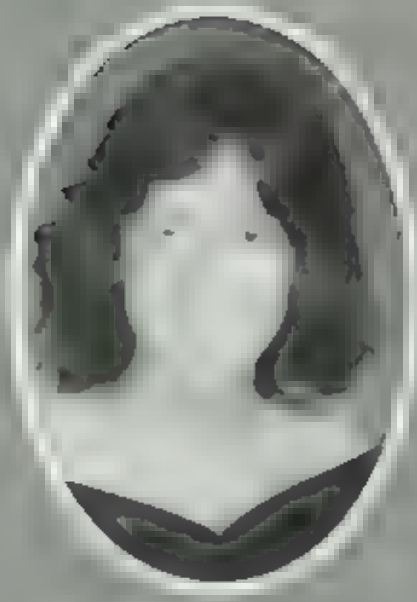
- 1 Sandy Bingham-President
- 2 Nancy Trueman-Vice President
- 3 Anna Jenkins-Treasurer
- 4 Nedra Shawler-Representative



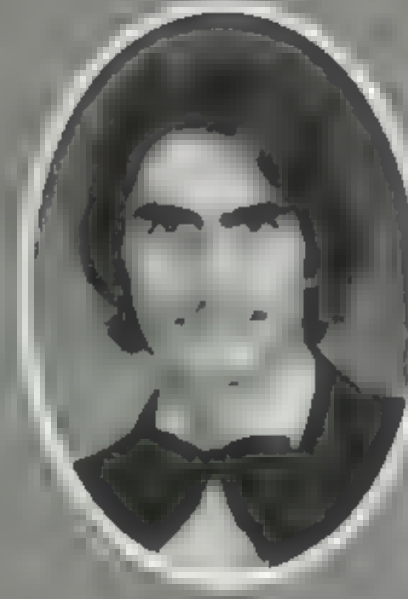
MEMORIAL









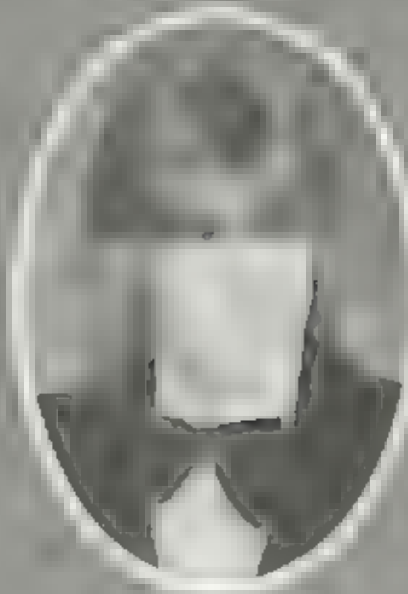










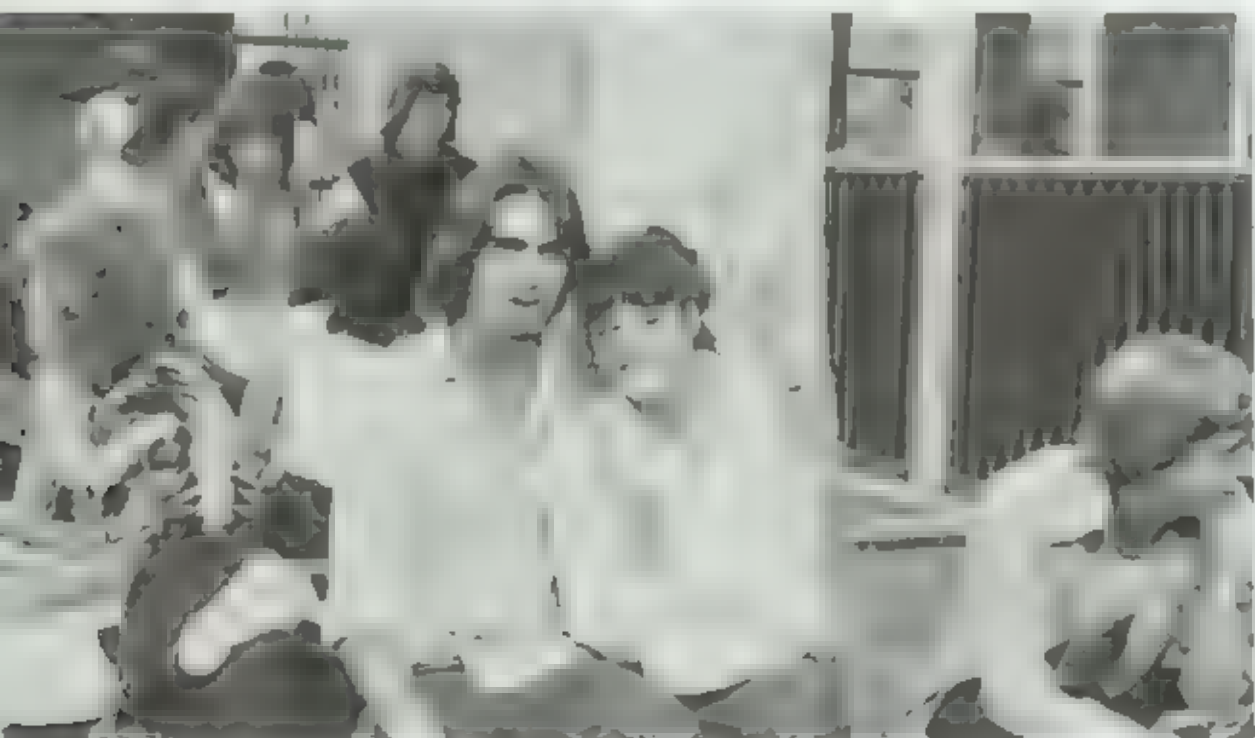


































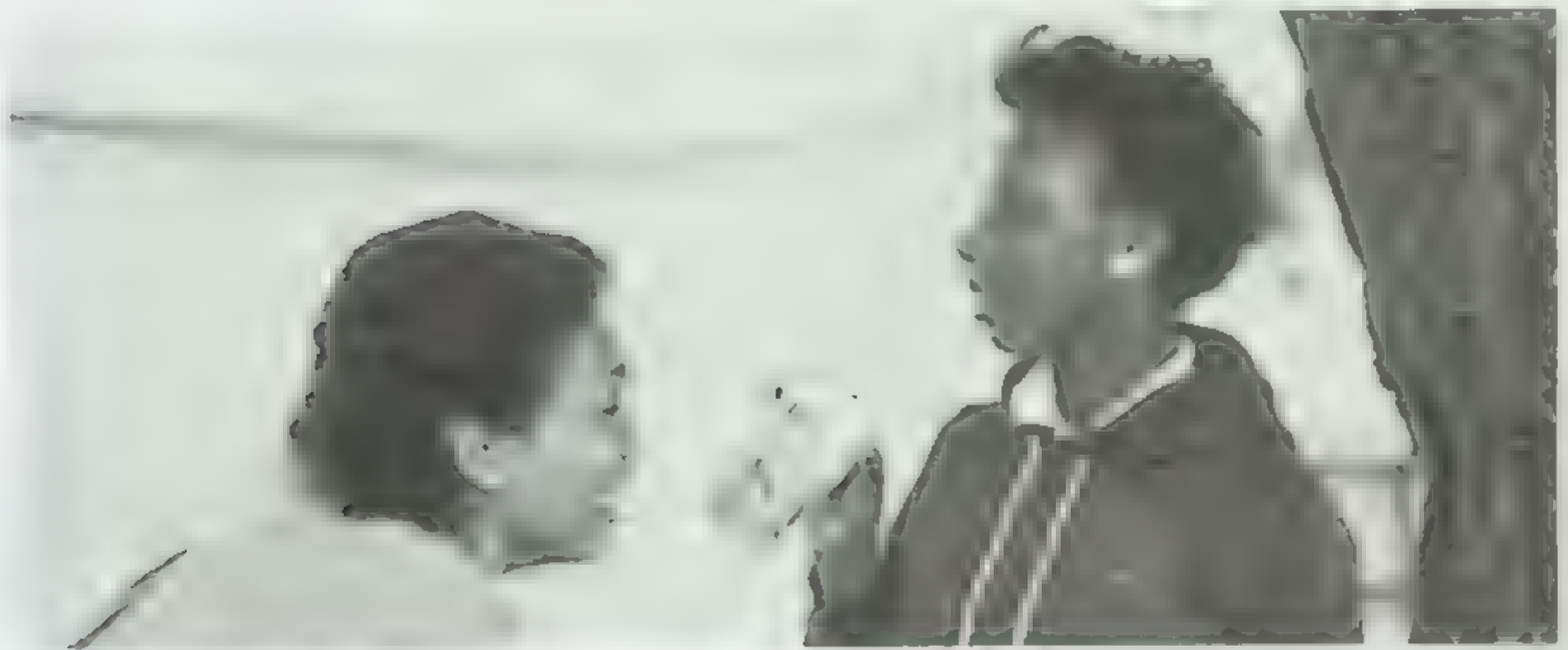
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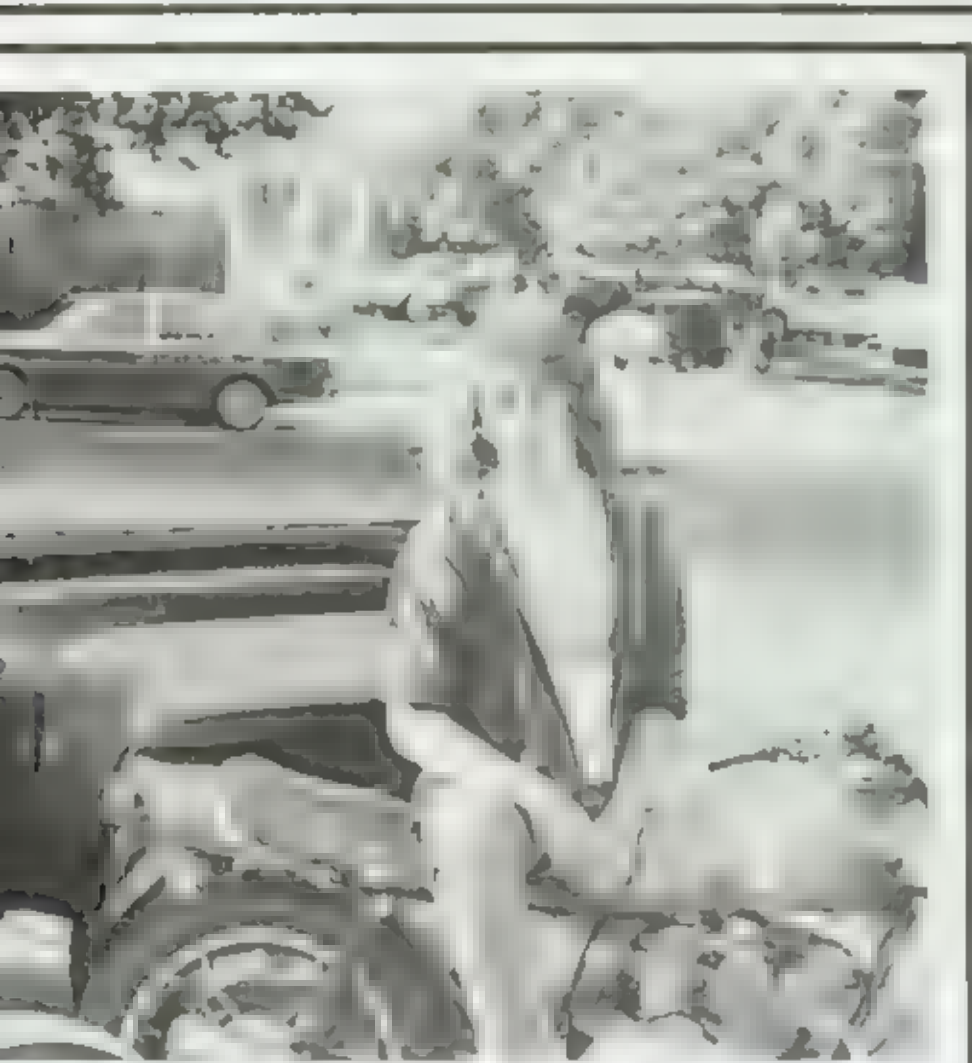
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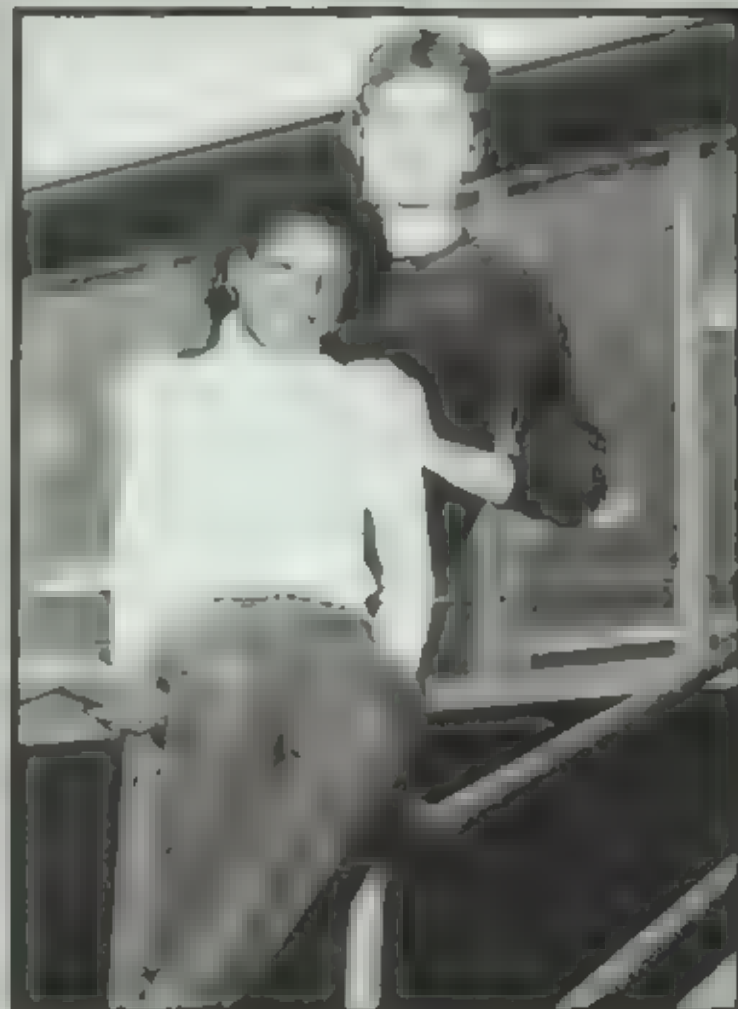




SENIOR POLL WINNERS



BEST LOOKING Matt Costes and Barbara Banta



BEST ALL AROUND Chris O Sullivan and Nedra Shawler



BEST SMILE: Craig Medefesser and Michelle Pineda



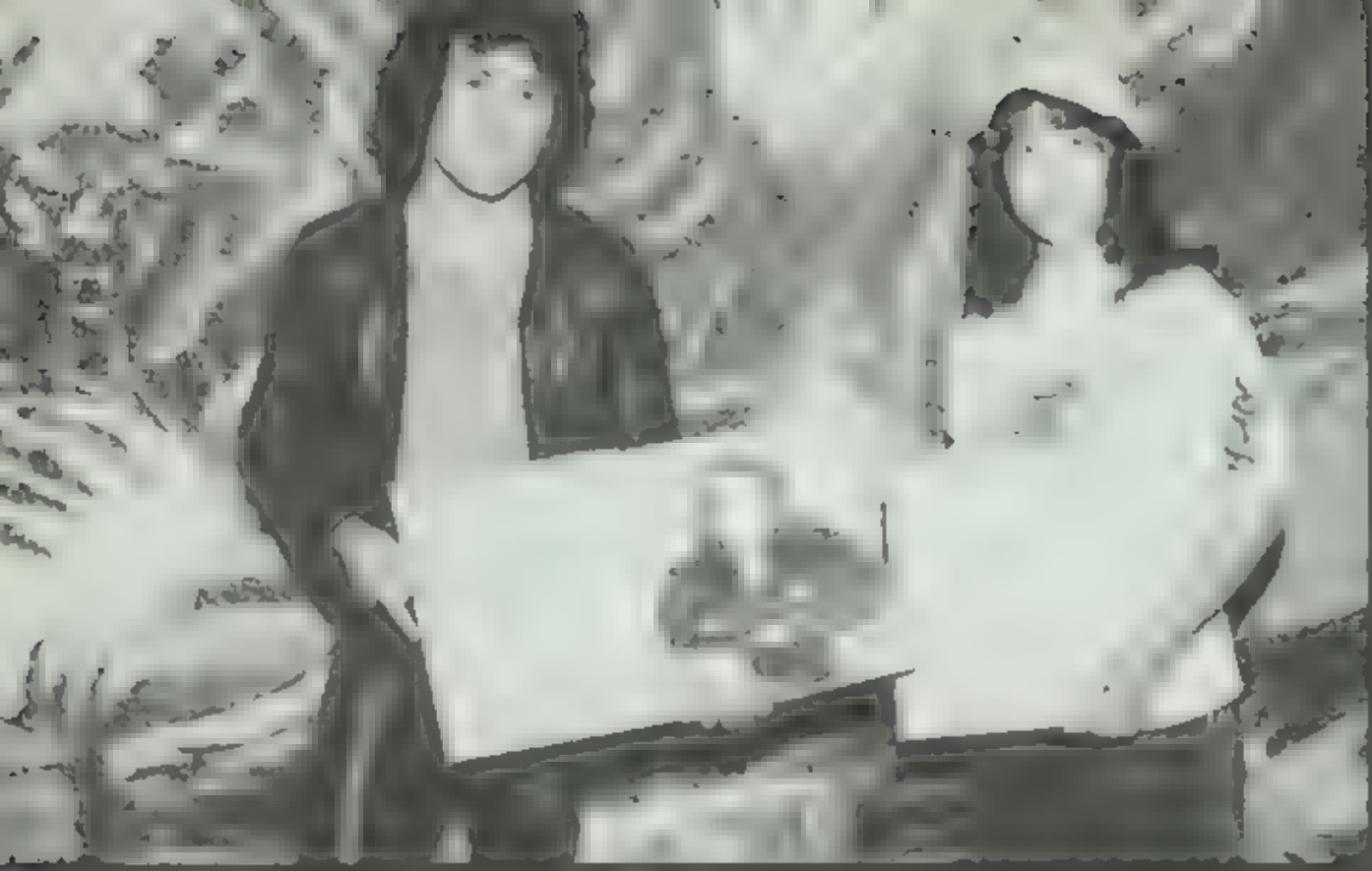
BEST EYES. Roberto Martinucci and Colleen Cronin



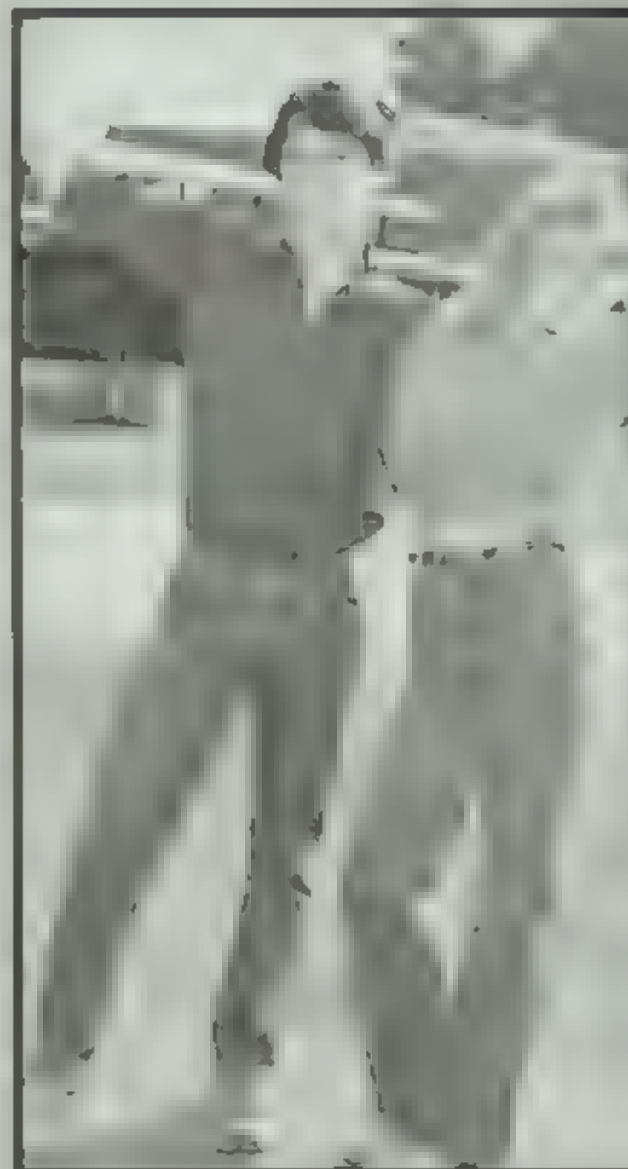
BEST LAUGH Jeff McManus and Janice Reudy



CLASS CLOWN Jason Vercelli and Sandy Bingham



BEST ARTIST John Thomas and Monica Medrano



BEST BODY: John Baals and Stacey Steenvoort



TEACHER IRRITATORS Jay Cresta and Stefanie Rael



LIFE OF THE PARTY: Jimmy Klingler and Danielle Velez



MOST SPIRITED: Chris O Sullivan and Nedra Shawler



MOST TALENTED: Robert Veldez and Yia Netane



ROWDIEST: Mike Sullivan and Debbie Bowes



BEST DRESSED: Mike Swanson and Michelle Pineda



CLASS COUPLE Kirk Wilcox and Marci Hernandez



BIGGEST FLIRT Mike Mack and Stefanie Rael



MOST ATHLETIC Tony Tafuna and Gigi Morgan



MOST INTELLIGENT David Cima and Vicki Parina



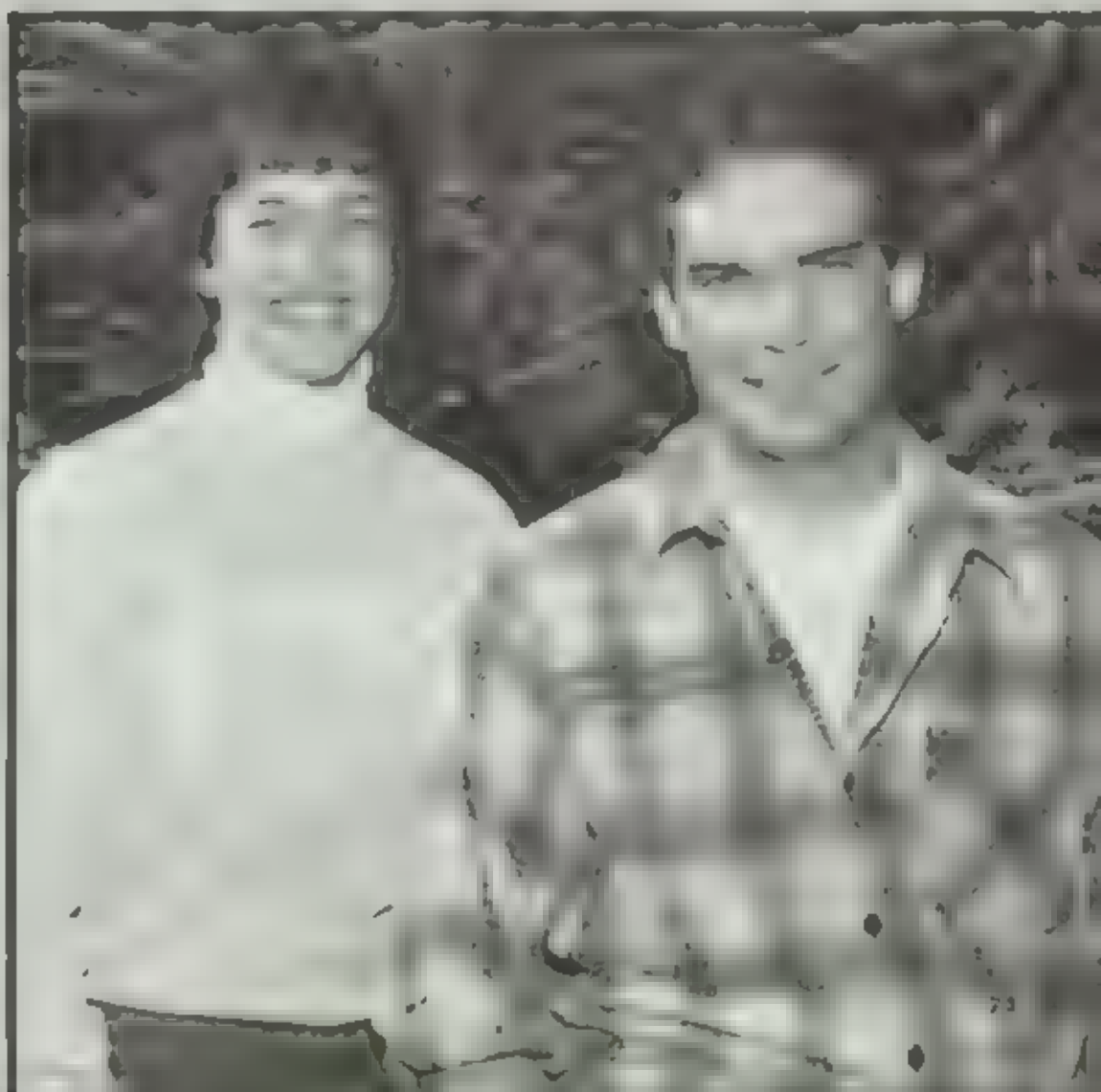
BEST PERSONALITY Roberto Martinucci and Marci Hernandez



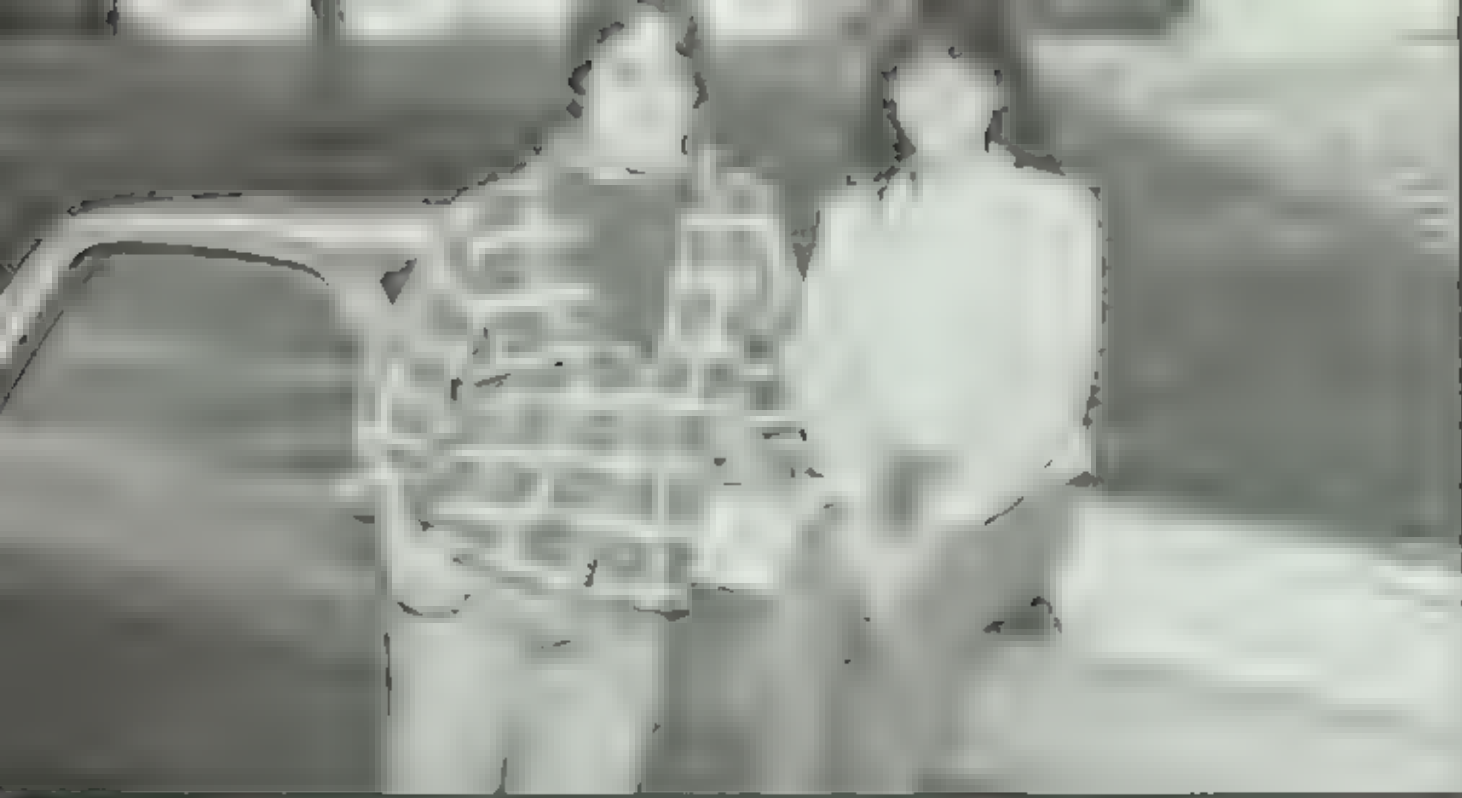
BIGGEST BS'ers: Mike Sullivan and Lori Logans



MOST FUNNY: Jimmy Murray and Jill Stanfield



LIKELY TO SUCCEED: Dan Dowling and Michelle Attel



IDEAL DATE Matt Coates and Barbara Banla



CONTRIBUTED THE MOST Dan Dowling and Tia Netane



BEST HAIR Chip Blundell (Not pictured Erica Schiantarelli)

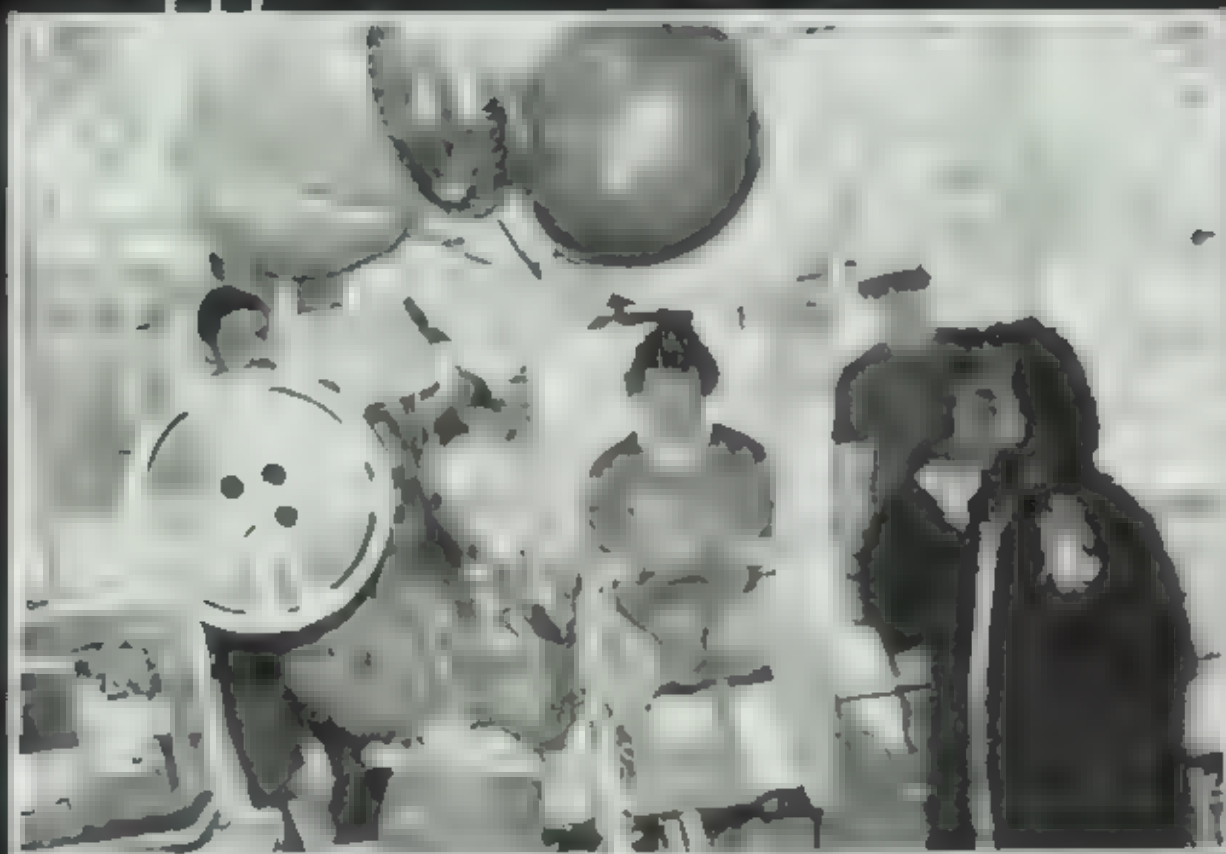



MOST UNIQUE Mike Woodall (Not pictured. Claudia Holtman)

Burger King brawl Cap 2 Mills 0
 Pull all nighter again
 The Kling plays the chair
 Feed me bops at Burger King with
 Heff and the trio
 Kicked off Bart for good
 Def Lepard killer show; Sept. 15-16
 S.R., C.K. where's your ticket?
 Steph bites Mike
 D.G., M.R., D.D., N.R., & T.E., stick to
 Padres AMEN!
 R.M., N.R., M.A., & J.G., "I can't eat
 no more!"
 Twinkie & Lady Blue passing out
 Oreo's on El Camino
 C.C. is he still behind us?
 "Hey Rix", "Let's have a beach party!"
 "What beach?"
 "The Sandy one!"
 Wake up John B. & Rod L. your moma's here
 Where's the BBQ?
 Can't you girls follow directions?
 The kling leads cheers
 Dilemmas all weekend (Sept. 24)
 C.P., S.R., G.M., C.K., J.R., T.D., get
 too rocked!
 AM — Busted again!
 Ruthie becomes aggressive, "Not necessarily!"
 Angela brings home the bacon
 When the game of life is over
 Tombstones, graveyards, & corpses!
 Rainy days are here - Football on
 the 14th Fairway
 Thanks Bob, you're a sweetheart!
 Andre's Ladies hit Halloween
 Dance.
 Ma Bingham brings Jr. to N.T.'s
 party.
 Beverage practice at Ramz's!
 Is Coates whipped???
 Black tiger pounces on Pac-Man!
 Major accident!
 We're all going to die!
 It's raining M & M's at Cap
 The Day After shocks the world
 J.R. meets a friend at the Fireman's
 Hall
 Who's going to make it?
 Tomorrow's Turkey Day
 Mr. Downes gets arrested!
 Ma has a cow!
 Who remembers Friday night?
 C.P. sleeps in the yard
 A.S. collapses
 A.M. & F.B. have been at it for 1
 month & 2 days!
 Look at me Johnny!
 Tate faces Coates for 25c
 Med gets no. 13. will he go to Peninsula?
 No beverage practice!
 When are we going to get in shape
 for the ski trip?
 Jason gets bad with S. B. police!
 Party at fire
 Nobody remembers how to get
 home!

Med plays Pac Man with daddy's
 cargets high score!
 R. R. Ralphs at Bens!
 San and Ned stay here almost all
 night
 It's snowing in the English Hall
 Steviezie's going with the Zeebies
 A.M. prays to porcelain goddess
 after 3rd dance
 Al's having a party!
 Go ahead, make my day!!!
 Who's going to get it?
 Yep! Yep! Yep!
 Beals pops Amis in the mouth on
 New Years!
 Ruthie, where were you New
 Years???
 Jenny, HELP ME!!!
 New Years Eve-party at Stef's!
 Rita runs 2 pairs of pants in one
 night!
 NEW YEARS DAY
 I want to be with you night and day
 Jonathan, it's you.
 Playing with the make believe people
 Melissa, Margarita and Brooke try
 to get home!
 2 weeks, 4 days, till the main
 event "The Ski Trip!"
 So, party at Matty-loves!
 Tuna Boat has no brakes
 Cap kills Burlingame
 Devo gets a free ride
 Devo comes back in style!
 School spirit comes back to Cap!
 Bud helps find place for grad
 night!
 No money for the meter
 Switch tickets Jason!
 One week till the SKI TRIP!!!
 Show boat gets some visitors
 Dre gets a 502, what do we do now?
 What do ya do up here?
 Cap outclasses Aragon
 Little Kling & the worm steal Aragon's balloons
 Rooter bus; wild party!
 Elmore returns to Cap The rolls
 gets trashed
 1 more day till the ski trip!
 Departure time 5:00 —
 Let's party hard guys!!
 We'll miss you — The ones that
 didn't make it.
 "Ralph" D'Ambra gets prune in
 tub
 Go for ride to Tahoe City
 Or should I say Reno?
 Worm bites dust-Bye bye Johnny
 Dancing to Michael in the snow
 "Rocky" Shawler shows her right
 hook!
 We love Modesto-N.S., H.R., S.A.
 Sandy loves her ski instructor!
 Calastoga, let's be healthy for 10
 minutes.
 Where did you go Jo V.???
 McManus, get a clue and a job!
 T.R. takes a header after checkin'
 out some babel!

Kilgariff, O'Sullivan, & Desanto are
 all in their cage
 368 gets raided-no more party'n
 "Hey Jack!" "Where's Doreen?"
 Klingler finally takes a shower!
 Where's the beef!
 B.K. in Auburn will never forget us!
 "There was a lady dressed in black"
 ..
 S.R. and G.M. found what they
 were looking for at the struddle
 shoppe.
 B.K. in Auburn "Is Rosselyn going
 to college?"
 Reudy's laugh keeps the whole
 mountain up!
 C.P. & J.R. play Q's on Balcony
 Rm. 365 crashes at 10:00 pm!
 364 has slumber party
 Johnny K. snores and keeps rm.
 365 up all night!
 C.P. goes tobogganing down the
 stairs.
 Valley Girl is the hit of the night.
 Lyall the leach & McManus the
 mooch!
 Michael caught on fire!! Ski trip is
 one big brawl. Everybody's rag-
 gin.
 No Stef, Cinco De Mayo is not Chi-
 nese New Years!
 Find it yourself YOU IDIOTS!!!
 Room 368-this place smells, that's
 ok, I'm used to it!
 Vercelli, where were you last
 night?
 Amos loses by two hits!
 The bullfrog and the panda
 He's a weasle!
 Last deadline.
 We made it!
 Sullivan's truck gets scrambled
 Just a few announcements before
 we get started
 "4 hours later!"
 Meanwhile, back at the ranch
 "clean up time everybody!"
 A & R attack Santa Claus at Hills-
 dale
 "Sit on my lap please!"
 Kristy has an ever clear New Years!
 Hey Amy! Who moved your chair?
 R.M. & J.T. fortune cookies in the
 morning!
 Everyone's got contracts
 Crystal breaks the record for M &
 M's
 Three years to go kiddo!
 Jim Dean-3 story dorm windows!
 Gonna be a long drop!!
 Vicky, they are little little boys
 We're running with the shadows of
 the night
 Welcome home
 NSB turns country
 Jr.-Sr. Ball-Always & Forever
 Sheraton Palace
 April 27
 Grad Nite!
 Looks like we made it!
 Class of 1984-Aloha!!



I  **THE**
MUSTANGS



S-P-R-I-N-G

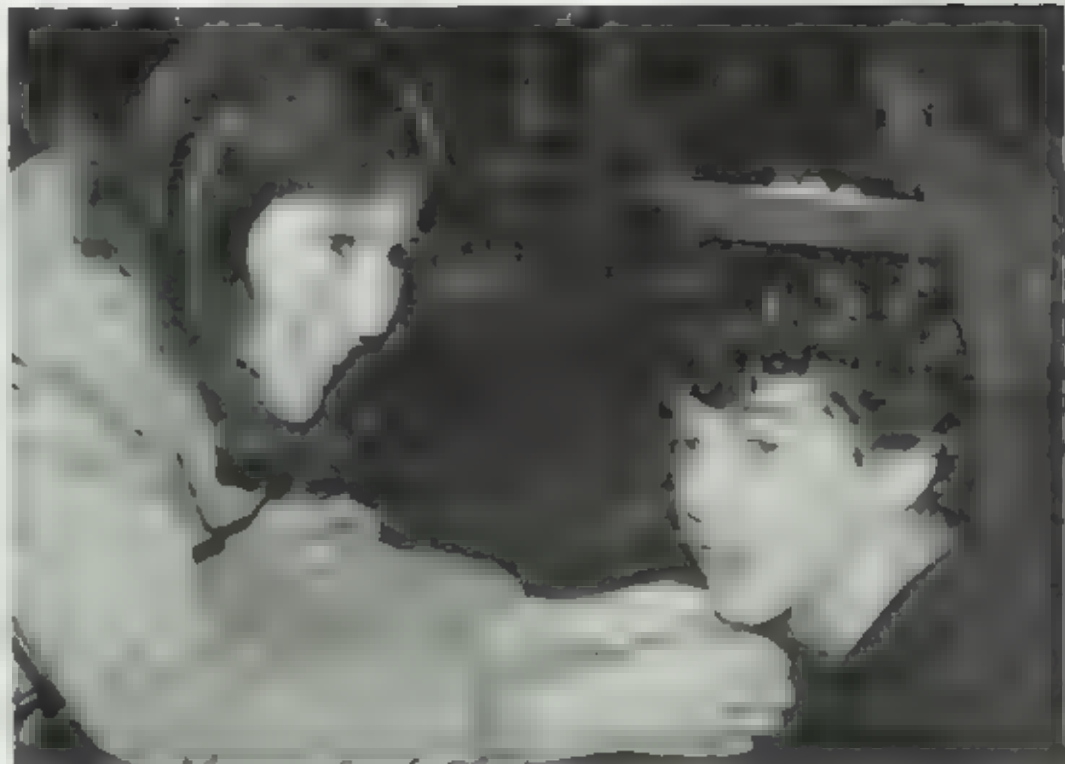
SPIRIT WEEK

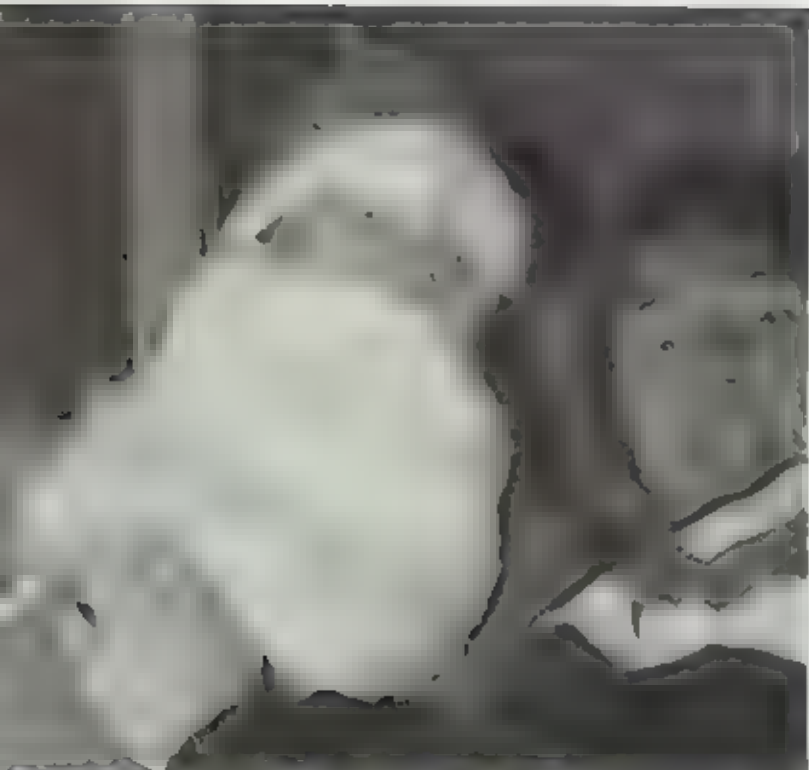




Cap's Spirit Week was held during the month of October. We had punk rockers, nerds, and cowboys roaming around campus; not to mention humans with faces painted green and gold. Halloween was another sight to see, the creativity was outstanding.

RALLIES AND CONCERTS





SENIOR SKI TRIP

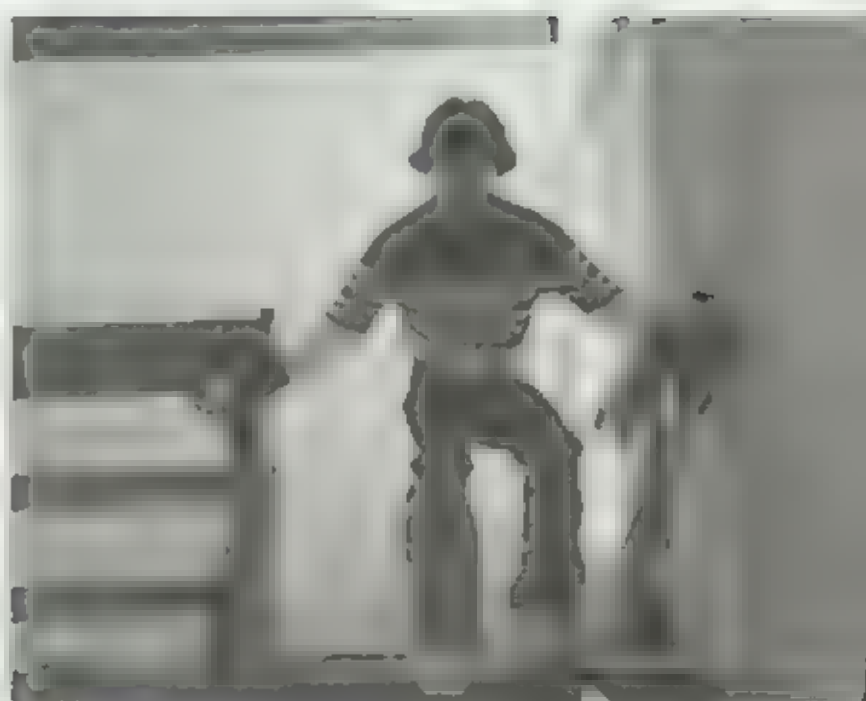


Where's the beach?





It hurts so good.



The 1983-84 Senior ski trip was a blast. We've got some good downhill skiers. Johnny decided to go home early, but everyone else managed to stay in one piece. Squaw Valley will never forget the Senior class of '84.

HOMECOMING KING AND QUEEN OF 83-84



King Dan Dowling-Queen Barbara Banta



The Royal Court spends a night in paradise.



Senior Prince George Rix-Princess Michelle Pineda



Junior Prince Jon Stenback-Princess Chiara Tantillo



Sophomore Prince Tom Ramirez-Princess Tracy Edwards



Freshman Prince Jay Morris-Princess Lisa Torres

Welcome to the 34th Annual Homecoming





The 34th annual Homecoming Dance was successfully held on November 5th, 1983. The theme was "An Evening in Paradise" and the song was "Islands in the Stream." The cafeteria was beautifully decorated as a starry night in Hawaii. The homecoming was sponsored by the spirit squad.

LET'S DANCE





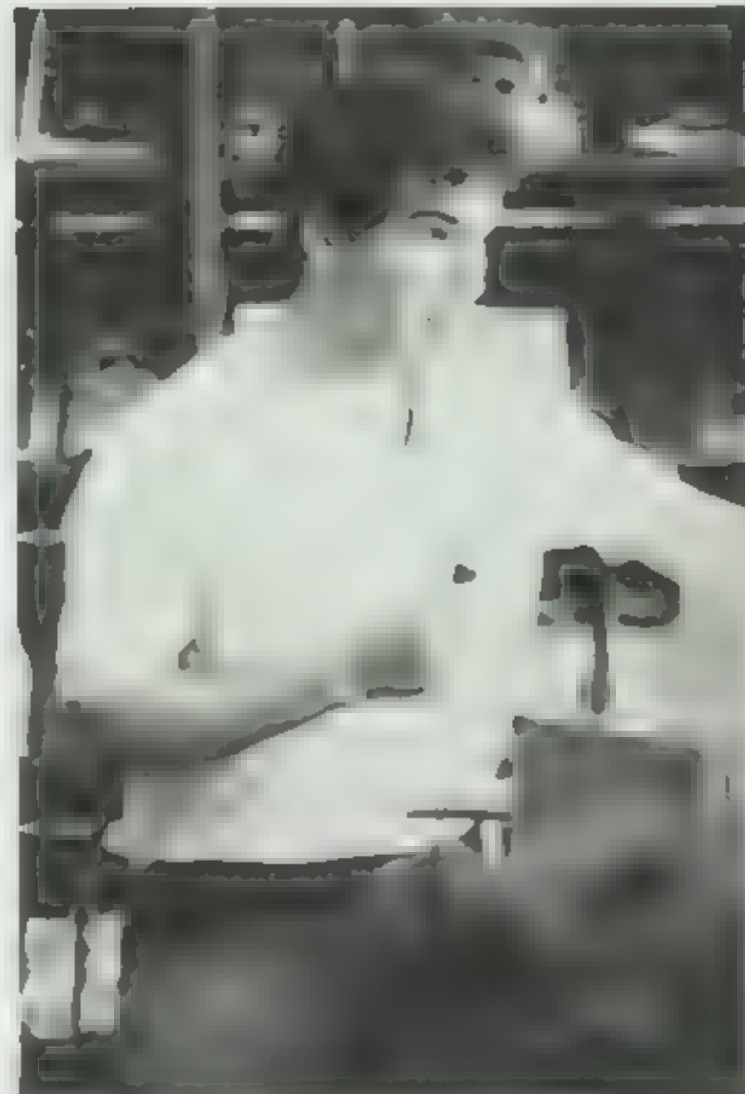
STUDENT GOVERNMENT

Fall Semester Student Government Officers:
row 1 Jeff Jenkins, Gail Nufeld, Diane Caramucci, Stacey Steenvoorde, George Rix, Heather Rose, Rita Montez, Jill Standfield row 2: Kristina Marin, Donna Duggan, Sandra Bingham, Nancy Trueman, Dede Concannon, Daniel Dowling, Kim Michelucci row 3: Tracy Edwards, Christine Rolle, John Fishaven, Laurie Preusse, Margaret Coric, Joyce Duplasea, Nedra Shawler



Fall Executive Board: John Fishaven, Diane Caramucci, Kristina Marin, Stacey Steenvoorde, Dan Dowling, George Rix

Fall Student Body President: Dan Dowling





Spring Executive Board: top row: Steve Pucini, Aram Kaloushian middle row: Chris O'Sullivan, Tia Netane, George Rix bottom row: Allen D'Ambra, Jim Klinger



Spring Student Body President: Tia Netane



Commissioners: Jill Standfield, Rita Montez, Heather Rose, Gail Nufeld, Kim Michelucci, Jeff Jenkins

VARSITY CHEERLEADERS



Bernadette Dulac



Head: Kathy Kolb



Anna Jenkins



Kelly Pointer



Arleen Diaz



Jenni Cruson



Doreen Duplissea

Laurico Dias



JUNIOR VARSITY



POM-PON GIRLS



OPPOSITE PAGE

1. Staci Aronis
2. Tracy Edwards
3. Chona Morales
4. Christine McAllister

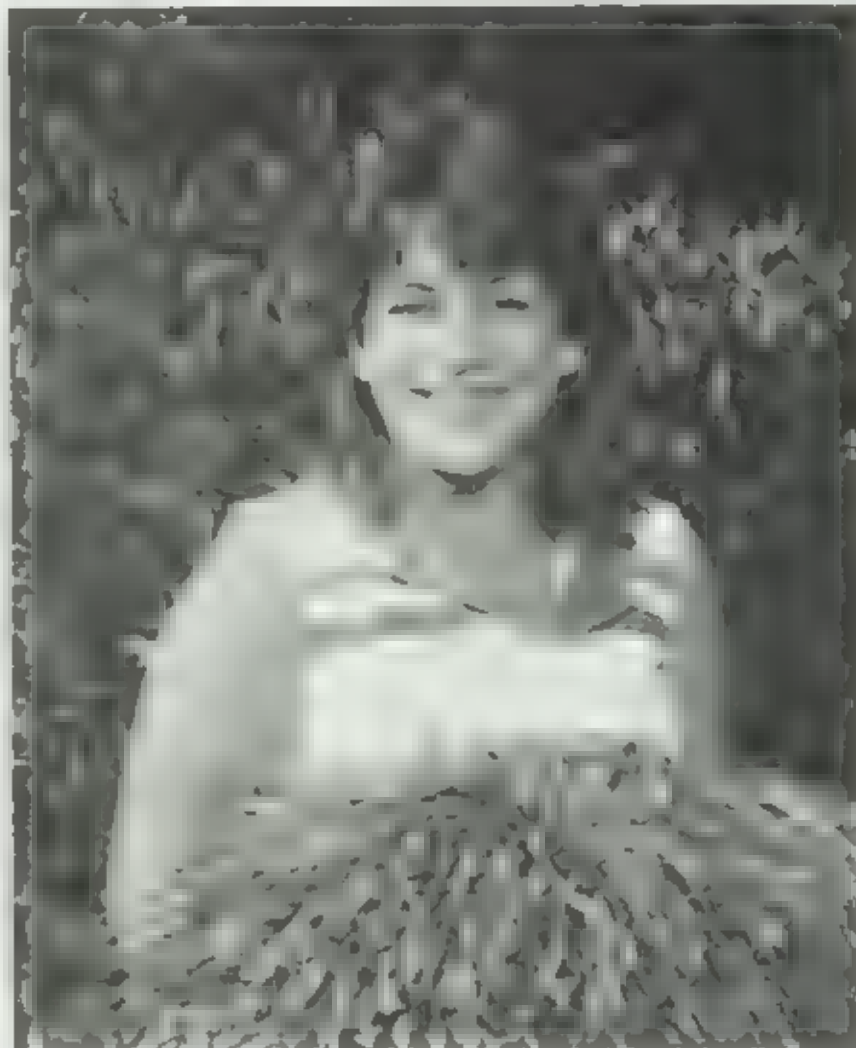
THIS PAGE

5. Wendy Rovai
6. Kristina Pittman
7. DeeDee Kesicker
8. Lena Yoneji

VARSITY POM PON GIRLS MAKE IT GREAT



Anna Tantillo (Head)



Lorina Palavos



Laurie Preusse



Michelle Bin



Top to Bottom: Jackie Caine, Chiara Tantillo, Michelle Bin, Anna Tantillo, Laurie Preusse, Lorina Palavos, Amy Fregosi.



Jackie Caine

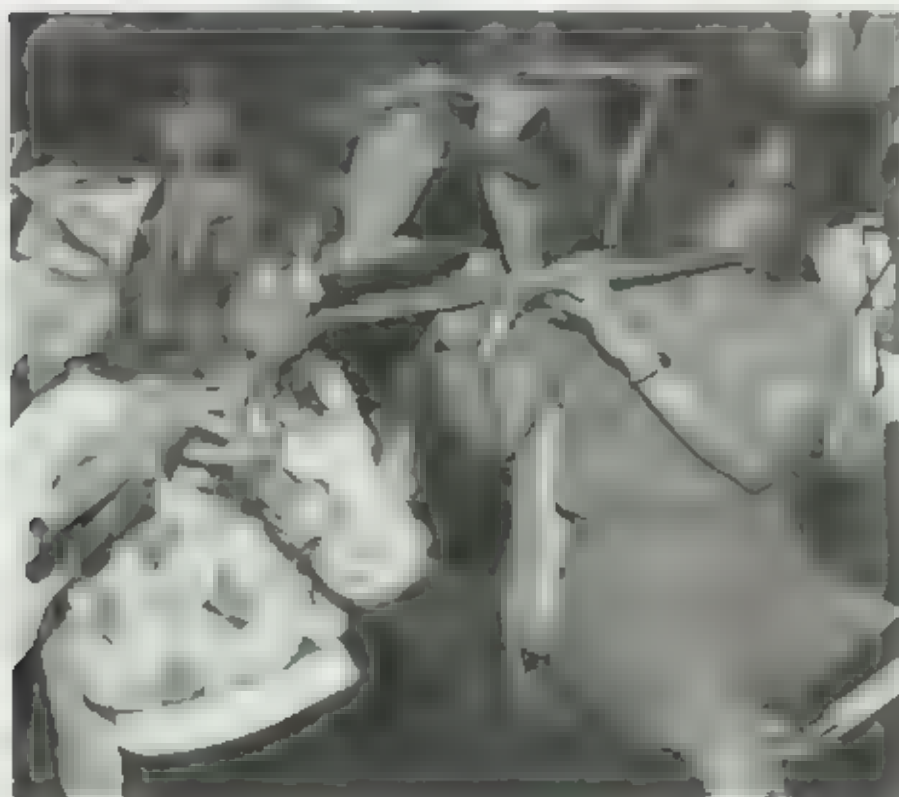


Chiara Tantillo



CHOIR

Sitting: accompanist Helena Watt. **Bottom Row:** Conductor Dave Martin, Julie Melendres, Angela Callas, Cindy Torres, Ronda Smyser, Renee Tarzia, Kelly Sullivan, Terry Cerelli, Amy Fregosi, Carolyn Kinsel **Top Row:** Vivian Huber, Pam Micheletti, Karen Collins, Tim Gibson, Mike Cayssala, Heather Hughes, Sincerrea Adams, Sabrina Adams



The Capuchino Mustang Marching Band under the direction of Mr. David Martin and Drum Major Jay Draper concluded their fall competition season with an impressive record of two first place divisional trophies in Concord and Santa Cruz and two second place trophies at Pleasanton and Lodi. The Majorette Team led by Captain Heather Hughes captured four trophies, three firsts and one second. The Capuchino I.D. Unit placed third at the Lodi Band Review out of thirty-five bands participating. Congratulations Julie McRae. Flag Captain Diane Marucco was busy preparing the Flag Team for summer camp competition and the fall season. Meanwhile, at Cap, the band was busy performing at home football and basketball games, the Fiesta Italiana in San Francisco and Halloween parades at John Muir and Cresmoor Elementary Schools. Concert performances included a holiday concert in December, solo and ensemble and all band festivals in the spring and of course the Spring Concert. The Flags, Majorettes and Banners all participated in the winter competition at Ygnacio Valley as did the Drum Major and assistant Drum Major. Further plans for the spring include an all state music festival at the University of the Pacific, three band reviews and the annual dinner dance.

Newly acquired uniforms and equipment for the auxiliary units made this a most colorful and exciting year. Special thanks to the faculty, our boosters, parents, and friends who supported us so strongly; we couldn't have done it without you. GO CAPI



Band Director Mr. David Martin







MAJORETTES AND FLAG GIRLS



Left to Right: Dara Sandrini, Jackie Hart, Head-Heather Hughes, Lisa DeGrande, Deanna McGrath



Left to Right: Head-Diane Marucco, Celia Brush, Christie Sundberg, Cheryl Brush, Kathy Kolb, Joyce Duplissea, Claudia Camarra, Chris Stachelek, Doreen Duplissea, Angela Callas

DRUM MAJOR AND BANNER GIRLS

Capuchino's majorettes, flag and banner girls all share the same activities and responsibilities. Together they perform during rallies and basketball games. They travel with the band during competition season and also perform at the spring concerts.

This year the majorettes were headed by Senior Heather Hughes, who has been a majorette for the past four years. During the summer the majorettes went to camp in Santa Barbara where they received 3rd place, a spirit stick and a superior trophy.

Senior Diane Marucco headed CAP's flag girls. In the summer they went to camp in Sacramento where they placed first. They also received a spirit stick and a superior trophy.

CAP's banner girls were led by Junior Julie McRae. They competed with the majorettes, flag girls and the band. In such places as Ygnacio Valley, Santa Cruz, Concord, Lodi, and Pleasanton.



Drum Major Jay Draper



Left to Right: Noreen Baughmen, Toni Budreau, Trish Donahue, Scooter Cruson, Kriste Cebula, Jody Maule, Julie McRae-Head, Danielle Cambray, Angela Roscelli, Denise Lucido-Head

PUBLICATIONS



1st row: Michele Bin, Mike Friedland, Laurie Preusse, Kristi Duerre, Heather Rose, Colleen Wind, Margarita Blanco. 2nd row: Jacqueline Caine, Laura Hyndman, Amy McNaughton, Janice Roudy, Kathy Kivlahti, Michelle Attard, Margaret Coric, Liam Downes, Chris O' Sullivan. 3rd row: Mr. Field, Ken Ryerson, Bob Newman, Jimmy Klingler, Treana Deghi, Jennifer Prescott, Rossanna Olsen, Angela Sakko, Ruth Mariano. Bottom row: James Murray, Craig Medefasser, Jason Vercelli, Gina Marcelli, Stephanie Rael, Gihan Tannous, Vicki Parina, Diane Marucco.

YEAR BOOK PHOTOGRAPHER



Top Row: Bob Newman, Jimmy Klingler, Jason Vercelli. Bottom Row: Sandy Bingham, Jennifer Prescott, Colleen Wind, Angela Callas.

SECTION EDITORS



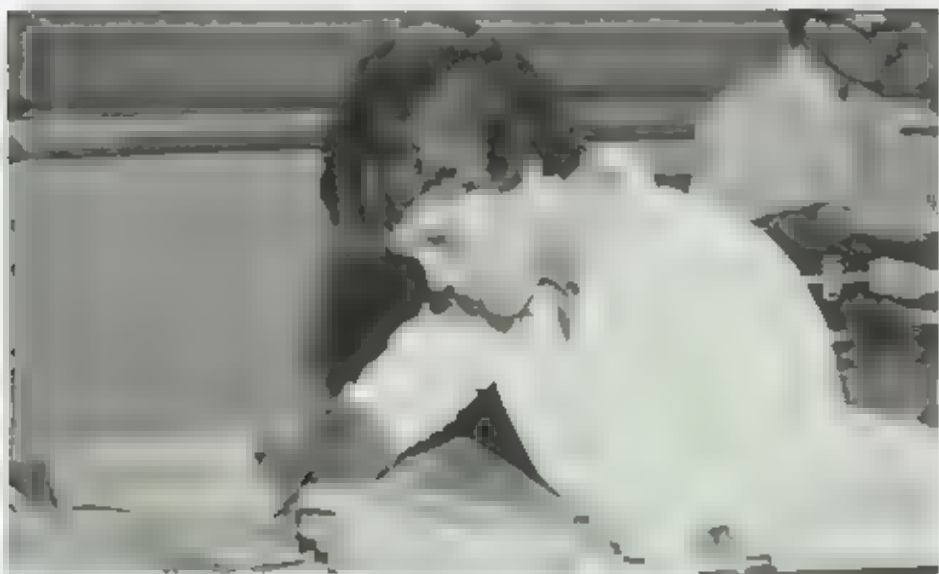
Top to Bottom: Chris O' Sullivan, Heather Rose, Janice Roudy, Treana Deghi, Chris Petromelli, Jacquelin Caine, Gina Marcelli.



Co-Editor Ruth Mariano



Co-Editor Rossanna Olsen



Sports Editor Chris O'Sullivan



Business Manager Vickie Parina



JOURNALISM



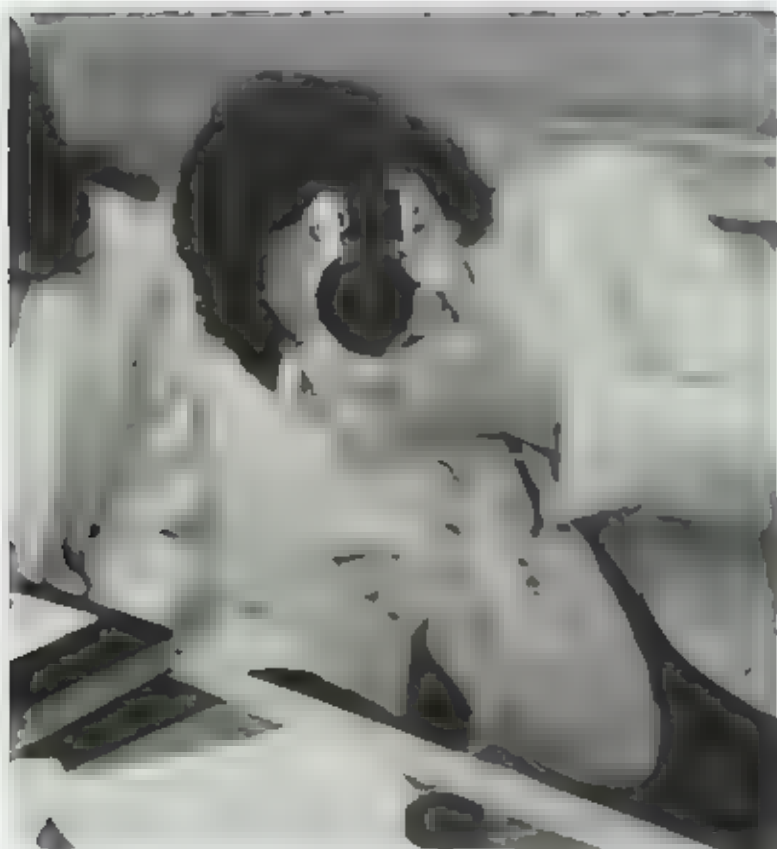
Executive Editor Dan Dowling



Managing Editor Steve Mehallo



Top: Saied Mirlattah, Dean Alven, Dan Dowling, Chris O'Sullivan, Steve Puccini, Mike Allison. Middle: Kim Balchios, Danielle Velez, Lesha Gottelli, Sam Cooper, Jason Vercelli, Steve Mehallo, Marty Smith. Bottom: Paul Brown, Lisa Neal, Danielle Thomas, Cynthia Franklin, Elizabeth Gonzalez, Craig Yip



Photographer Saeed Mirfatah



Feature Writer Chris O'Sullivan



Faculty Advisor Marty Smith

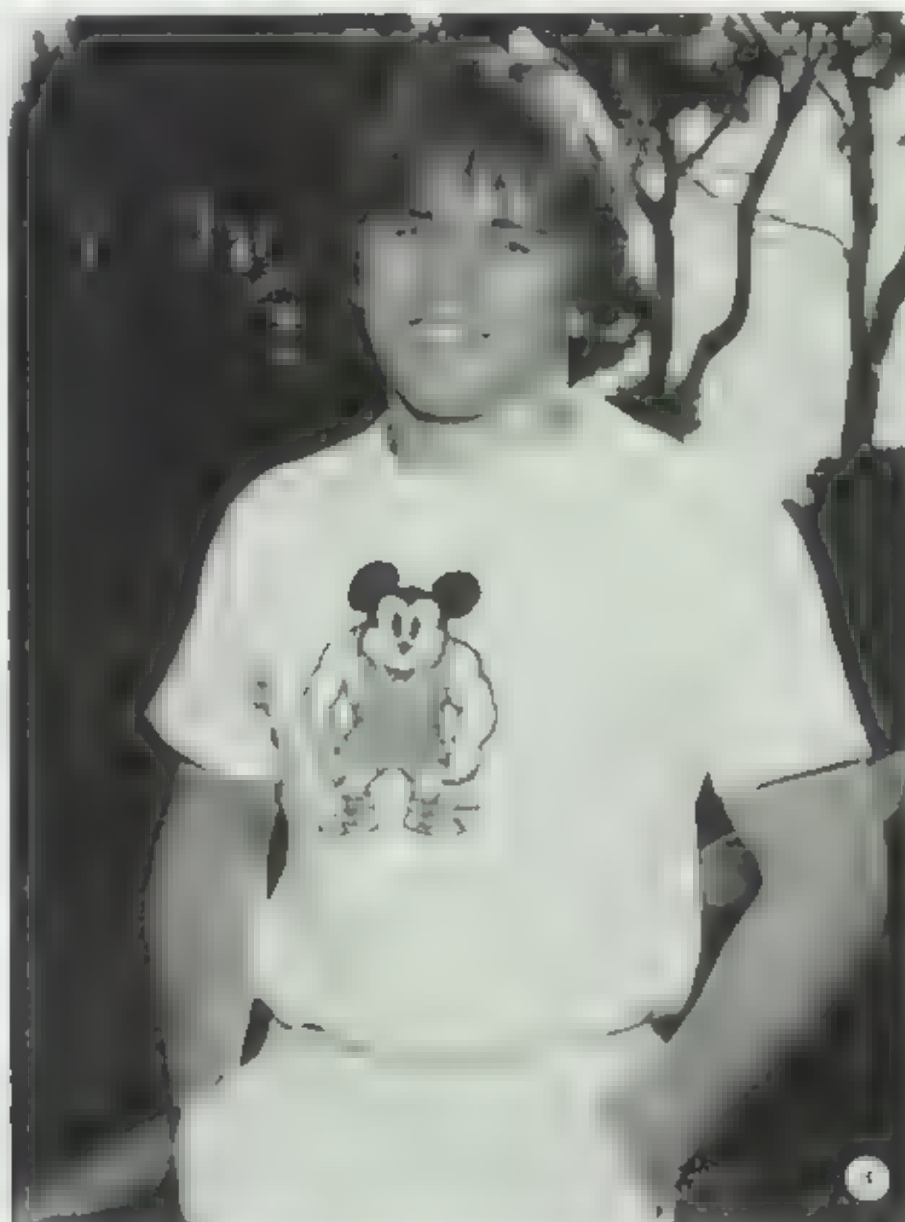
This year's Stampede under the direction of Mr. Smith has shown steady growth and improvement. Last year the journalism class started out with seven students and has now grown to thirty. The size of the newspaper has also increased from two to eight pages, and articles have improved in quality and depth as well. Writers now look not only for local Cap news but also for news from sources outside of school that will be of interest to its readers. Students have interviewed Superintendent Sallery and morning rock radio personalities Peter Collins and Alex Bennett

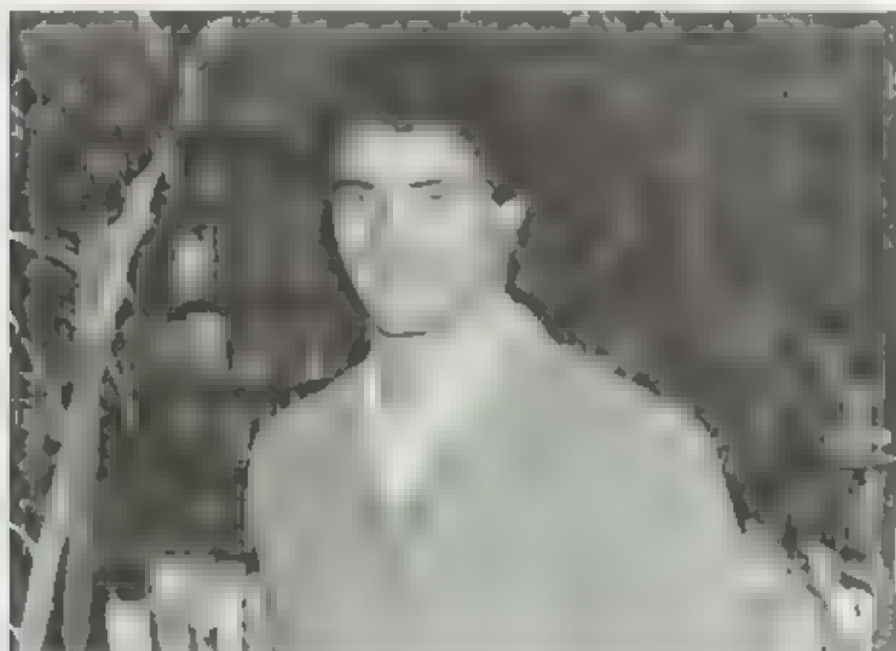
This is a class where students both originate ideas and then follow through on their projects until their final article appears in print.

CONGRATULATIONS TO . . .



1. Mr. Herzberg
Selected by the Stanford Program on International and Cross Cultural Education to visit Nigeria this summer.
2. Dave Cima (science and math)
Bob Bowdige (liberal arts)
Mike Sampson (applied and fine arts) Bank of America Achievement Award contestants.
3. Rich Ellingson
One of the most outstanding wrestlers in Capuchino's history. 117 career wins, 20 losses, and 66 pins. Pal champion for 4 years.





1. Dan Dowling and Bob Bowdige
National Merit Scholarship Finalists
2. Tim Bowler
First team all-league for basketball
3. George Rix
Named Citizen of the Year by the Daughters of the American Revolution
4. Chris O'Sullivan and Nedra Shawler American Legion honors.
5. Mr. Laclergue
Collected 900 pounds of cans and raised over \$3100 to aid Close-up.

SOME OF US HAVE A HEART FOR KIDS . . .





AND SOME OF US ARE KIDS AT HEART.

PHOTOGRAPHER'S BEST



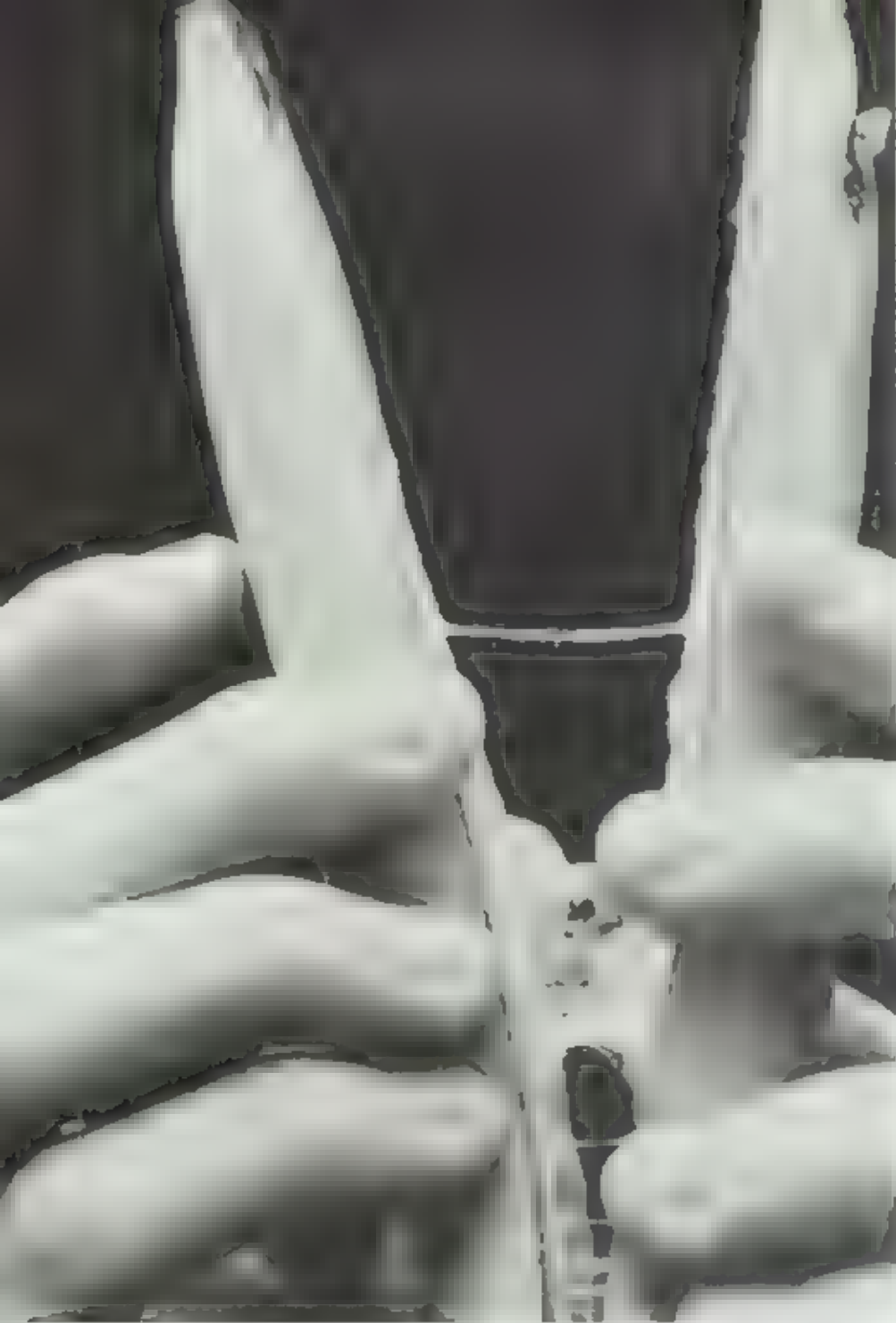
SAMMY AND NEAL
Robert Newman

EAT MY SPRAY
Jason Vercelli



BLOCK C
Jimmy Klingler





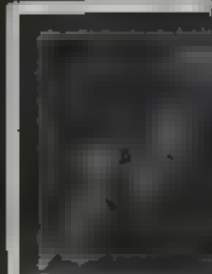
BANANNA SPLIT
Jimmy Klingler



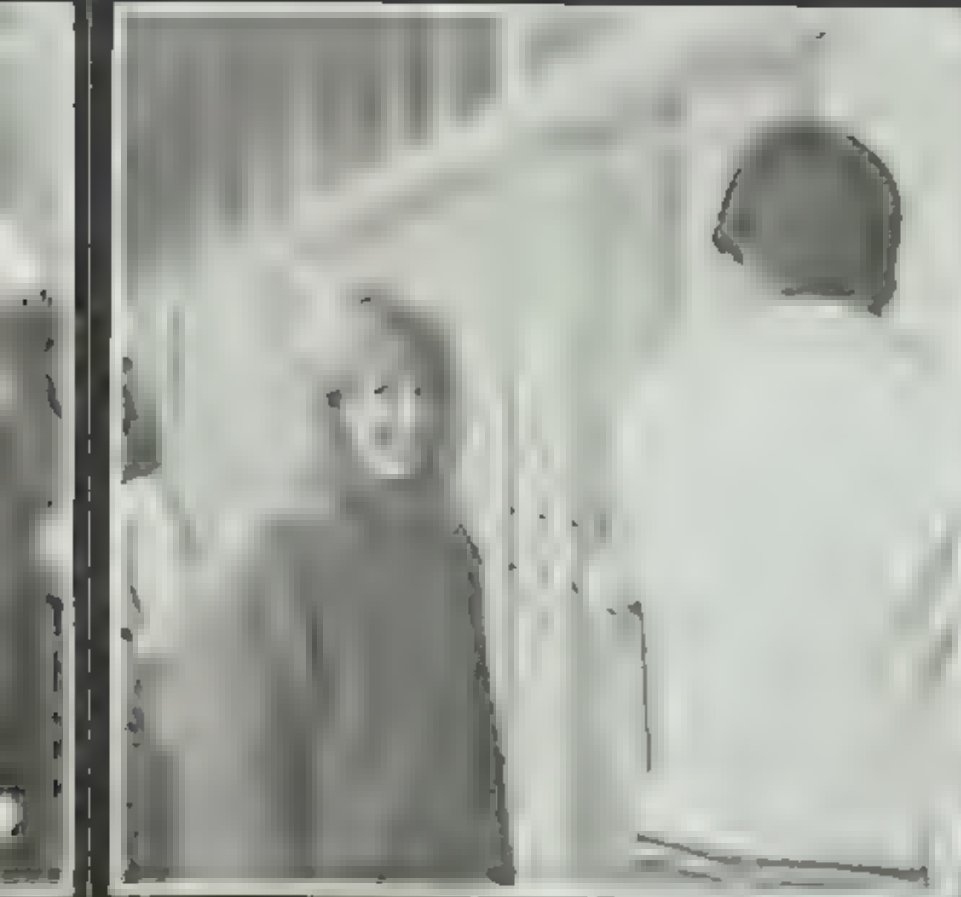
SPLASH DOWN
Jimmy Klingler

SCHIZO
Self-portrait by Jimmy Klingler





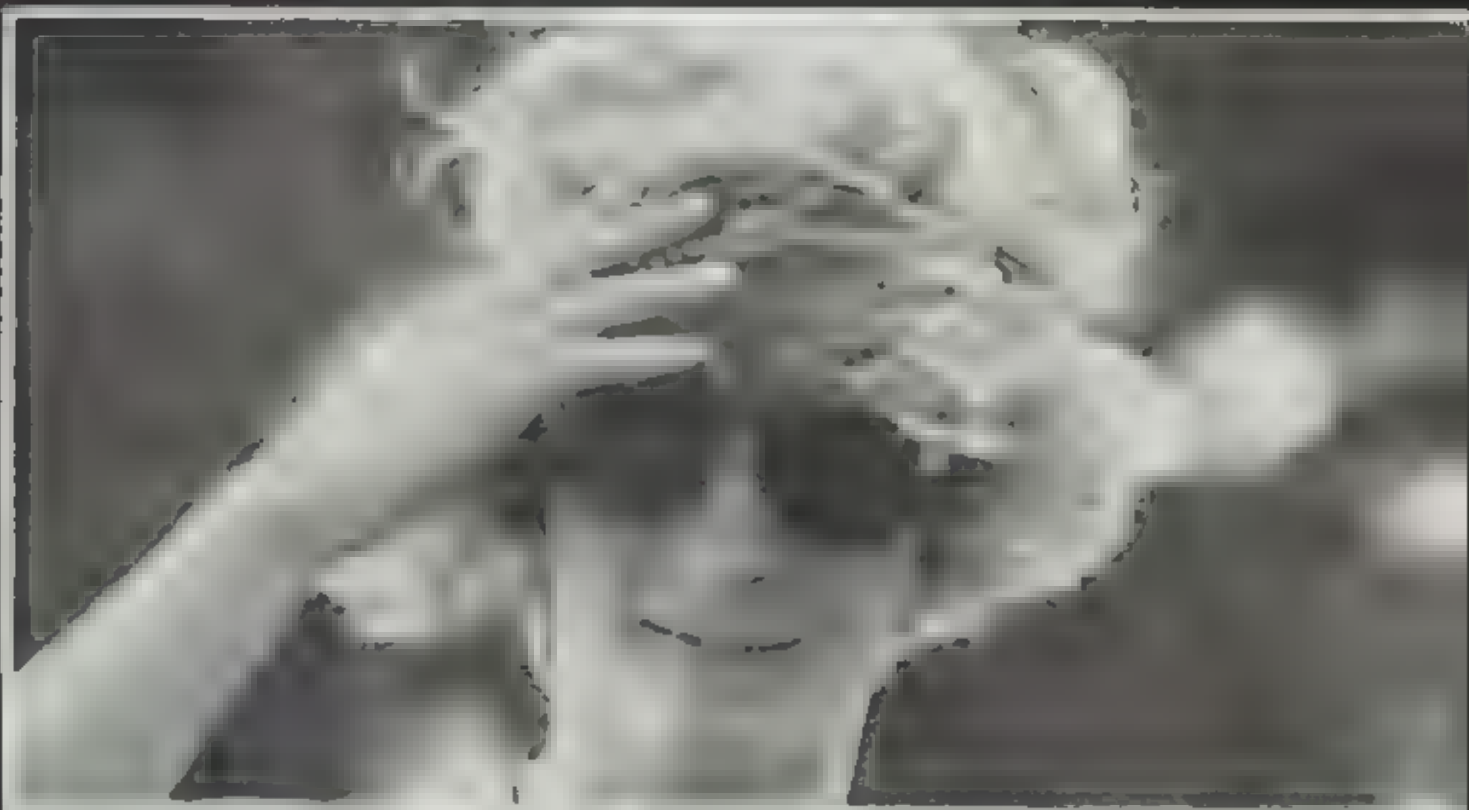
UNOBRJAS MEN





JUNIOR CLASS OFFICERS:

**Left to Right-Dede Concannon; Margaret Coric;
Christine Rolle; and Laurie Priesse.**



JUNIOR

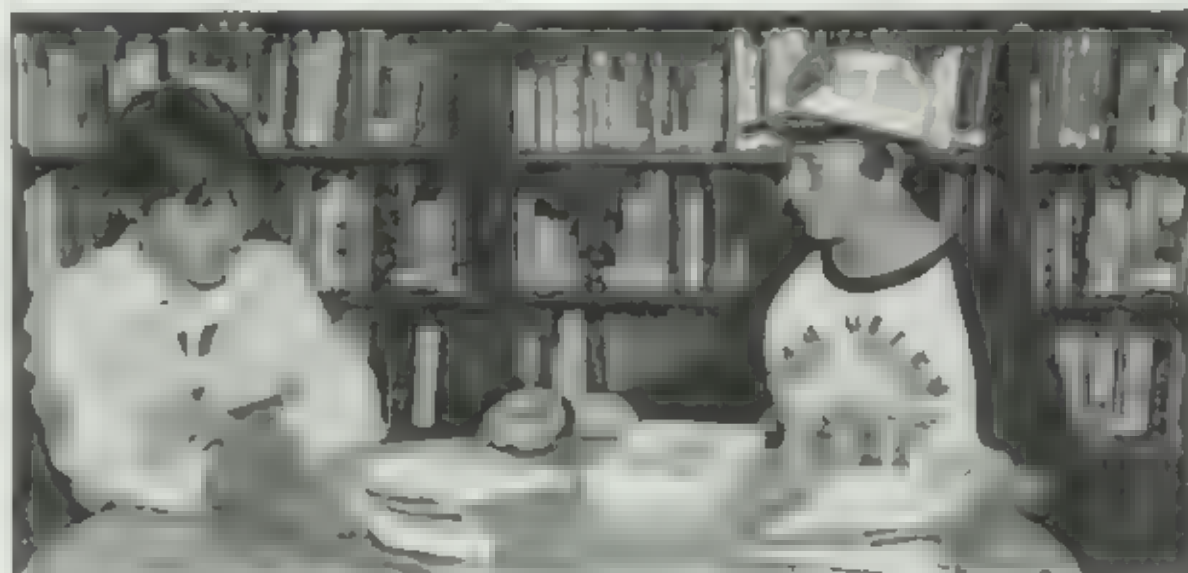
Miguel Aguayo
Kim Aguilar
Carol Ann Aiken
Marie Ajero
Deborah Akridge
Annie Alarcon



Ronaldo Allajora



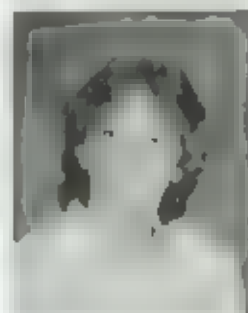
Carrie Allison



Dean Jay Alven
Katherine Angouras
Lana Anguiano
Louie Aragon
Christine Marie Asaro
Michelle Altard



Nadine R. Attell



Albert Baccer

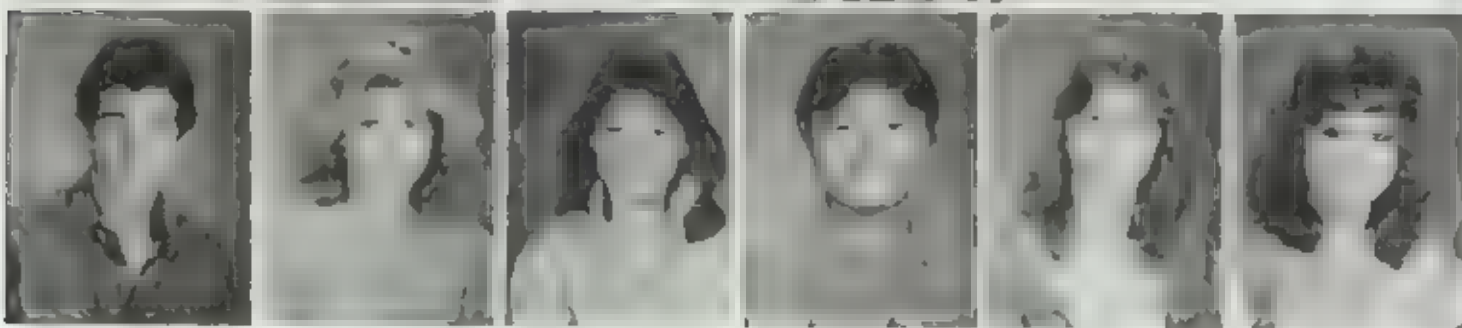


Sueta M. Balleza





Douglas Barr
Janine Barrese
Vicki Basel
Noreen Baughman
Bill Sawden
Lina Bazouzi



Matt Belluomini
Buffy Bergin
Michele Bin
Mark Borrero
Tina Borzoni
Diane Bradley



Christopher Bristow



Kim Brockway



Sandy Brown

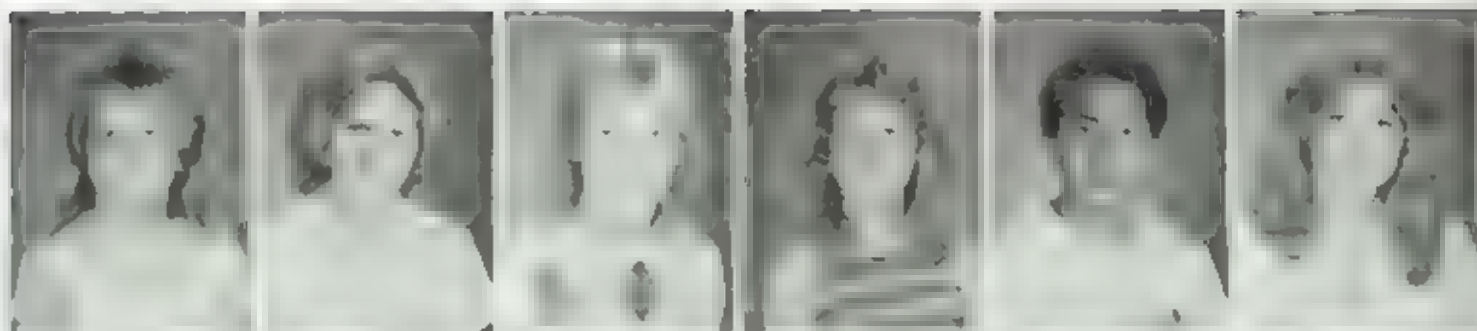


James Brown



Ken Brown

Shannon Bucher
Joni Busuttal
Valerie Butler
Jacquelin Sue Caine
Ivan Calderon
Angela Callas



Chanita Campbell
Jeffrey A. Cardona
John Celenlano
Theresa Cerelli
Daniel Chalco
Gary Kim Chan



Melissa Wei-Mei Chan
Marcus Boe Chang
Salvador Chavez
Martin Jr. Cheng
Daniel Chircop
Elaine Grace Chua



Laura Cirilo
Alan Joseph Clement



Deirdre Concannon
Korie M. Copsey





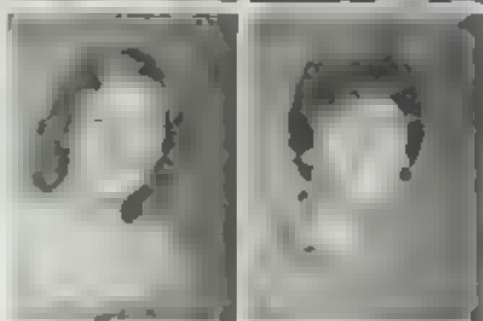
Margaret M. Conic
Jeffery Scott Cox
Roxanne Crosley
Marri Jenni Cruson
Kathleen Curran
Eric A. Dachauer



Celeste Davalos
Brian C. Dawson
John De Felice
Jeff Dehaven
Jaime Dela o
Michelle Delgado



Ronda Delgado
Maggiara Ginger Della
Laurico Dias
Arleen Diaz
Julie Diehl
Robert Dillon



Patricia Donahue
Brian Doyle



Leonard Drexler
Carol Duenas



Kristi Duerre
Teri Duffee
Bernadette Dulac
Branda Duncan
Carl Durham
Robert Edmonds



Gary Edwards
Jamie Edwards



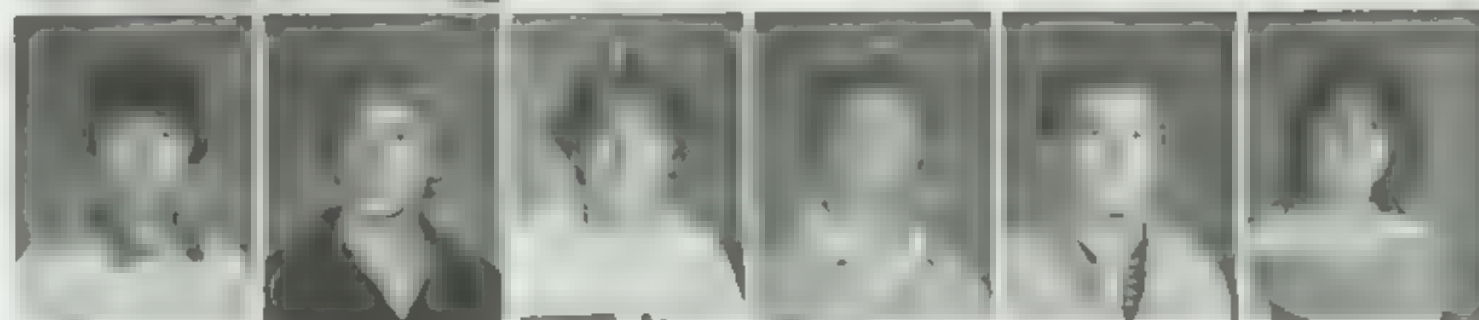
Robert Eggeling
Tony England



Laura Espinoza
Maria Estrada



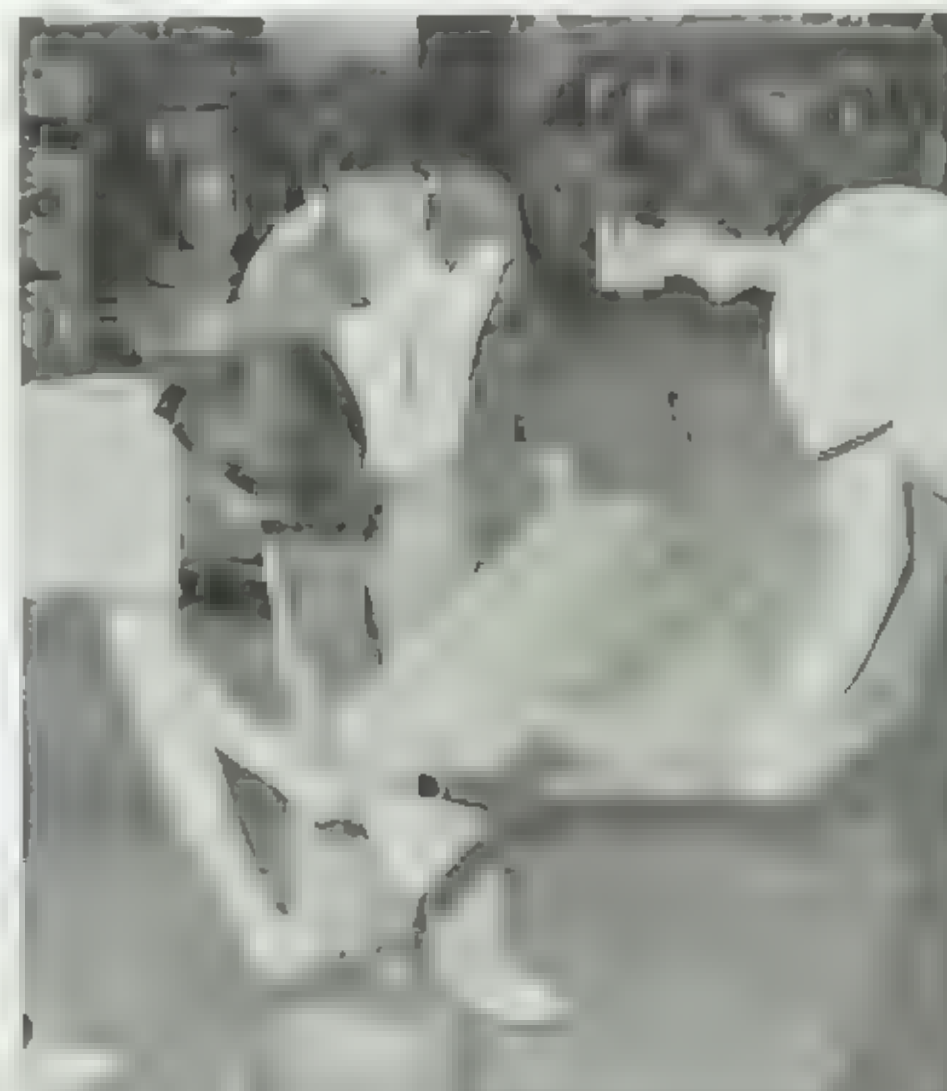
Chih-Cheng Fang
Scott Fell
Tom Flahavan
Dan Flynn
Mike Fox
Amy Fregosi



Gregory Frei
David Freire

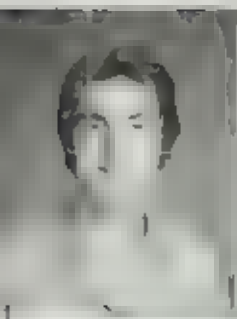


Mike Friedland
Diana Fuentes





Marcia Furr
Debbie Gagnon
Sharon Gartner
Judith Gault
Dan Germano
Robin Gianni



Craig Gomez
Arthur Gonzalez



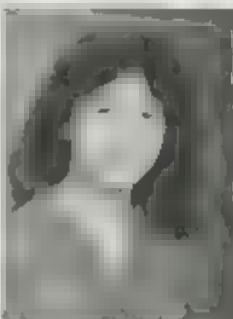
Lian Gordon
Michael Grace



Andrew Grass
Robert Gray



Emanuel Grech
Tim Griffith



David Gruszie
Maria Gudino
Jose Gutierrez
Thomas Hamamciyan
Dorothy Hamble
Timothy Hardey



Anthony Harl





Laura Heikel
 Timothy Hermann
 Rebecca Hillestad
 Reiko A. Hillars
 Marciene Holloway
 Molly Hou



Ti Hsing
 James Hudak
 Laura Hyndman
 Adrian Ivanov
 Robert Jacobs
 Sarah Ann Jimenez



Dara Johnson
 Marci Johnson
 Nancy Jonoubeh

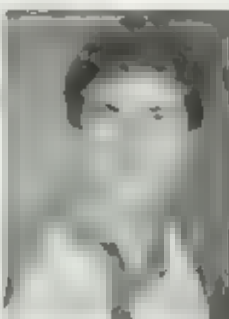


Aram Kaloustian
 Johnny Katout
 Judy Kay

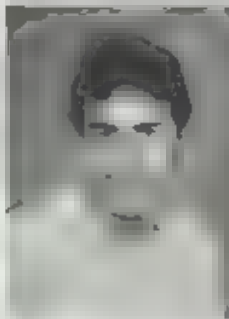
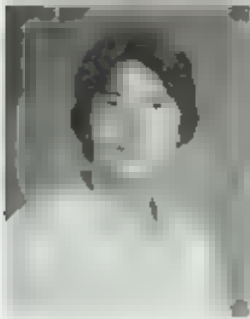


Margaret Kelly
 Brigitte Kennedy
 Bryan Kiour

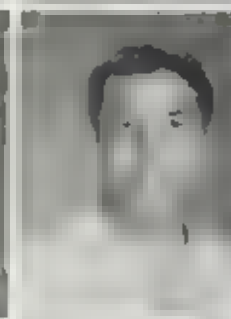




Kathy Kivilahti
Daniel Klement
Ana Kuzich
Dante A. Laura
Shannon Lee
Carolyn Lombardi



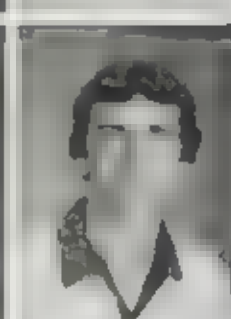
James J. Look
Michael N. Lopez
Richard Lopez
Louis Michael Luebs
David Maile
Philip Maloney



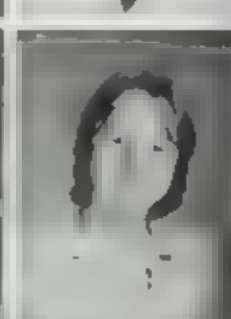
John Markus
Hector Martinez



Janet Martinez
Victor Martinez



Charlene Martine
Rodney Masseroni



Jody Maule
Farren Meyers



Richard McAllister
James McClain
Patrick McClurg
Stephen McDonald
Timothy McGarvey
Julie McRae



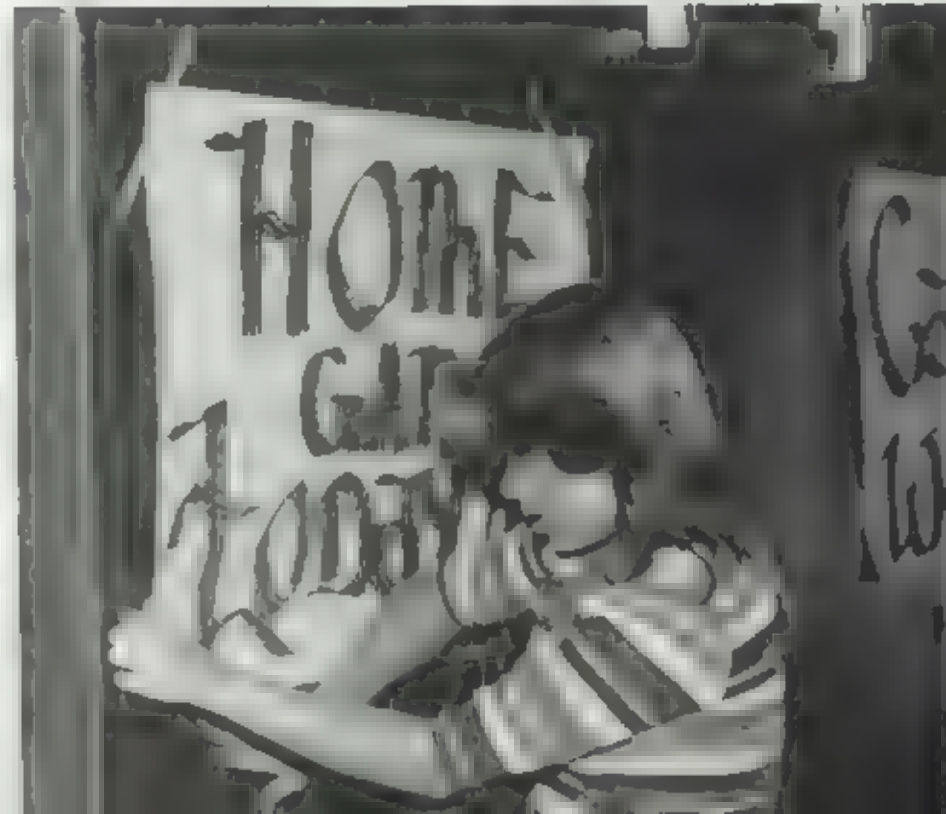
Steve Mehallo
Mike Mephram
Donald Mesick
Pam Micheletti
Joseph Moncada
Donald Morales



Chris Morrissey
Julie Mosinskiak
Kathleen Mullen
Michelle Muller
Sean Muneno
Sashi Narayan



Lisa Neal
Robert Nelson
Celeste Nerelli
Maria Nefano
Robin Nijor
Joe Novelli





Daniel O'Kane
Nick Olague
Steve Oliver



David Orloff
George Oropeza
Marlene Orrante



Jack Ortiz
Valerie Ortiz
Paul Osmond



James Pacheco
Lorina Palavos
Cynthia Parham



Hemant Patel
Steve Peck
Kevin Pecoraro



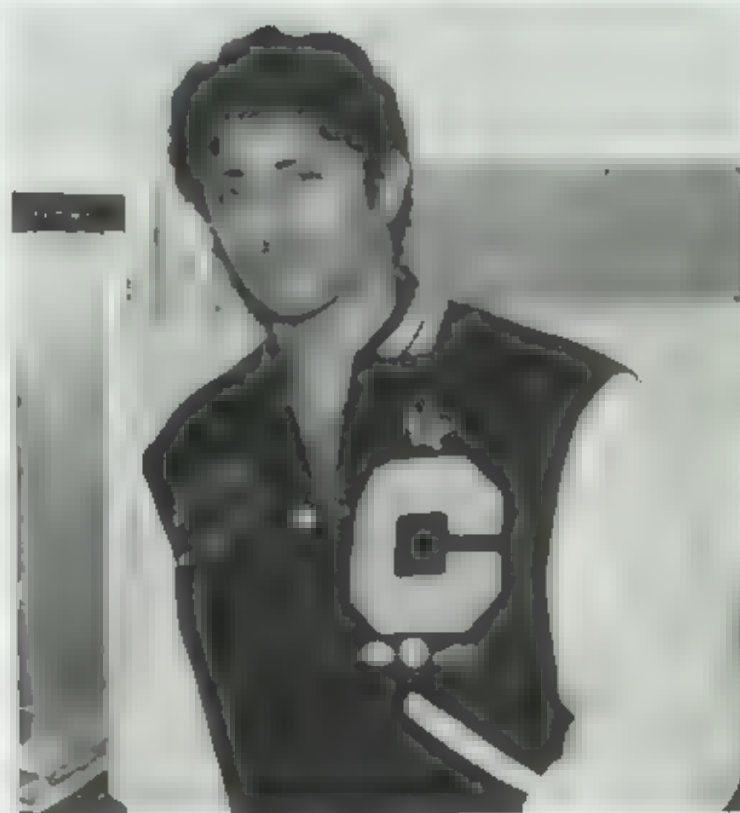
Mark Pelligrini
Michelle Pena
Michelle Perazzo



Joseph Perea
Julie Ann Poland
Soledad Ponce
Michael Poon
Jennifer Prescott
Loraine Preusse



Meryellen Primiano
Thomas Prosch
Stephen Puccini
Annette Ramirez
Patrick Ramirez
Osama (Sam) Rantisi





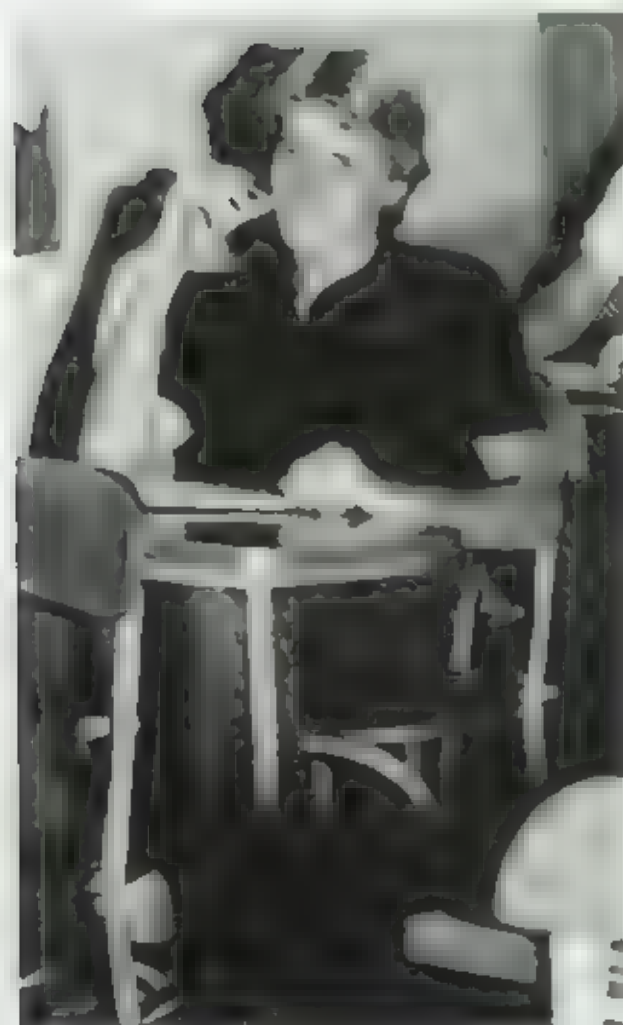
Valare Reasmussen
 Maria Rodriguez
 Mark Reisenauer
 Kevin Riehl
 Roland Lee Riley
 Dave Robertson

Rochelle Robinson
 Ronelle Robinson
 Wayne Robinson
 Christine Rogers
 Kimm Rogers
 Matthew Rogers

Candace Rohrwild
 Christine Rolle
 Tony Roman
 Monica Roscelli
 James Rossi
 John Roubanis



Timothy Sandoval
 Dara Sandrini
 Diana Schletter
 Peter Sibille
 Robert Sinclair
 Thomas Sperow





Polly Springhorn
Timothy Spurlock



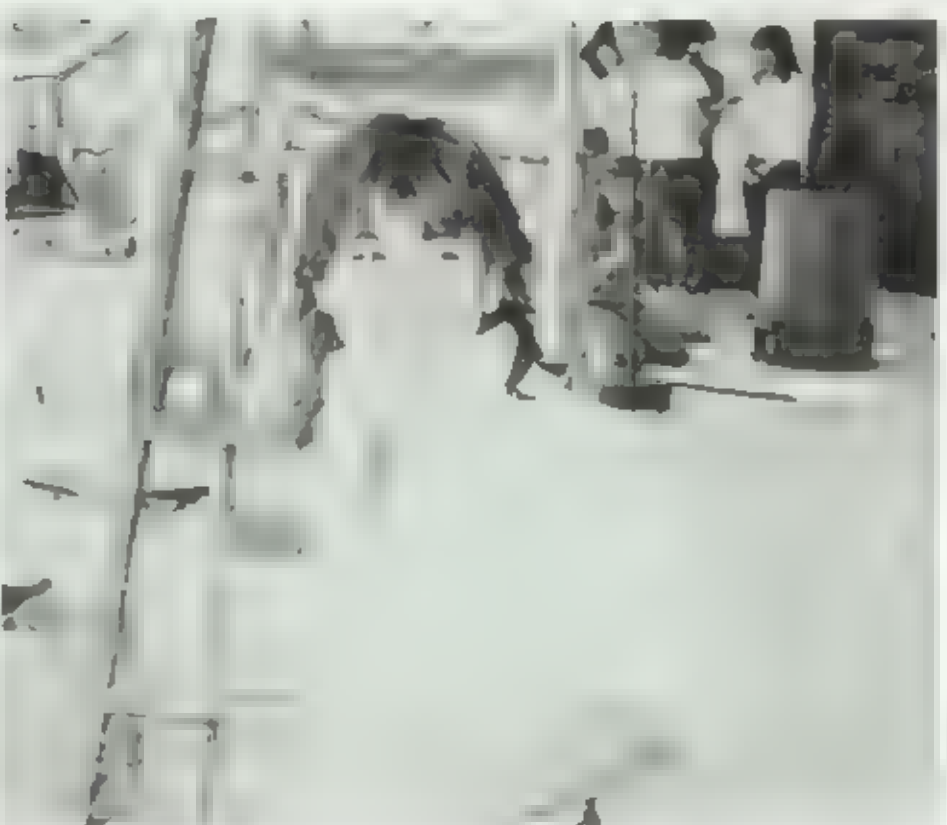
Daniel Standart
David Steely



Jon Stenback
Jeffrey Sung

Anna Tantillo
Chiara Tantillo

Trent Terrell
Craig Thompson



Dennis Tiernan
Leanna Tingley



Chrisy Tipton
Brian Toft

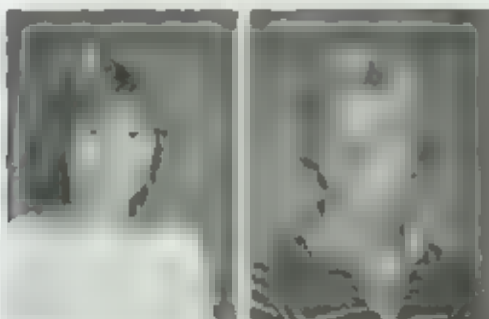


James Tomasello
Paul Torrente



Stephanie Tsai
Krish Tuckett

Melanie Turner
Jari Utto

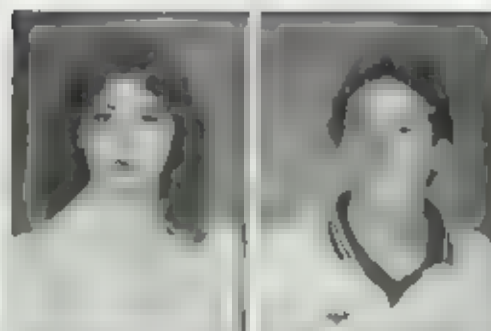


David Usher
Eric Vanschoor



Augustus Vastardis
Maria Luz Vega





Yvette Velasquez
Aaron Uribe



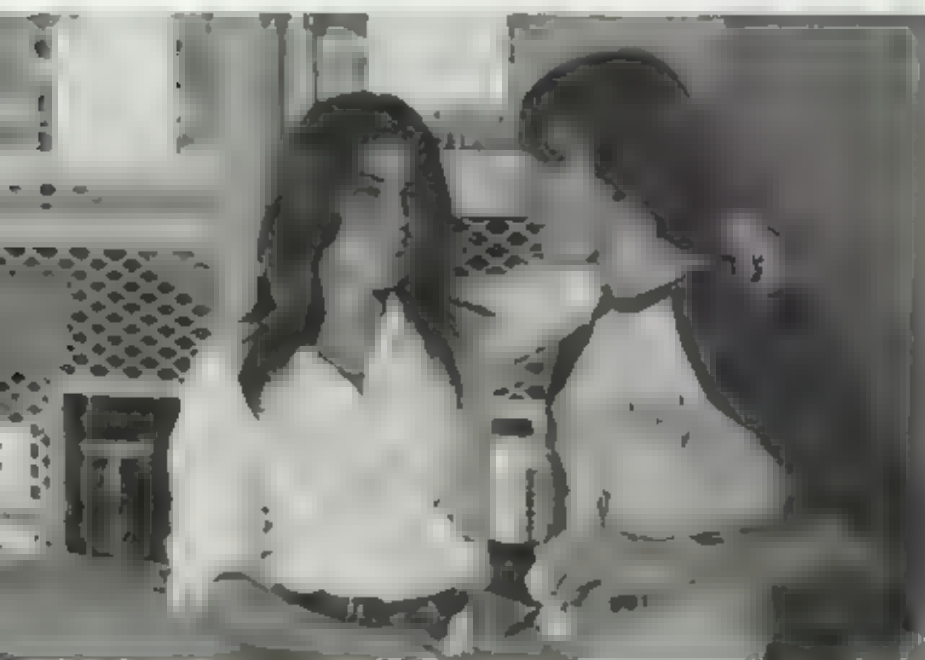
Dennis Walsh
Mike Walsh



Kelly Ray Walton

Timothy White
Darren Wild

Audrey Witham
Chen-Tuny (Tony) Wu



Edgar Yao
Gualbert Yao



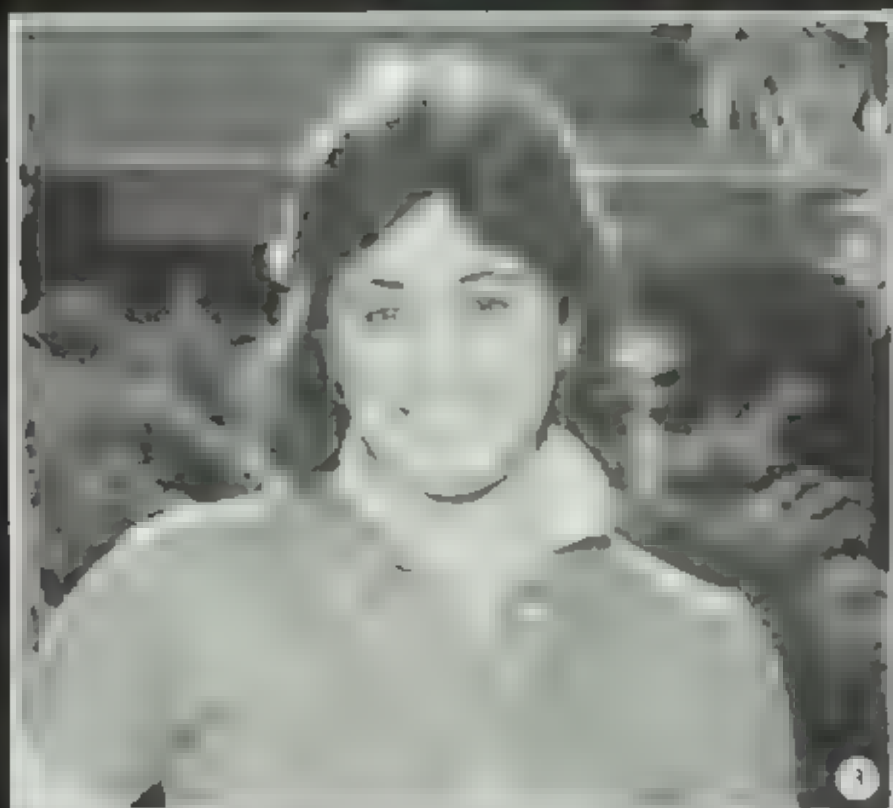
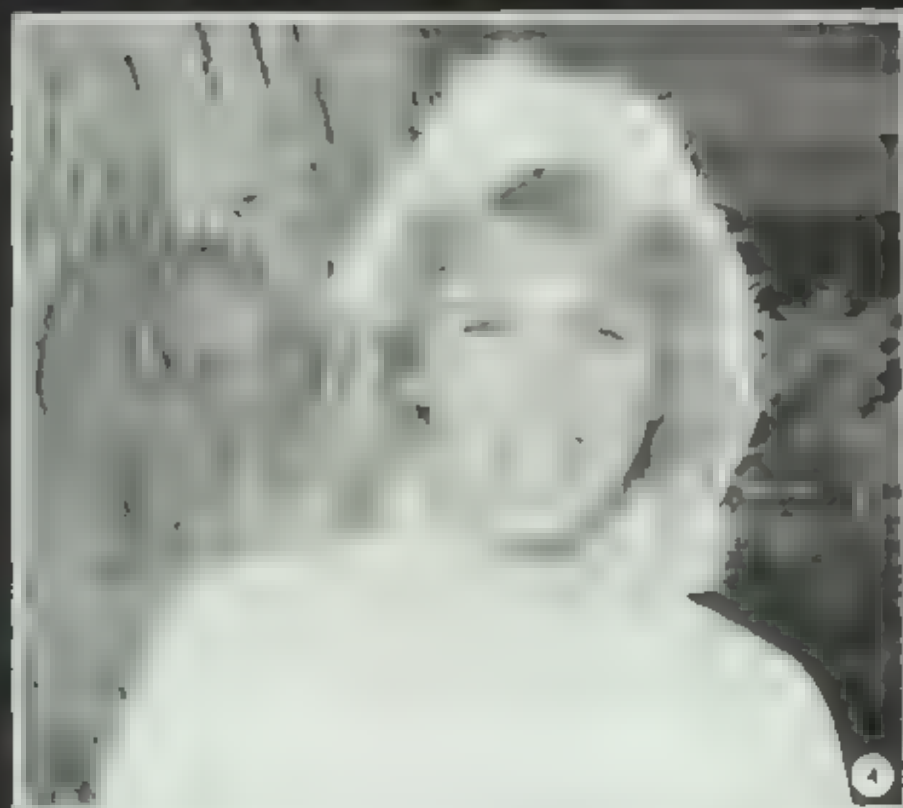
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Bruce Zillau

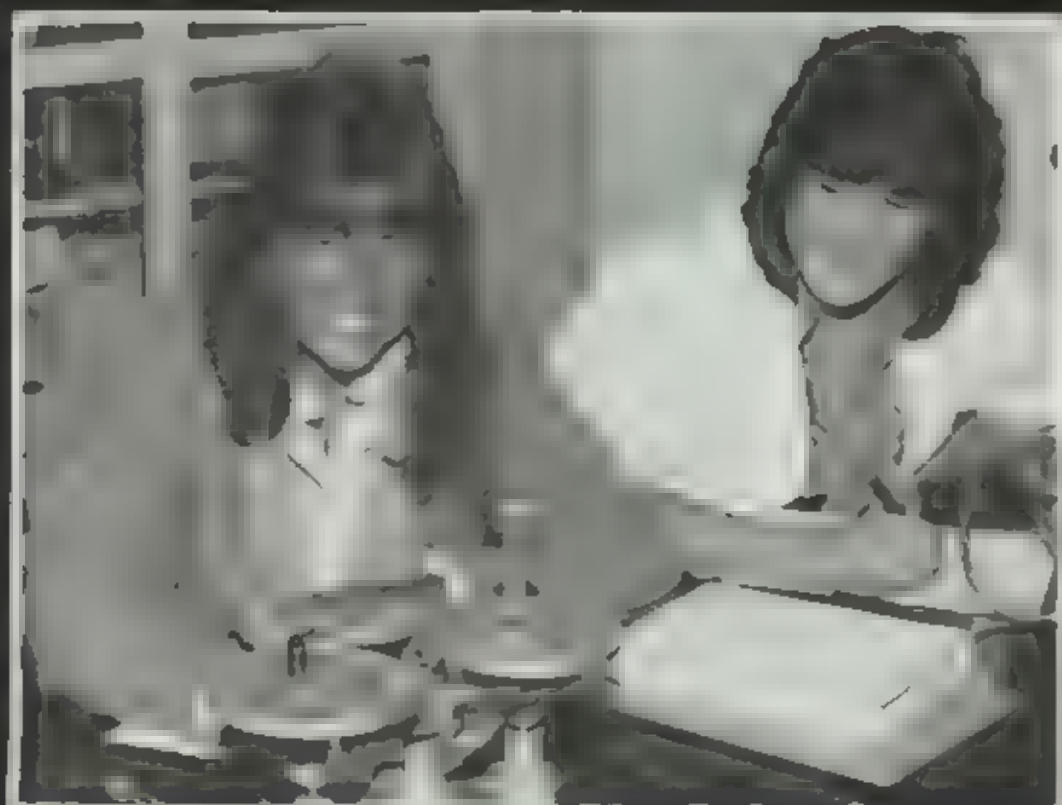
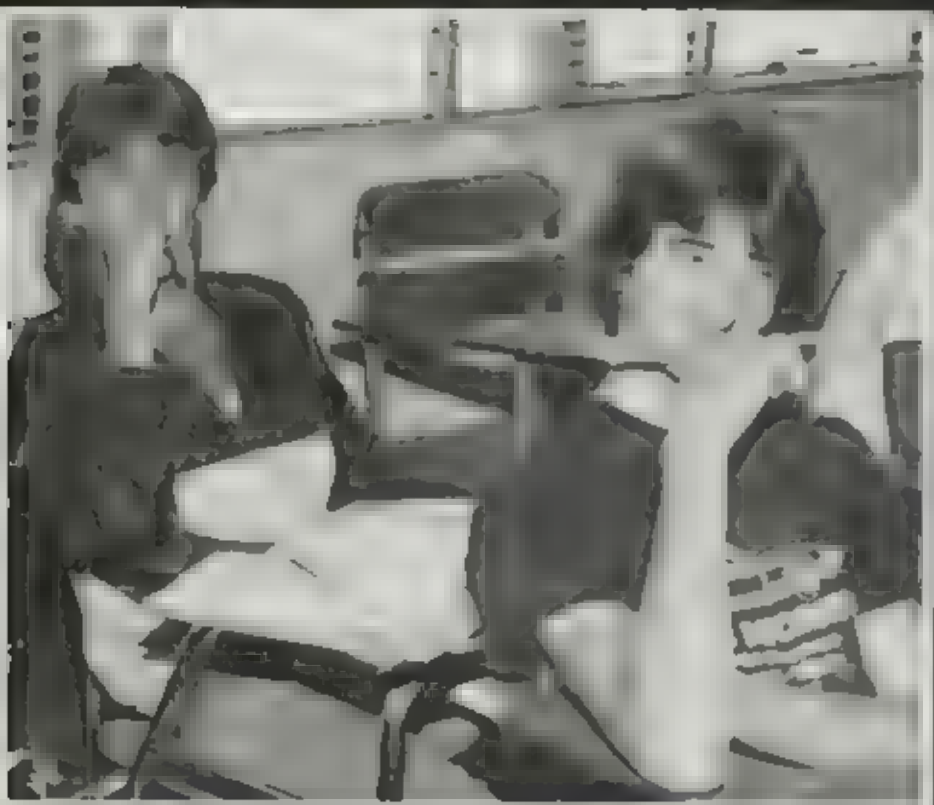
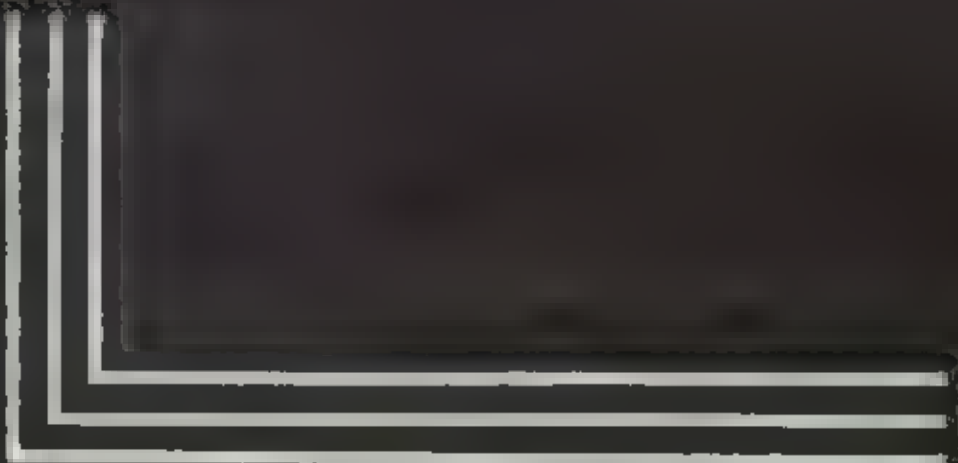


SOPHOMORE CLASS OFFICERS:

Top to Bottom:

1. Christine McAllister, President
2. Donna Duggan, Vice President
3. Tracy Edwards, Secretary Treasurer
4. Joyce Duplissea, Representative





SOPHOMORES

Gary Adams
Sabrina Adams
Sincerrea Adams
Jodie Adkisson
Kim Agius



Carl Albrecht
Jerod Aldaya



Carlos Aloy
Alex Alvarado



Aram Andonian
Paul Andrews



Jane Aquilina
Michelle Aquino
Wally Arciniega
Chris Arnell
Staci Aronis
Mark Arsenis



Veronica Arvizo
Elena Attard



Greg Austin
Rudolph Avila





Ray Ayala
Kim Bacigalupi



John Baladekis
Kim Balchios



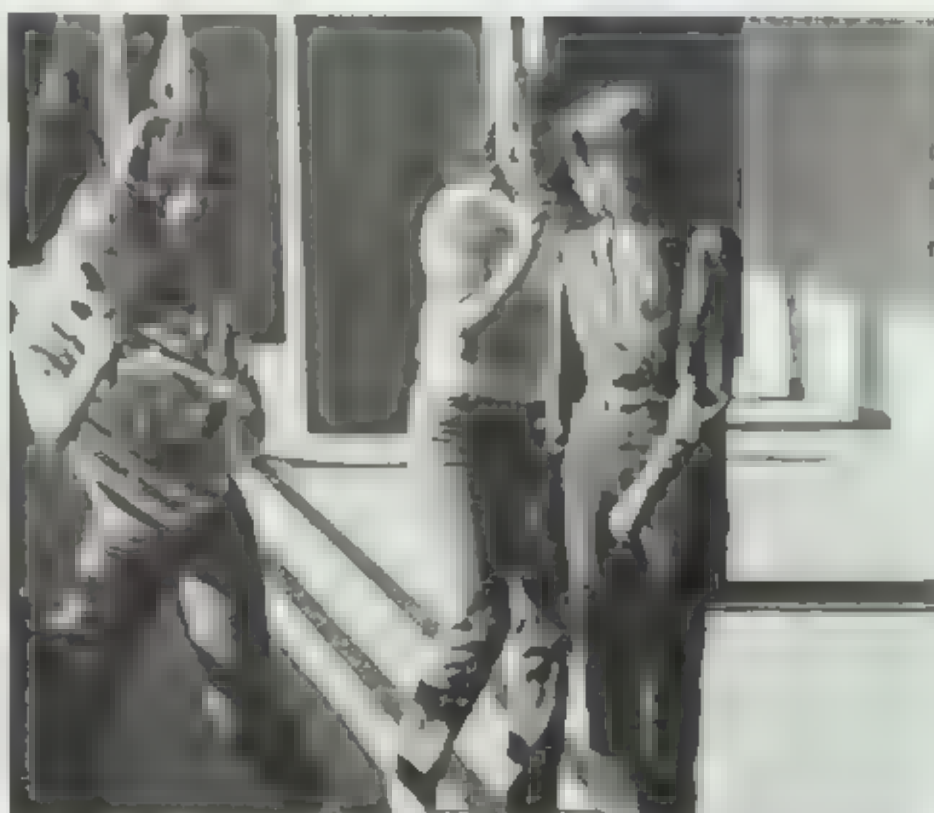
Oliver Balleza
Robert Banich



Paula Banks
Danny Banta
Roula Bazouzi
Mike Beavers
Renee Behnken
Jennifer Belluomini



Roland Bergman
William Bertini
Ricky Betancourt
Connee Blair
Robert Blair
Mark Blaydes



Shawn Blundell
Denise Braen
Paul Brown



Mallyn Bradley
Christy Braun
Michelle Brown



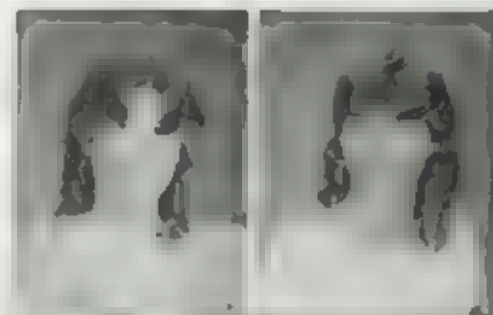
Patrick Breen
Deirdra Briones
Ila Brown



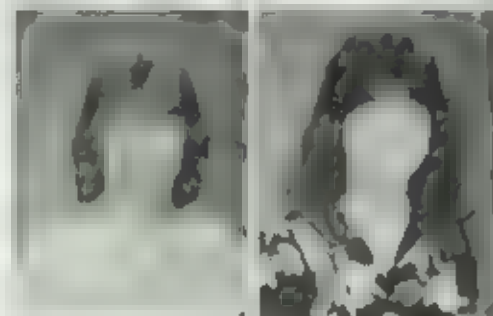
Michelle Browning
Celia Brush



Cheryl Brush
Toni Budreau

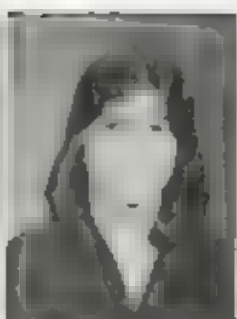


Lalie Burns
Kevin Butler



Patricia Callahan
Claudia Camarra
Danielle Cambray
Jennifer Cappelletti
Mario Carcamo
Elaine Carlson





John Carroll
Carlos Castro
Nancy Castro
Gina Celeste
Terry Chan
Michelle Chalcut



Henry Chi
Michael Childers



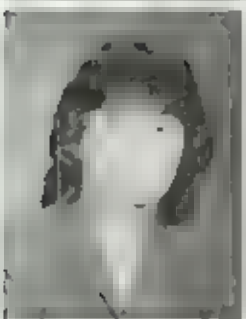
Ben Christian
Donna Clark



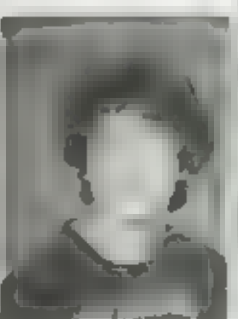
Elizabeth Cocker
Christopher Cocoles



Lori Coldiron
Karen Collins



Sonia Costantini
Dan Coster



James Cox
Edward Cramer
Michael Cueva
Gino DaVeggio
Michael Davis
James Dawson

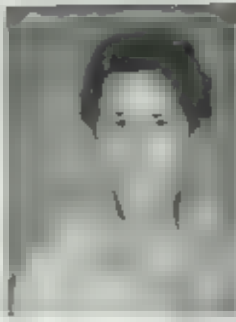
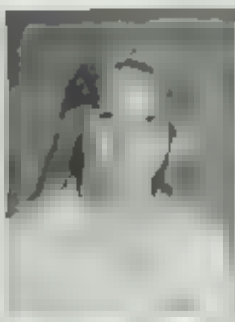
Laura Deghi
Antoinett Diez-Canseco



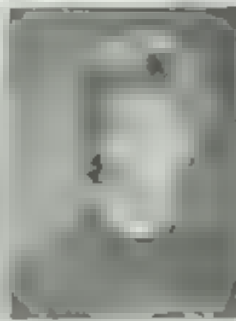
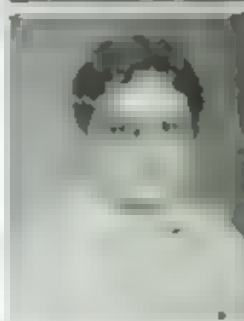
Anthony Doonan
Kirk Douglas



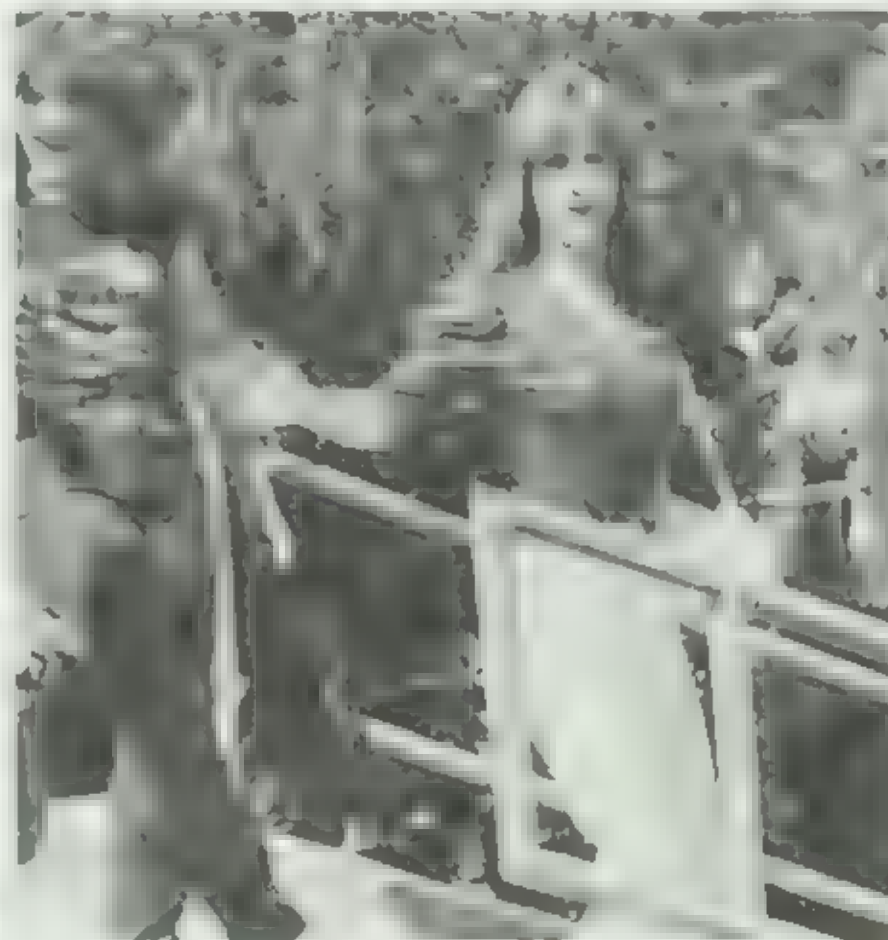
John Dreisbach
Jim Duffy
Donna Duggan
Peter Dunas
Jim Dunlop
Joyce Duplissea



David Duran
Cheryl Edinger
Deborah Edwards
Tracy Edwards
Lance Erickson
Chris Evans



Kevin Feeley
Tina Fetner

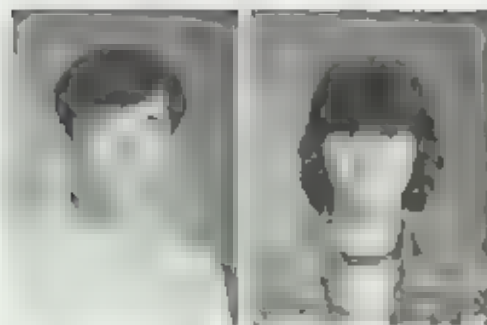


Alicia Fisher
Stephanie Fletcher



Claudia Frei
Dennis Freire





George Fu
Troy Gabrielson



Ann L. Gaffney
Lulio Gagot



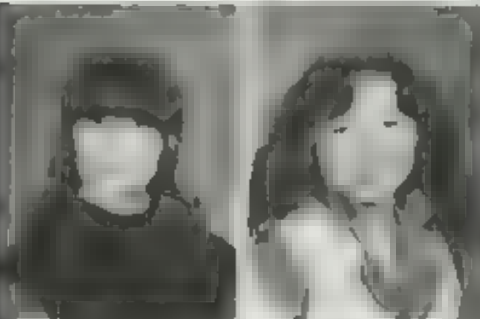
Linda Gallicano
Andree Garcia



Elisa Garcia
Michelle Garcia
Richard Geimer
Debra Gentry
Michael Geronimo
John Giannini



Timothy Gibson
Elaine Gomez
Raul Gomez
Elizabeth Gonzalez
Matthew Gough
Tony Grech



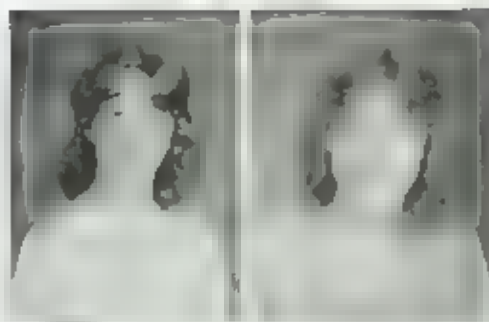
Leslie Gruzio
Sophie Gudino



Marta Guzman
Laurie Haedrich



Mia Haney
Laura Mary Hansen



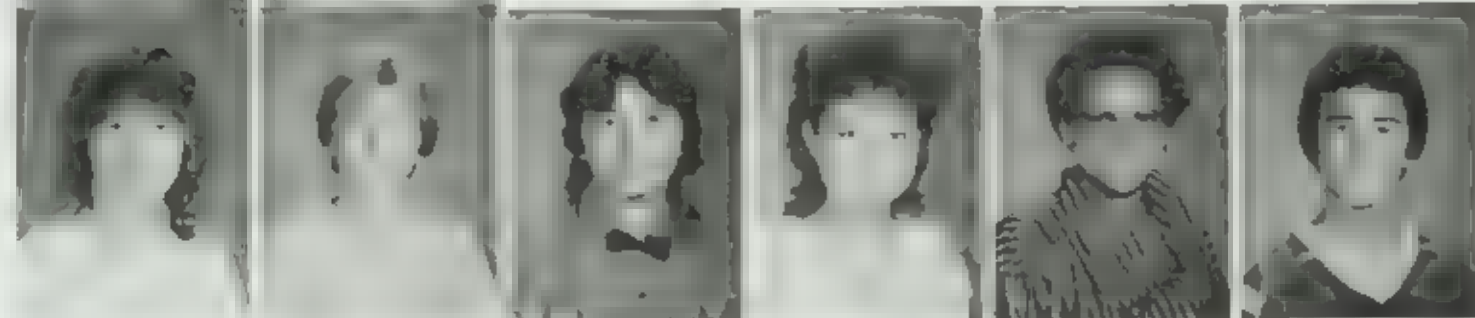
Jacqueline Hart
Gina Hartje



Cynthia Hutton
Jaymee Haywood



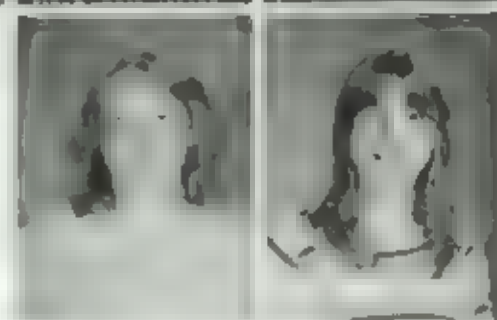
Kimberly Heffernan
Erick Heineman
Sandra Henriquez
Cathy Herbert
Cessalie Herberl
Brian Herke



Carey Hill
Elsine Hillestad

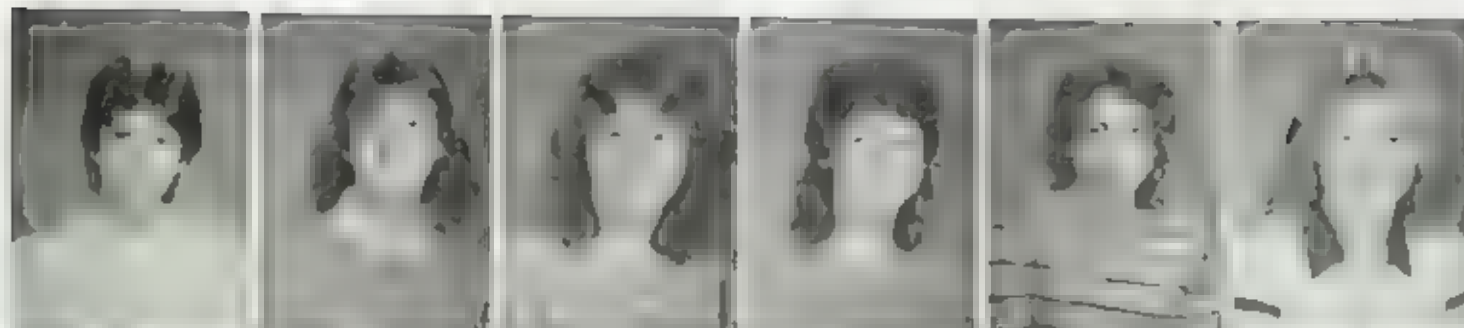


Masataka Hiroyasu
Gillian Hood



Shu Hsien Huang
Dairdre Hudson





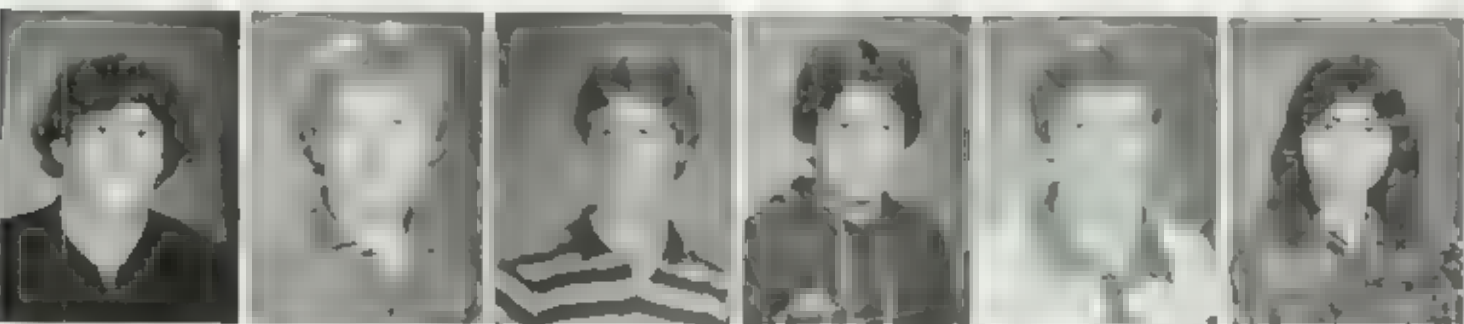
Denise Hughes
Linda Hughes
Mary Isola
Shannon Jacobs
Adrienne Jacques
Sofia Jarmoluk



Brian Jellin
Deborah Jenkins
Steven Jespersen
Erica Johnson
Marc Johnson
Paul Johnson



Annie Ju
Korina Juarez
Lisa Judkins
George Jue
Jim Julien
Lehtu Juttan



Jason Kalb
Alexander Kanchar
Russell Kaniuth
George Kalout
Garrett Kehr
Rana Keshk



Patricia Keller
Deborah Kessecker
Michael Kilgariff
Shawn Kilgore
Antonio Kim
Robert King

Lisa Lopez
Ellison Lowrimore
Denise Lucido



Betsy Mahe
Erin Mahoney
Jane Makhlouf



Mario Marcelino
John Marinos
Gloria Martinez



Milagros Martinez-Vargas
Siegfried Mattern
Tim Mattis
Christine McAllister
Lara McCormick
Deanna McGrath



Meredith Meade
Lisa Michelucci
Gina Mistretta
Ida Molina
Kenneth Mondfrans
Hugo Morales



Maria Morales
Michele Morse
Robert Morusy
Lorie Mummerl
Dana Murphy





David King
Galen Kone
Fabian Krishna
Kristina Kwartz
Alana Ladd
Wendi Lafrenchi



Stuart Laipple
Albert Lams
Alessandro Landucci
Robert Lapuyade
Sara Larios
Mischa Lautenschlager



Stacey Lavatai



Timothy Leaver



Rahamen Lemberger



Marcia Lewis
James Liu
Pamela Lopes
Nalishna Naidu
Melody Neal
Steven Nissen



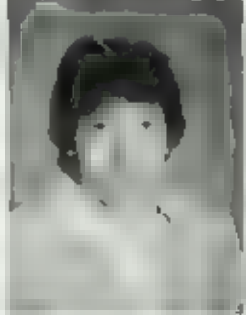
Jeffrey O'Keefe
Judith Olah
Tracy Oliver
Nick Olson
Carl Oosterman
Joel Osborn



Elizabeth Owen
Richar Owen



Cynthia Pacheco
Jesus Palafox



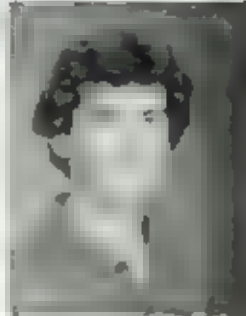
Rose Palafox
Keun Eok Park
Trek Passmore
Kelli Patrick
Mark Patrick
John Perrone



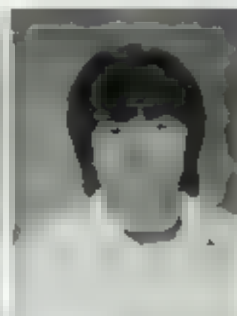
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Matthew Phillips



Janee Pike
Zac Pineda



Jay Pistolas
Kristina Pittman
Vincent Prasad
Teresa Preza
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Beth Puccini





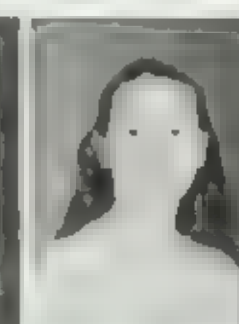
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Thomas Ramirez
Erik Rashleger
Heather Rasmussen
Chris Reed
Eric Reimer



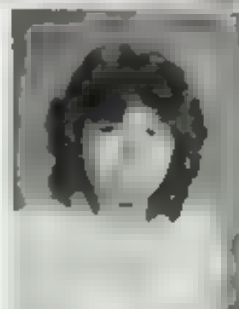
Miguel Reyes



Michelle Rice



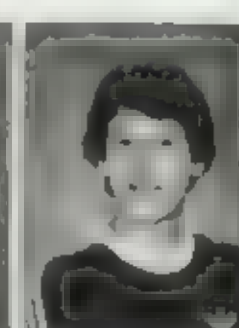
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William Roberts
Agustin Rosas
Wendy Rovai
Sara Russ
Diane Rutherford



Mark Saavedra
Margaret Saldana

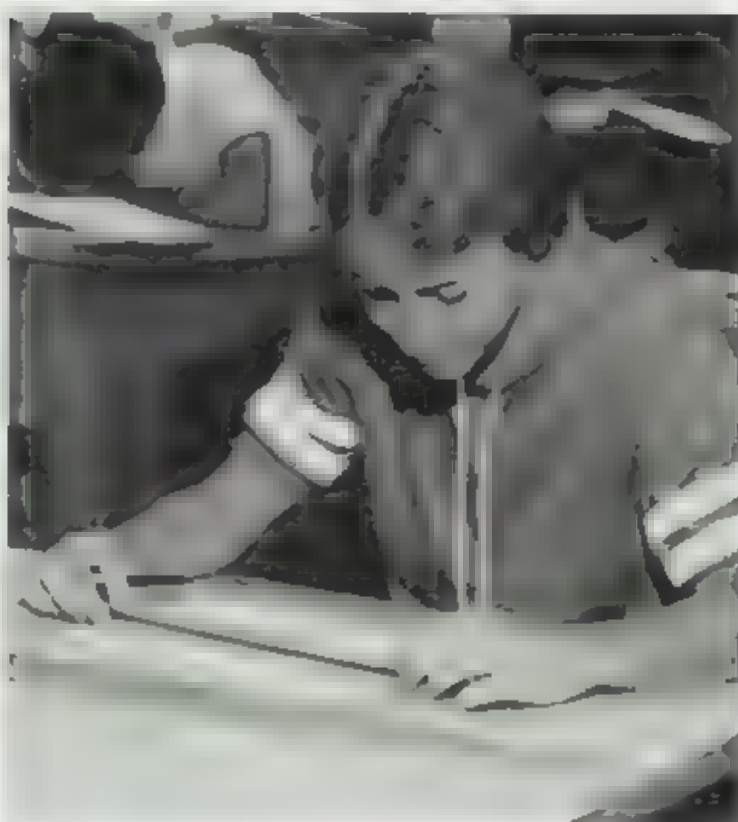
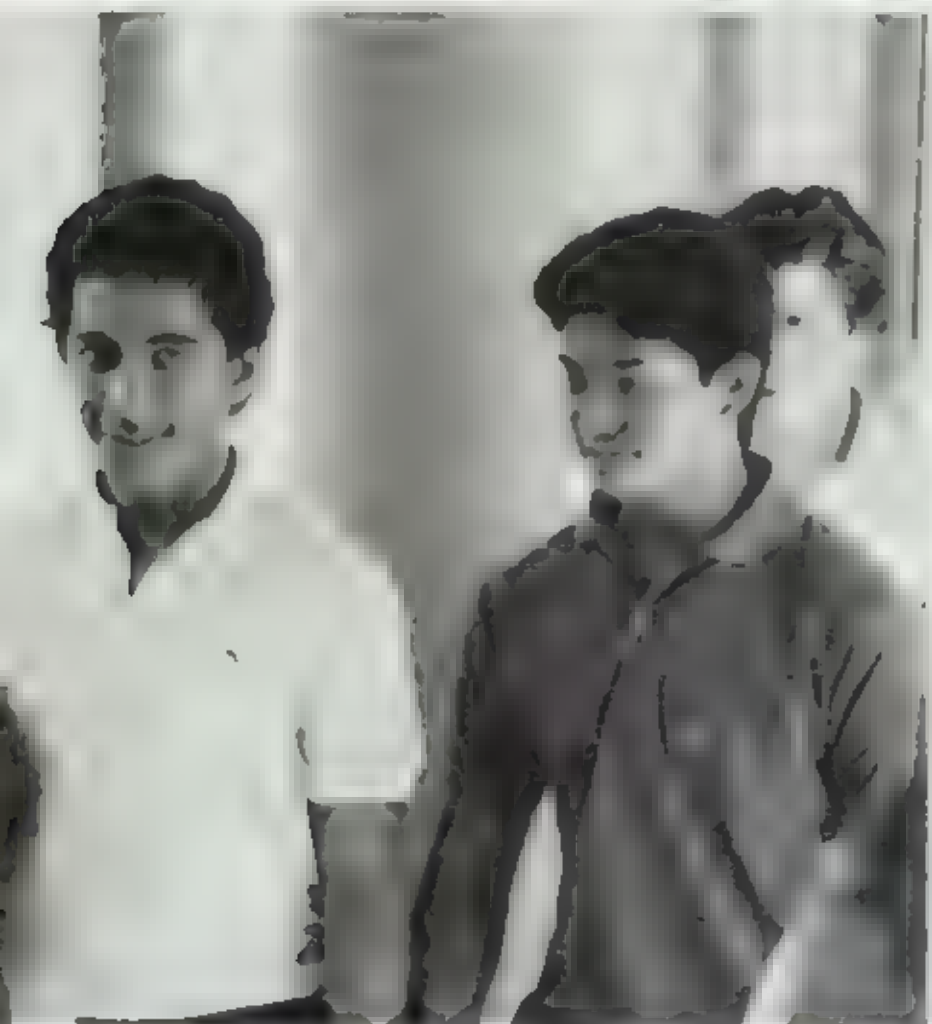


Brian Salinas
Lisa Salinas

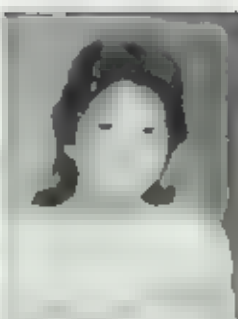
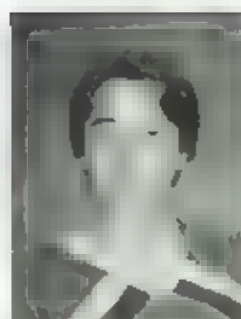


Linda Salmeron
Ann Salve
Michael San Filippo
Laura Sanford
Juan-Carlos Santamaria
Yelitza Santiago





Tracy Sarikakis
Olivia Sarmiento
Mike Schenker



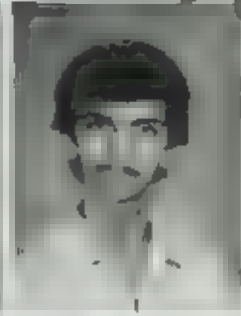
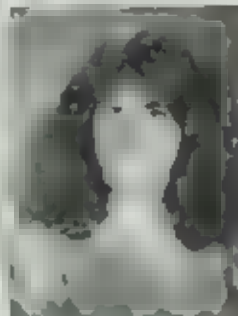
Victoria Scanzio
Sharon Selleck
Rama Seoud



Darren Serrano
Ryan Serrano
Hassan Sharifi



Yogesh Sharma
Victoria Shegolett
Lee Shubin
Debbie Shuey
Kathleen Sims
Bhan Singh



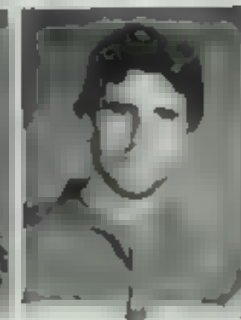
Larry Singh
Shailendra Singh



Edwin Smith
Jill Smith



Lori Smith
Tracy Smith





Curtis Somoza
William Spencer
Marc Spinali
Athens Spindler
Christine Stachelek
Gerald Stanciliff



Robert Steinebel



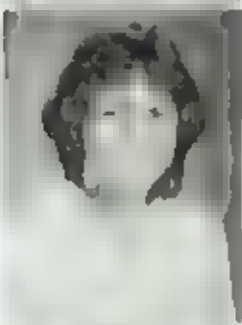
Jeffrey Stevens



Eric Stewart
Jack Stowe
Kirk Stratton
Kelly Sullivan
Milo Susmitch
David Tachera



Talui Tafuna



Rene Tarzia



Danielle Thomas
Jennifer Thornton
Posini Thuituli
Eric Thygeson
Traci Thylin
Teddy Tolentino

John Topiseni
Cynthia Torres
Michael Toulze
Frank Tuccori
Devon Vaenuku
Mariela Valqui



Eddy Van Halen
Albert Vega-Fagioli



Margie Velissaratos
Susan Viducic



Rodney Vigil
Nataly Villavieencio
Kevin Villeggiante
Eric Von Esmarch
Kelly Walsh
Vicky Walsh



Joseph Wargo
Michael Wenthoid
Kelli West
Jennifer Wettstein
Allison White
Graham Winch



Kristen Wind
Bryan Wolf

Sarina Wolff
Gary Wong





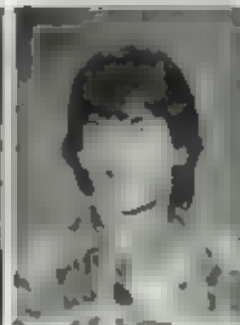
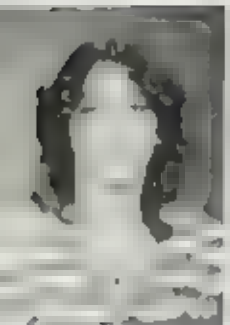
Grace Woo



Theresa Woodberry



Chen-Chang (Tom) Wu
Yoko Yamashita
Eva Yaquinto
Maria Aurora Yeo
Michael Yip
Lena Yoneji



Debbie York
Jon Zahursky
Samuel Zahursky
Stephen Zink
Joseph Zlantunich
William Zurn







Freshman Class Officers: left to right:

1. Benny Fickson (Pres.)
2. Lisa Deener (V.P.)
3. Eric Gagnon (Sec.)
4. Ann Bowdidge (Rep.)
5. Samuel Howard (Rep.)

FRESHMEN

Carrie Ackerman
 Violetta Aeschbacher
 Kristi Agles
 Robert Aiello
 Keith Akioka
 Jolen Aldaya



Danilo Aleman



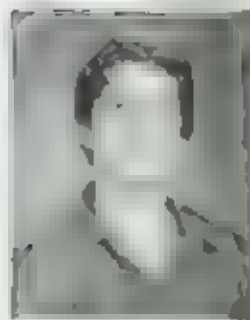
Thomas Allison



Tony An



Jeffrey Anderson

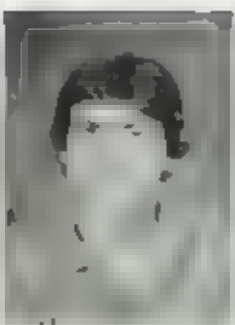
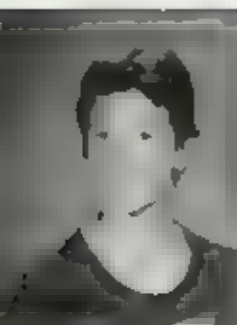


Roger Arbelbide



Phillip Asaro
 Bernadette Attard
 Jim Avanzino
 Shawn Azzopardi
 Kelli Barkell
 Lynn Baus





Freddy Bermudez
Sylvia Bertoniani
Brent Biggs
Gary Bingham
Nicole Bishop
Susan Bittles



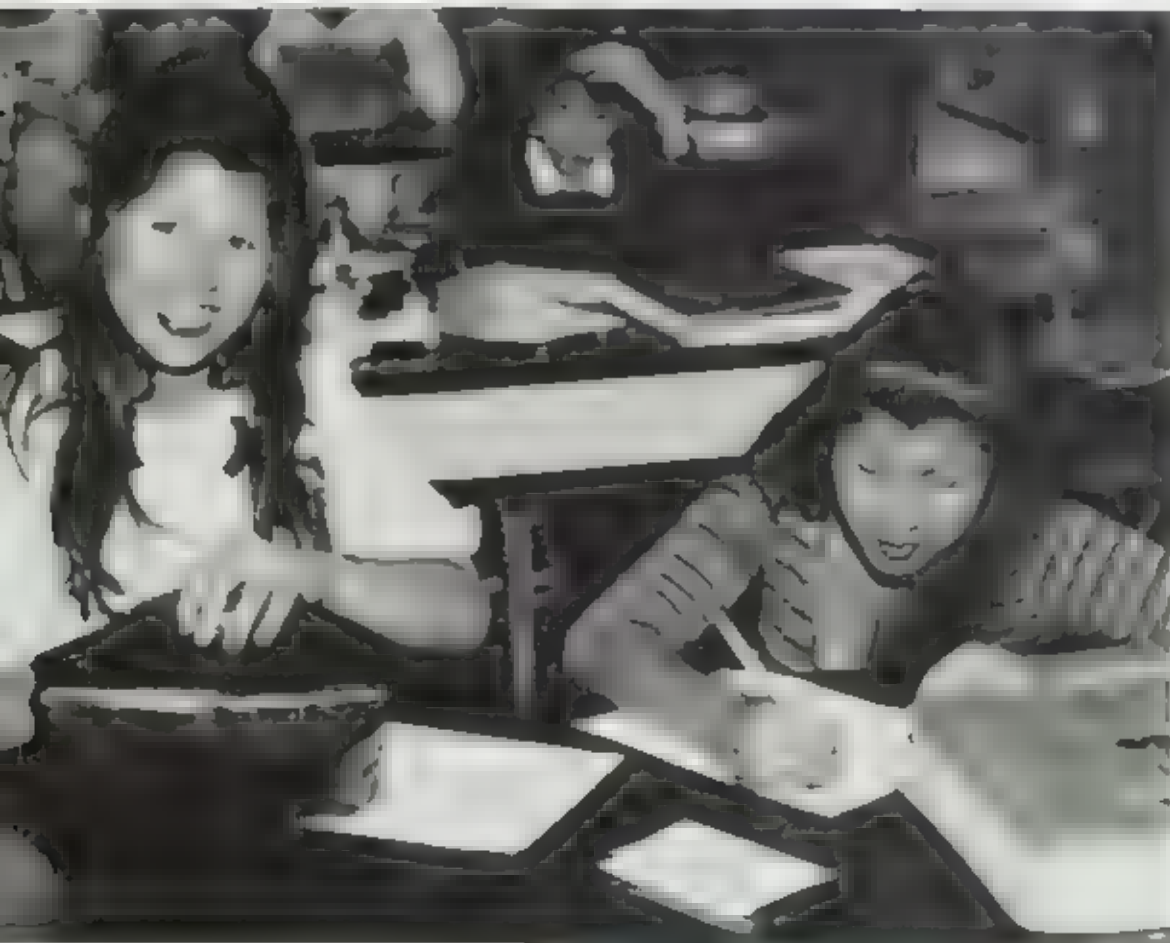
Dennis Blount
Leonardo Bologna



Darren Borg
Virginia Bottarini



Anne Bowdidge
Janee Bowker



Marina Bravo



Jesse Brown



Susan Buzzard

William Cagno
Arnold Calonge
David Cardona
Lisa Carlson
Albert Caruana
Peter Cassell



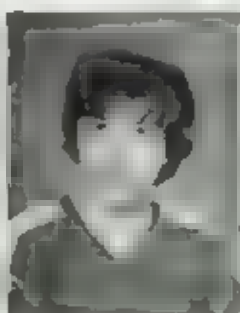
Krista Cebula
John Cesca



Guadalupe Chavez
Rafael Chavez



Keith Chelini
Charles Chelcutti
Diana Chircop
Mark Clark
Patricia Clark
Donna Coaker



Edward Cocker

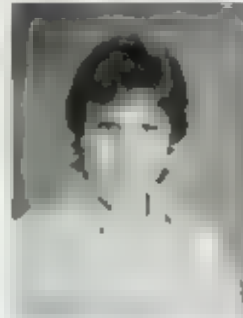


Cris Cohen



Dewayne Coker





Larry Cole
Sean Cope

Ben Cordbache
Claudia Cordova

Agnes Coric
Ken Cottrell

Joe Cowles
Eric Cresta
James Crossley
April Davalos
Julie Dawson
Chris Dedes

Matt Degregorio
David Delatorre

Jason Delk
Marlene Desimone

Lisa Digrande
Lisa Doerner

John Dolle
Jimmy Doukakis
Dermot Downes
Debra Drexler
Kim Duckfield
Tony Edayan



Sangie Escove
Clint Escove



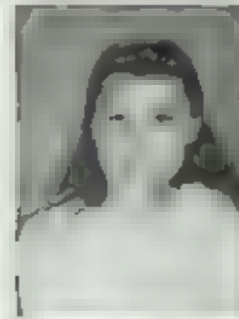
Belinda Evans
Robert Fair



Angela Fatasco
Erick Fernandez
Tracy Feudner
Sampieri Finau
Kevin Fitzpatrick
Dan Flahavan



Kevin Flall
Etelinda Flores



Joanne Flynn
Bret Ford



Cheryl Franke
Lilly Fu
Claudia Fuentes
Erick Gagnon
Racel Gallardo
Robert Garza





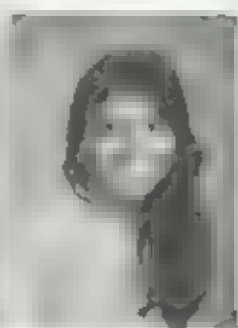
Lori Gibble



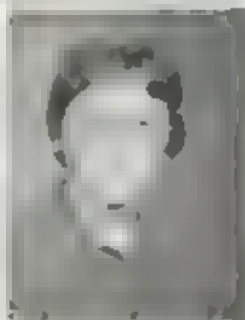
Joanne Godreau



Ernest Gomez



Orlando Gomez
Laura Gonzales
Maureen Goundar
Tammy Graham
Trevor Graham
Mary Granados



Rose Granelli
Paul Grant



Carmen Grass
Richard Gray



Manny Griffin
Miriam Guerrero
Tina Guerrero
Anthony Guzman
Juan Guzman
Teresa Hambley

James Hardin
Gerald Haren
Suzanne Harlman
Lenard Hatton
Diane Haungatau
Sharon Helm



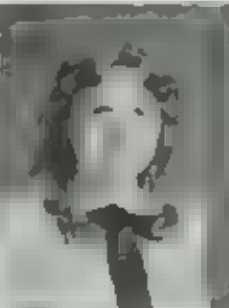
Kevin Helmig
Michael Herbert



Paul Hewitt
Jennifer Higgins



Michael Hols
Bruce Holcomb
Barbara Holland
Staci Hopper
Daniel Howard
Sarah Howell



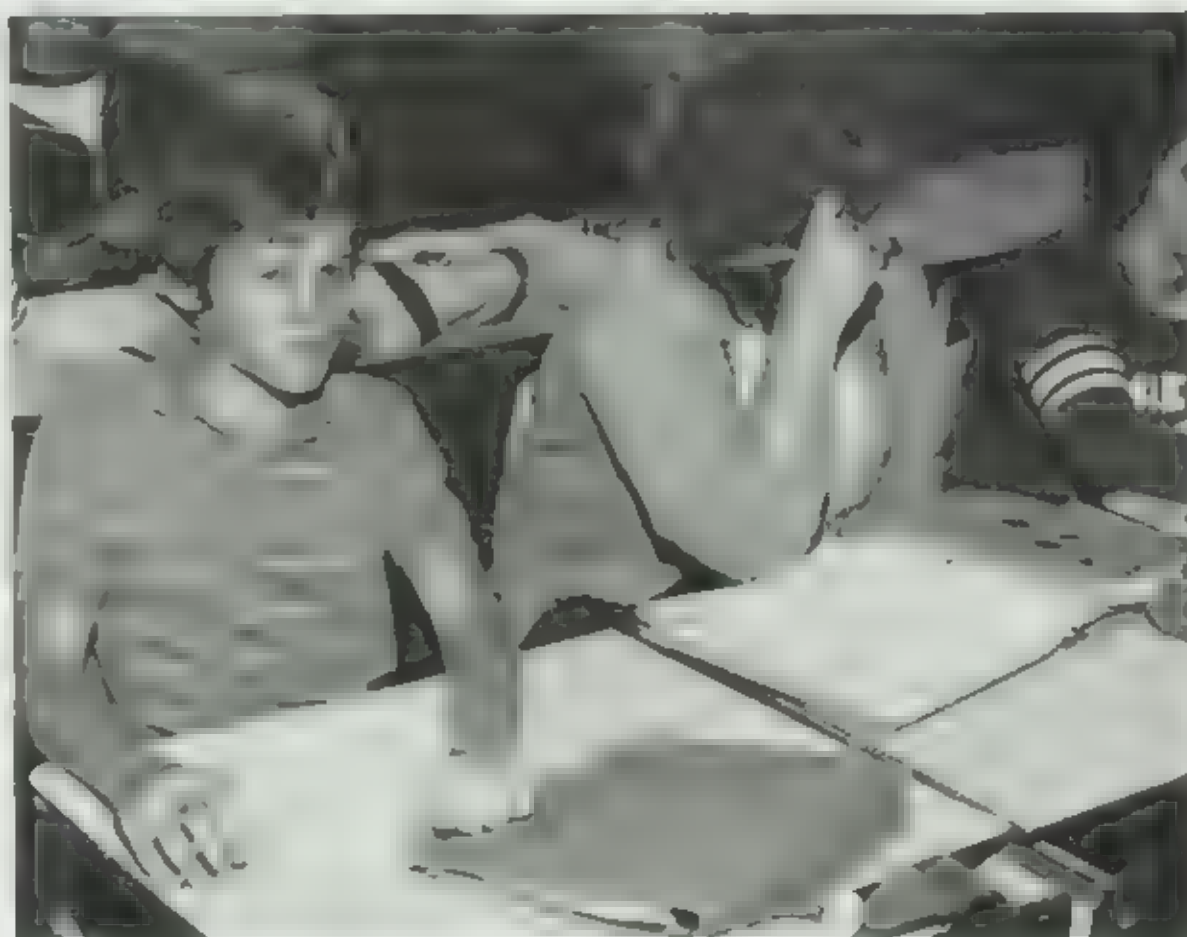
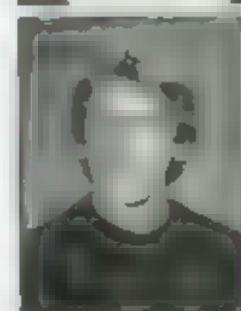
Ping Hung

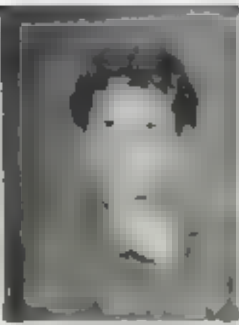


Ron Hunter

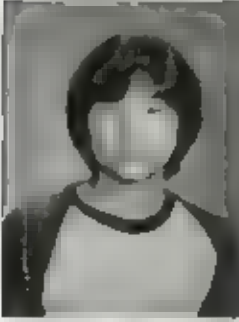


Ryan Imboden





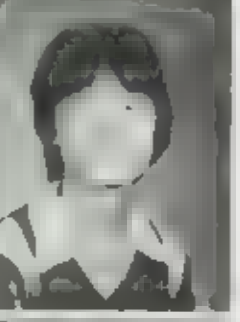
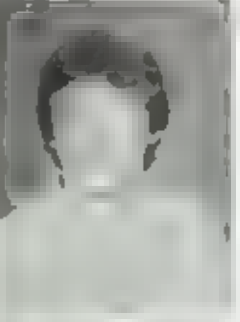
Ina Kristine
Michael Isaacs
Kimberly Isola
Jason Jensen
Louis Johnson
Jasna Juric



Mike Ka
Jason Kallenhorn

Joann Kayser
Chris Kelly

Michael Kelly
Patricia Kelly



Dan Kilgariff

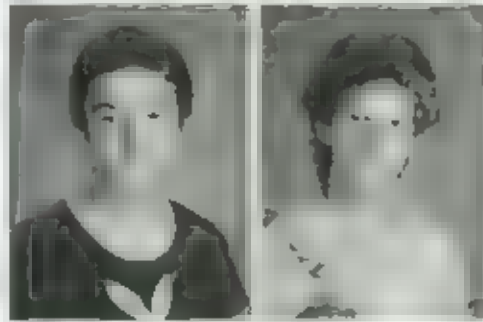
Dan Kim

Gary Kimble

Carolyn Kinel
Mall King
Steven King
Michael Kingler
Scott Krahn
Joell Kwartz



Charles Ladouceur
Paul Larol



Richard Laura
Joe Lavulo



Ed Lebrocquy
Clarese Lemberger



Larry Lencioni
Heather Lewis



Jay Lindblom
Ken Lipke
Steve Loncaric
Richard Lopez
Lisa Luehs
Craig Mah

Erin Maiolini
Maurice Malabed
Dina Maipassi
Dennis Mann
Todd Marsall
Sarah Mason



Paul Martin
Marianne Maxwell
Dena Mayers
James McAllister
Searn McClurg
Sean McDermott



Steve McDonagh
David Meade
Rene Medrano
Joe Melander
Julie Melendres
Gina Michelucci

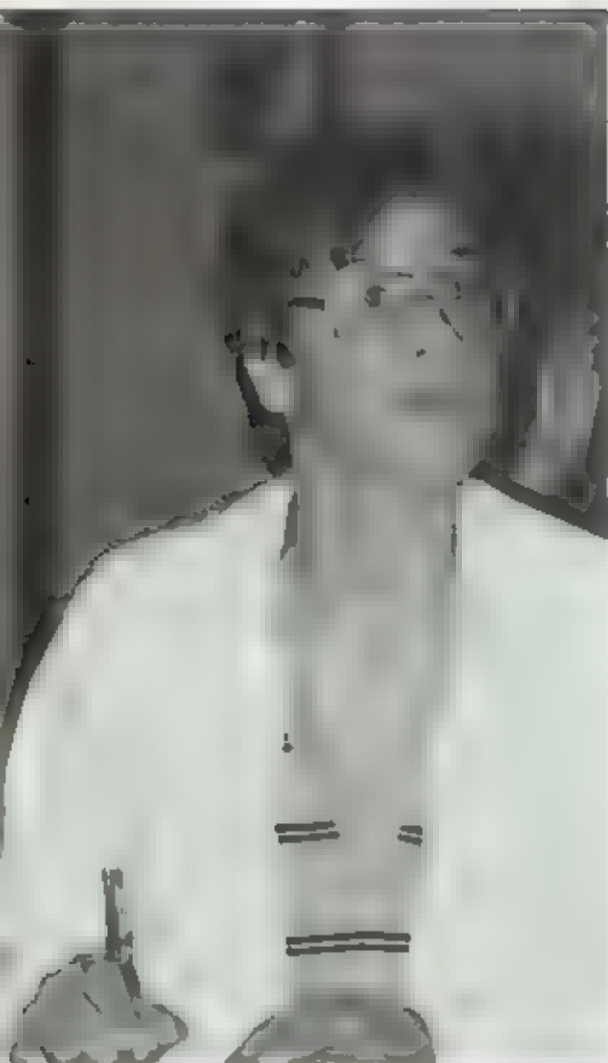


Kim Minor
William Mitchell
Michael Modica
Marna Moncada
David Montes
Jay Morris



Jacqueline Moses
Steven Molroni
Lisa Munoz
Suzanne Murray
Kevin Nash
Jennifer Neal





Becky Nelson
Troy Nelson
Jerry Newell



Pamela Newman
Kristine Nichols
Timothy Obler

Ronald Ogata
Marlin Okane
Crystal Olsen



Brad Olson
Daniel Opheim
Kim Osborn
Kathleen Parham
Dean Parodi
Reed Pautsen



Richard Perea
Moses Perez
Raymond Perez

Richard Perez
Angela Perry
Patrick Peterson





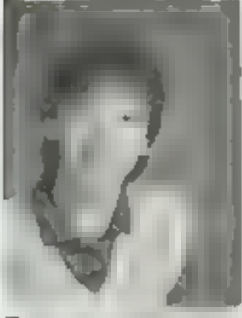
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Jason Picetti



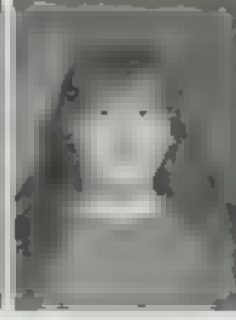
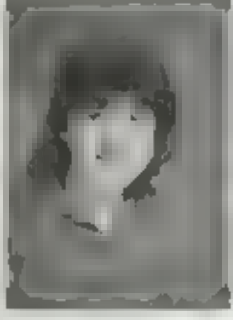
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Kristal Pittman
Fane Pontini
Anjela Prasad
Sean Prasad
Vivek Prasad



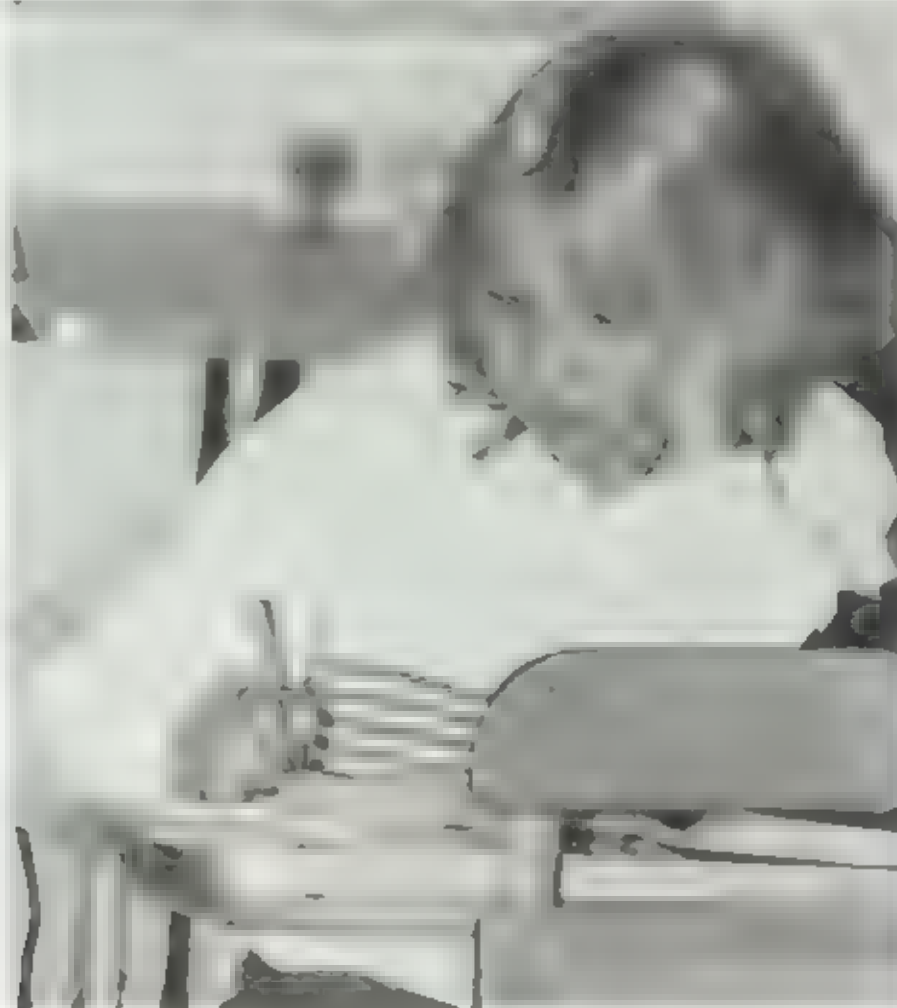
Shannon Prosch



Christina Puchreiter



John Quintell
Janine Ramirez
Joshine Rameriz
Reanna Rappenecker
Tina Rarick
Stephen Raul



Lamen Reddy
Noel Reyes



Carolyn Rinehart
Ralph Rodrigues

Guilla Rodriguez
James Rogers
Michael Rossi
Vasiliki Rozakis
Gregory Ryan
Maria Sakkos



Patrice Samson
Mary Sanchez
Billie Sarasua
Paul Sassenberg
Dean Scarpulla
Frederic Schiantarelli



Deborah Schreiber
Daniel SeEVERS



Stacy Sendner
George Seoud



Brian Seymour
Kevin Shandy



Gina Sherry
Katya ShikaloFF
Robert Sibille
Henry Silberberg
Angelina Singh
Mahendar Singh



Kristen Snow
Bradley Sonnenburg
Michael Sosa
Carlos Soto
Patricia Sowell

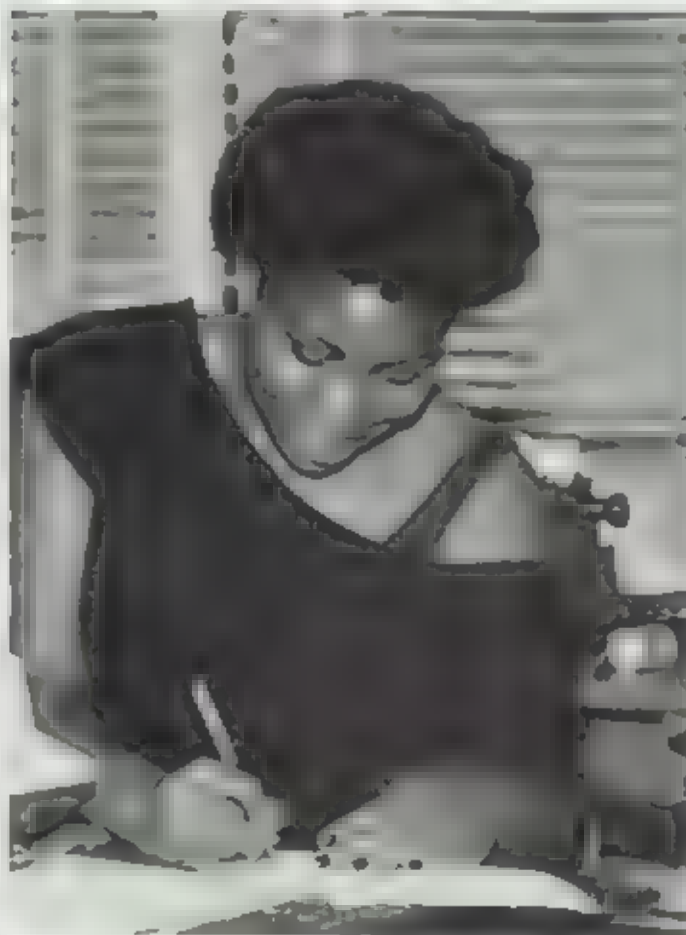




Sandy Sowles
Kirk Sparks
Laura Speckman

Dustin Steenvoorde
Michael Steffan
Michael Stokes

Stacy Stowe
Suzanne Stowe
Tim Strach



Rickann Stevens
Roberta Stevens
Heather Stewart

George Susoev
Fadya Tannous
Steve Sundberg

D'Arlangan Tabor
Tina Thomas
Vernon Thompson

Nancy Tiernan
Tony Tieso
Tamitha Tomasello
Maria Topole
Karen Tobrewer

Lisa Torres



Steve Toulze



Joanna Trujillo



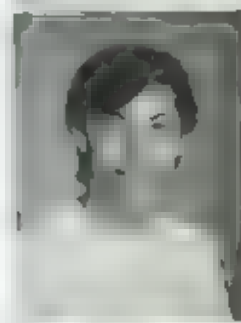
Annette Valdez
Debra Vascherault
Patricia Vega
Loketi Vermau
Virginia Velasquez
Dwayne Verna



Thomas Vernale



Bobby Viana



Sharon Victor





Janet Villazon
Bridget Walsh
Dennis Wedeking
Julie Wendling
Donald Wengler
Charles Wheeler



Stephanie Wiggins
Kelly Wild
Sarah Williams
Stephanie Williams
Don Willie
Jeanette Wolf



Justin Wooster
Bernardo Yeo

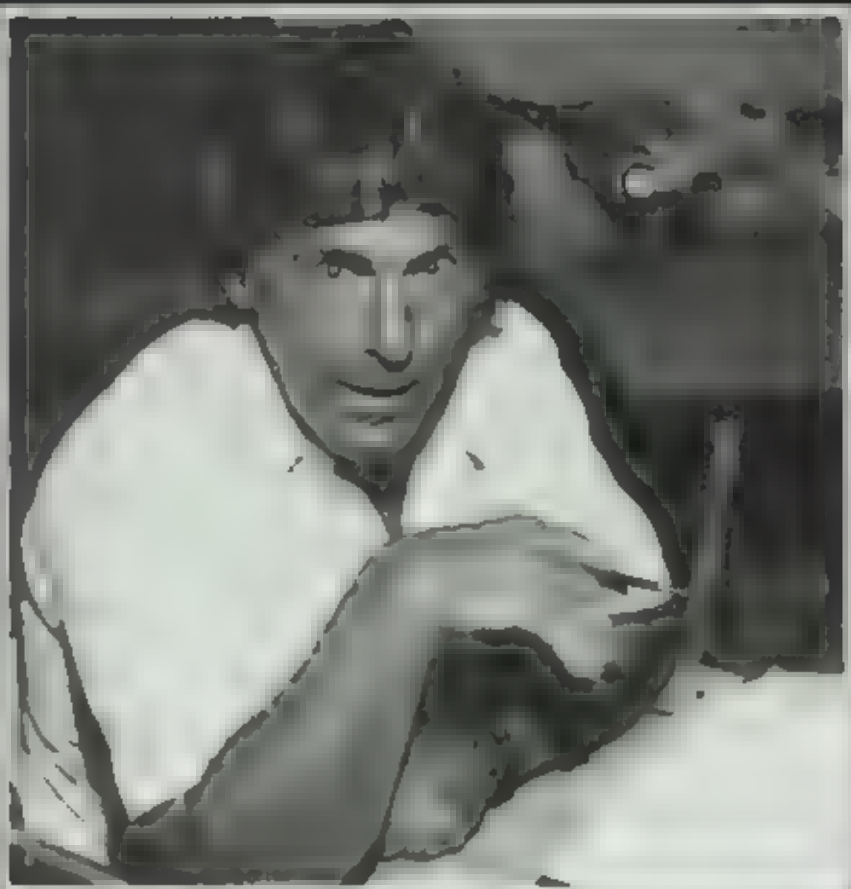
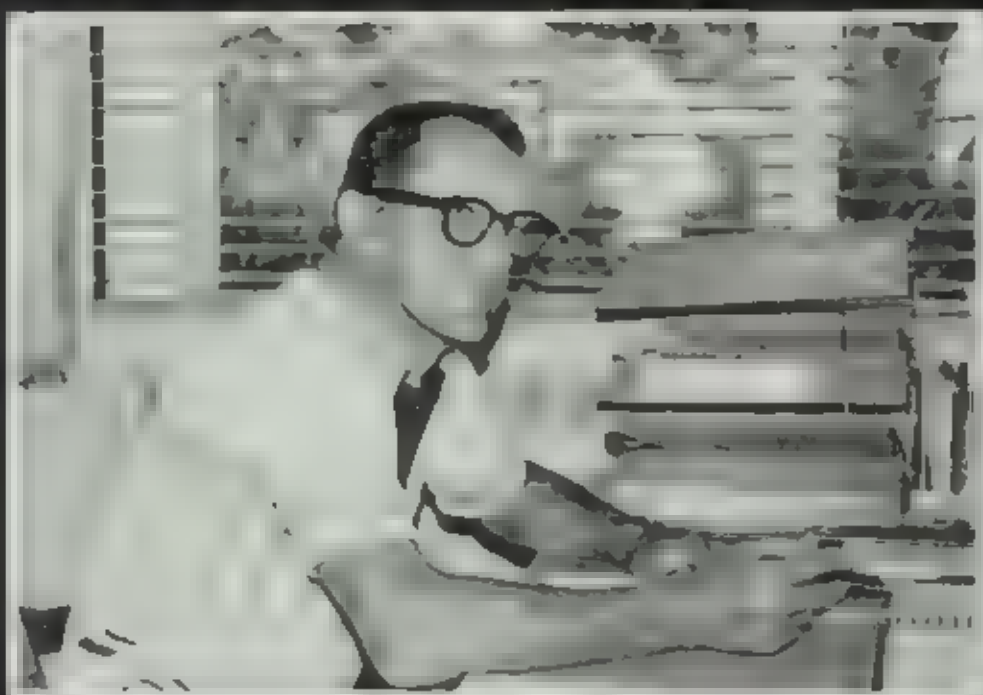


David Young
Tomoko Yurugi



Michael Zakis
Brenda Wynn







THE V.I.P.'S OF CAP



George Robinson, Assistant Principal, Operations; Hershel Herzberg, Assistant Principal, SIP; Wendy Giuntini, Assistant Principal, Student Services; Samuel Johnson, Principal; Gerald Arrigoni, Assistant Principal, Educational Services.

Nothing is as empty as lives filled with consuming loneliness and gnawing regrets about what might have been. The poetry and songs of centuries echo in many ways the human calamity of unfulfilled hopes and smashed dreams. No such despair characterizes the Class of 1984.

Your class, the first to complete its entire high school sequence in the "NEW" Capuchino, recognized from the beginning that high school is, in a sense, the last stop of your young years, and your experiences here seem to overflow with friendship, laughter, and the unforgettably gentle pleasure of familiarity. You have respected each other; you have found and cemented lasting relationships. Above all, you have enjoyed yourselves, blending academic seriousness with a light, sensitive social scene.

Milton once called time "the subtle thief of youth." Do not let this clockwork larceny destroy your zest; life is too short to tamper with the sweetness of moments well lived!

Fondly and with best wishes always,

Samuel Johnson, Jr.
Principal

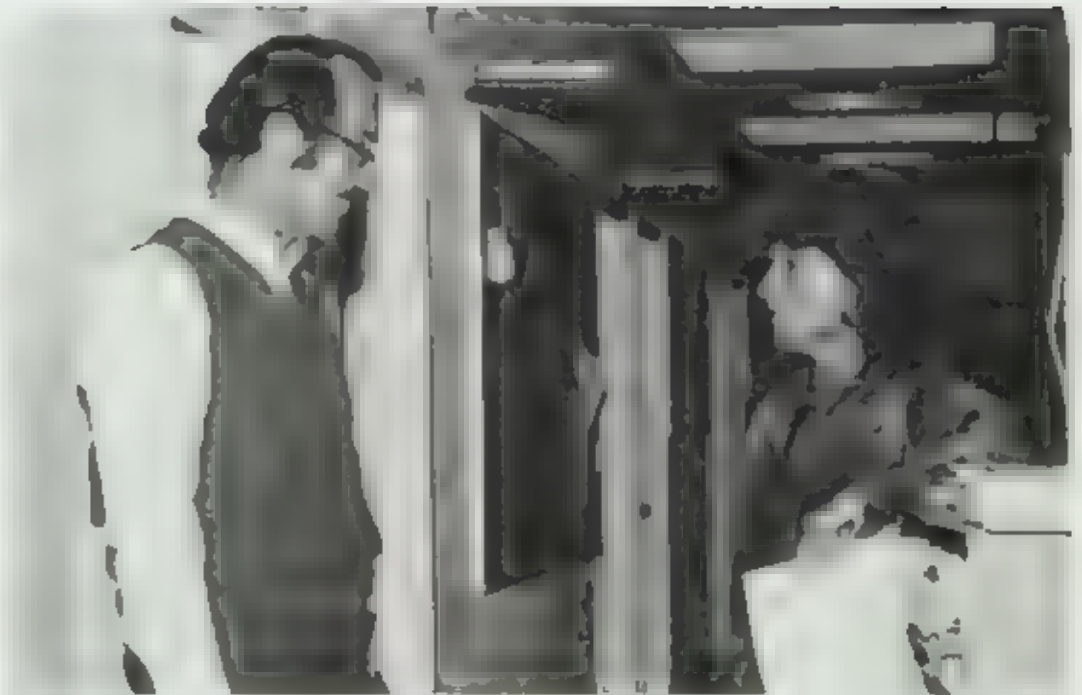


Samuel Johnson, Jr.

CAP'S COUNCIL



Jim Friedman

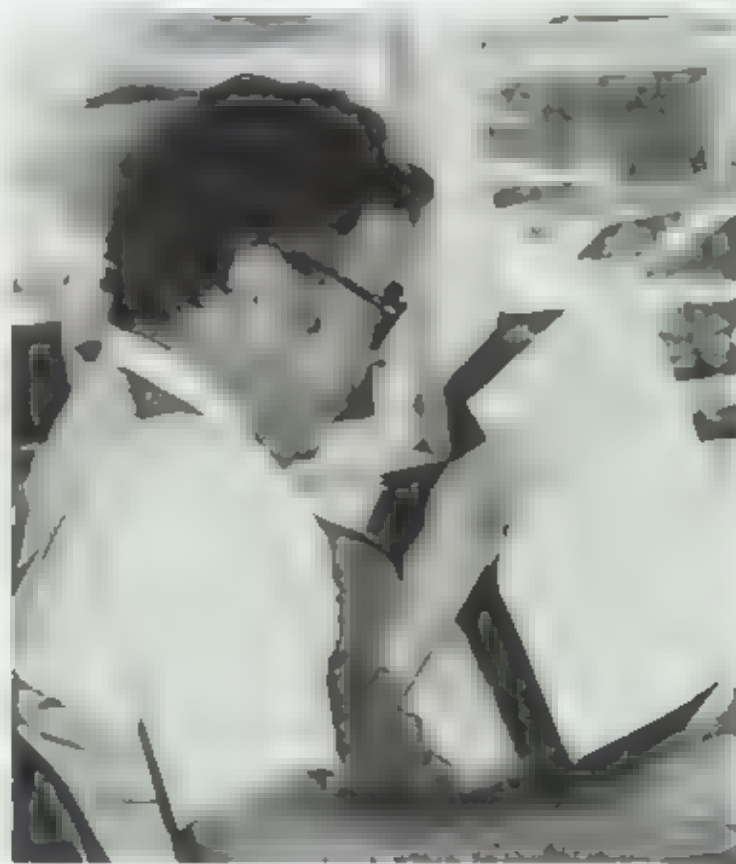


Leo Vannucci

The Guidance and Counseling Department at Capuchino High School is going through a transitional period. In the past the counselor was the true social, academic, community and psychological link the students, parents, and teachers had with the school. The counselor, for some students, became the emotional mentor for their progress through adolescence. Teachers were able to send students to counselors for behavior modification and emotional adjustment. Because of staff reductions in counseling, some services have been reduced or transferred to other agencies, thus causing a new direction in guidance. Guidance in high school is now directed toward academic, vocational, college and career counseling. The Guidance Department and Career Center work closer than ever. More group counseling and less individual service will be given to students and parents. Teachers are becoming more involved in programming and testing.

Guidance services face their greatest change in many years. However, one factor should always remain a part of the service—the humanistic approach to dealing with problems. Teenagers will continue to have problems, and counselors should always be there to help.

Gerald Arrigoni
Assistant Principal, Educational Services



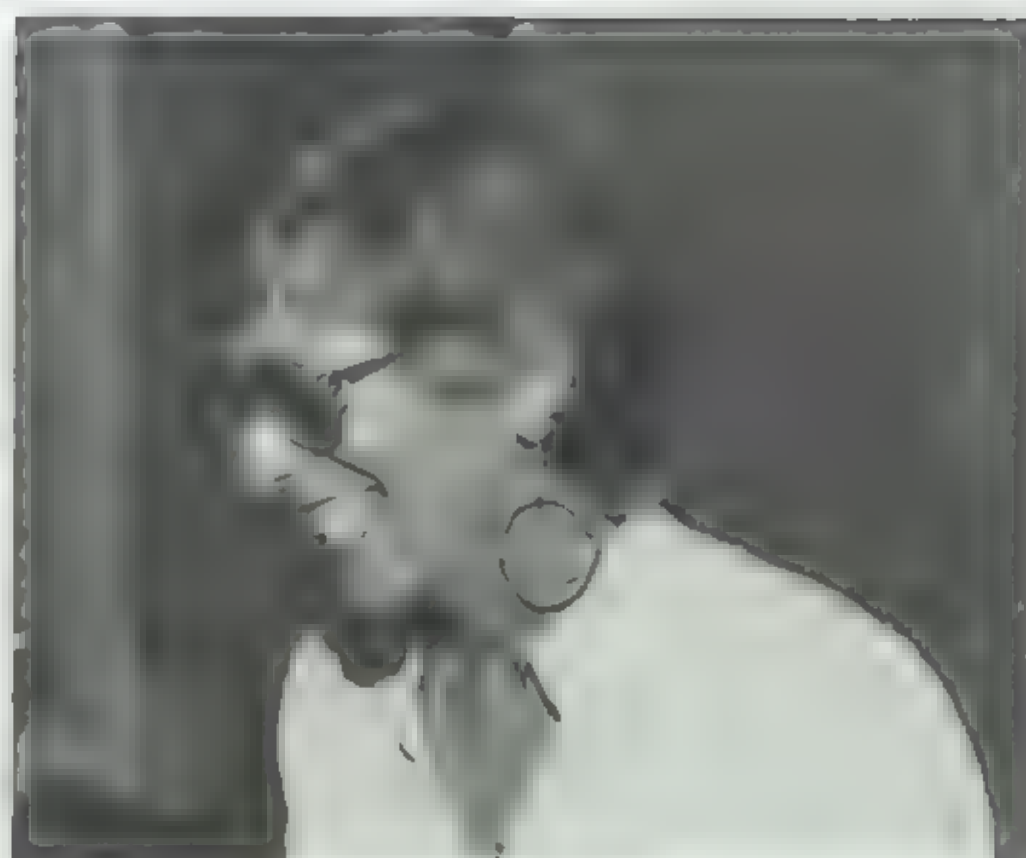
William Greenleaf

SPECIAL

Diana Hall



Patricia Mueller-Vollmer



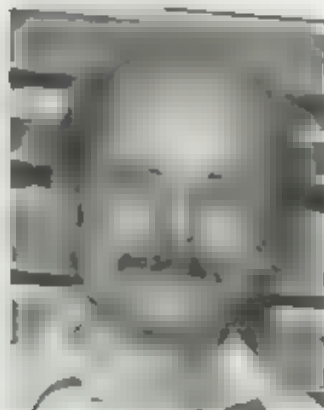
John Weatherman
Lynn Raymond



Karlette Westall
Ann Holmes



ASSIGNMENTS



Dennis Tapley



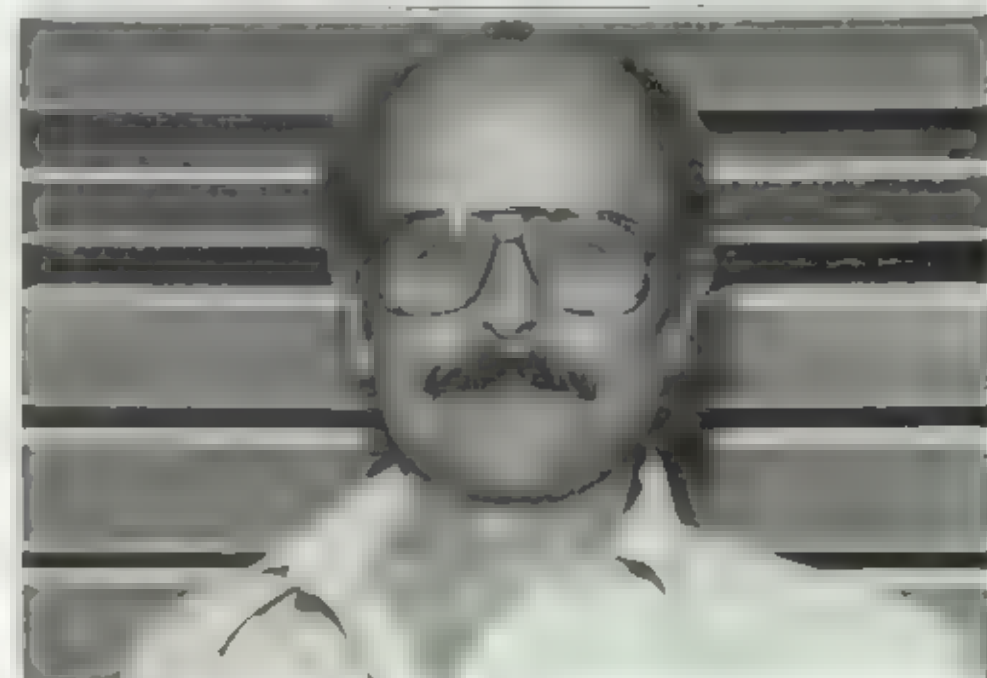
Charles Kent



Harry Morrow



Marie O'Rourke



ENGLISH... GRAMMATICALLY GREAT!!!



Ralph Daniels
Jens Shurk
Ann Dieye
Don Dake (Dept Head)



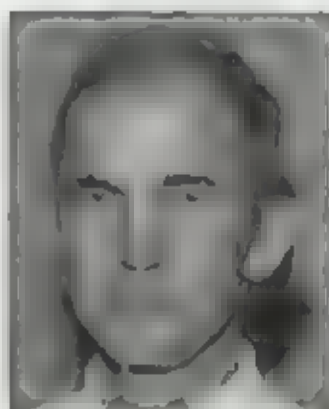
Norman Smith
Bernard Selna
John Field
Jennifer Fraser



Martin Smith
Pat Paolucci
Marlene Hubbard



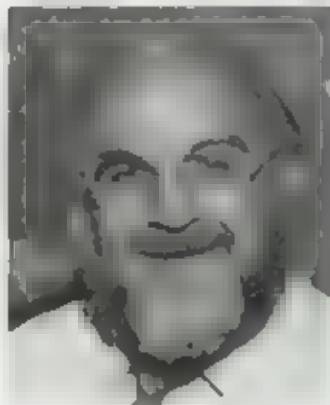
WE'VE MADE HISTORY!!!



Devola Nelson
Frank Damon
Harry Eagan



Betty Lumpkin
David Bennett
Myrna Dake



Ken LaCrosse
Arthur Lepore
Herchel Herzberg (Dept Head)

MATH...IT ALL ADDS UP

Cecil Davis



Robert Grassmyer



Floyd Gordon



Robert Cooper



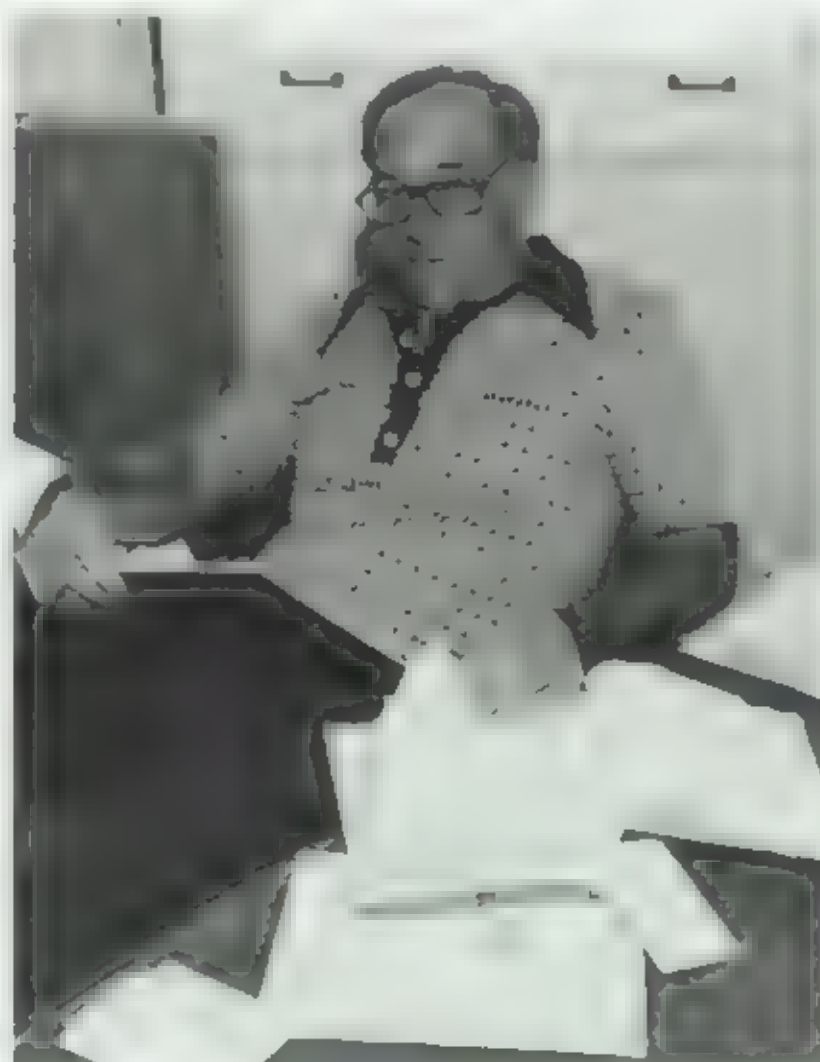
Dominic Mandella



Jonathan Osborn



John Browne



SCIENCE . . . IT'S ALIVE!!!

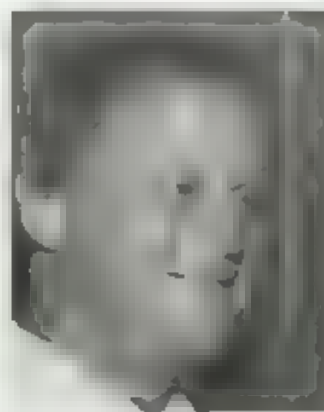


Ronald Etherton
Dept. Head

Gordon Lundgren

Ernest Baber

Gary Fry



LANGUAGE: ADIOS, AU REVOIR, CIAO

Lynn Dinelli



Dan Santos-Dept Head



Julian Miguel



William Dowdney-ESL



Stanley Medders



BUSINESS . . . ACCOUNTS FOR IT ALL!!!

Roger Selsback-Dept Head



Jean Ellingsen



Jim Friedman



Brenda Woodward

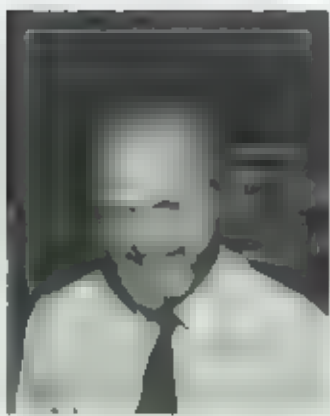


Elaine Farmer

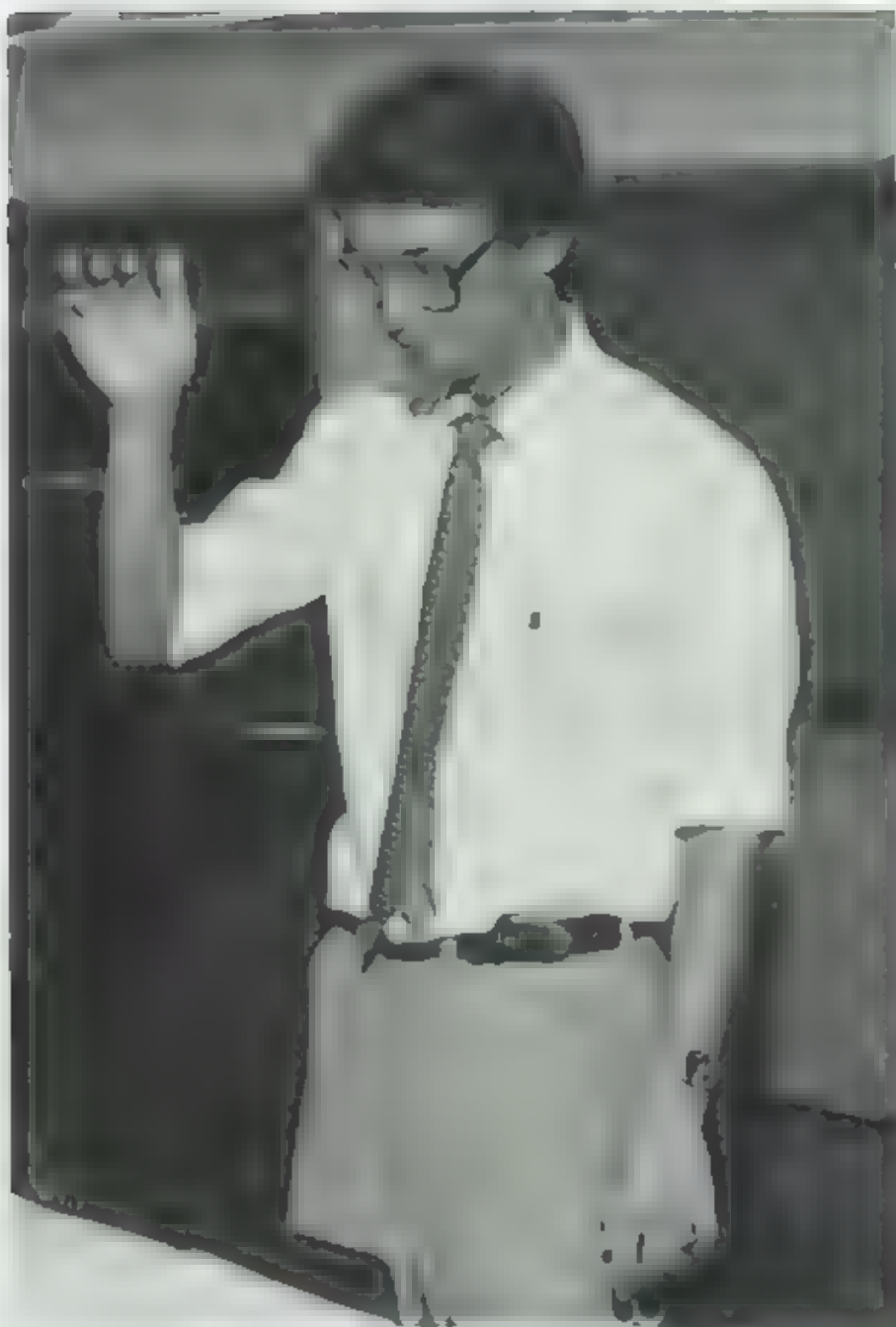


FINE ARTS

Robert Wait-Dept Head



David Martin



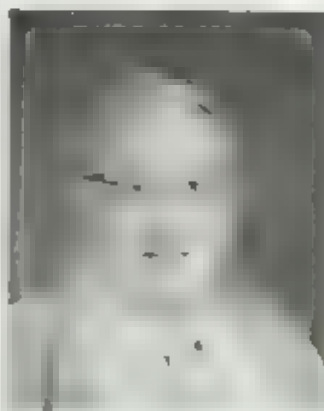
INDUSTRIAL ARTS



Robert Wilkens-Dept. Head



Raymond Chan



John Harlan



Kurt Krueger



WE'RE COOKING NOW!!!



Vivi Sarentitis-Dept. Head



Marjorie McCarthy



Sally Gallagher



PE WITH PIZAZZ!!!



Vincent Marchi-Dept Head



Allan Stanbridge



Donald Laclergue



Shirley Larsen
Sylvia Cuneo
Ernest Schnurpfer



CAPUCHINO'S CLERKS AND AIDES



Corrine Kahler
Counseling Secretary
Anna Marie Peponis
Attendance/Receptionist
Diana Ogawa
Speech Therapist



Rose Kindorf
School Secretary
Audrey Dent
Data Processing Clerk
Audrey Zanabini
Attendance Clerk



Maggie Raiston
Health Office Clerk
Sandra Woodard
Receptionist
Virginia Scoles
MOG Secretary



Judi Preusse
Instructional Aide
Tiny Sand
Instructional Aide
Judy D'Augusta
Instructional Aide



Joyce Wagner
Faculty Clerk
Beatrice Champione
Instructional Aide
Barbara Baxter
Instructional Aide



Carol Oake.
Instructional Aide
Fowler
Speech Pathologist
Nancy Kraus.
Publicity
Wilma Zumatego
Instructional Aide



Lee Carpine
Instructional Aide
Maureen & MacNichol.
Ingrid Shurk.
Instructional Aide
Arlene Zarou
Career Center Coordinator



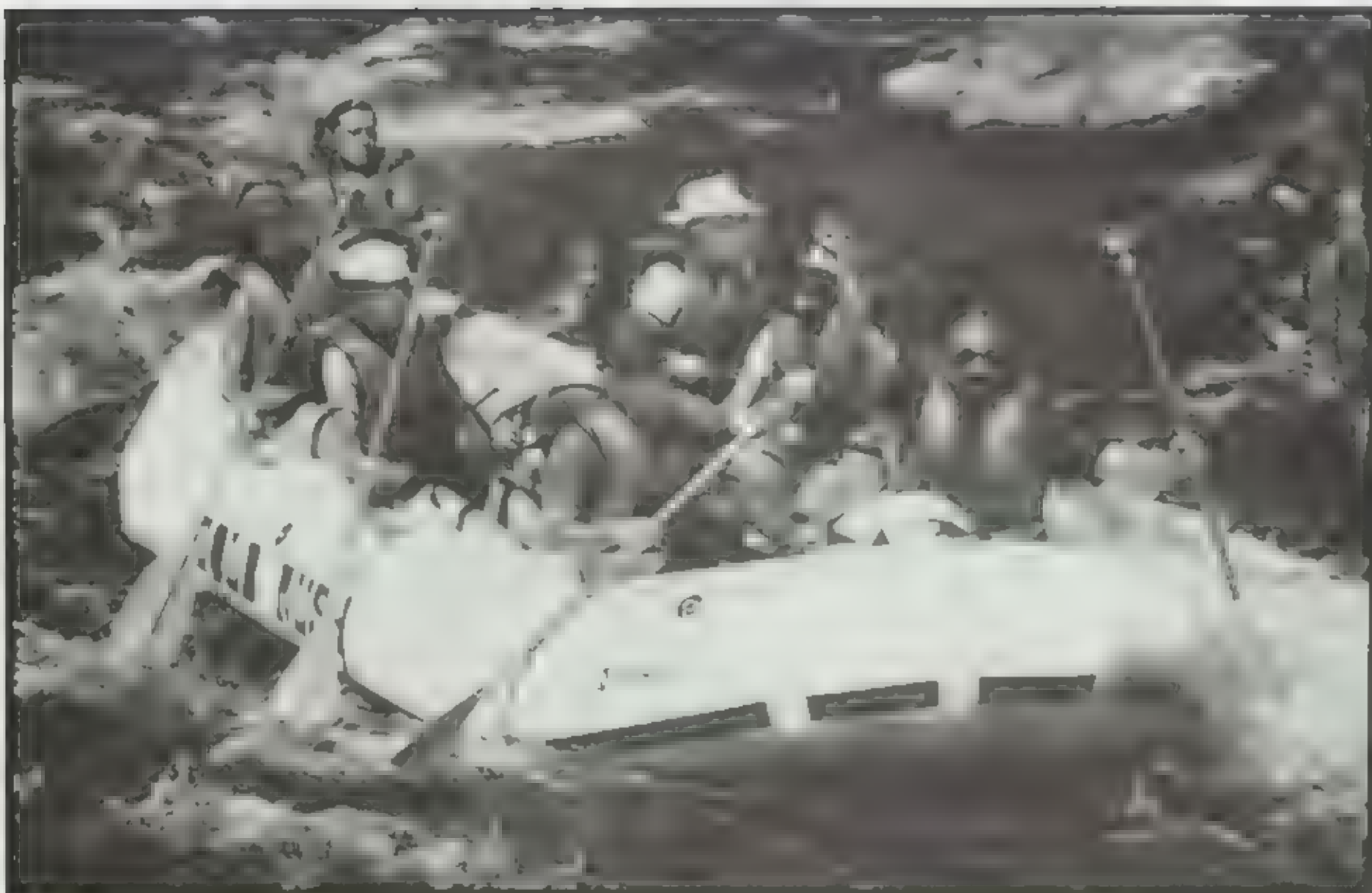
Kevin Kachadourian.
Instructional Aide
Macon Banks.
Instructional Aide
Bob Velez
Campus Aide



Left to Right: Myrtle Heath, Aide; Jordyce Hyink, Aide; Jane Jackson, Librarian.



1983 SAN FRANCISCO MARATHON

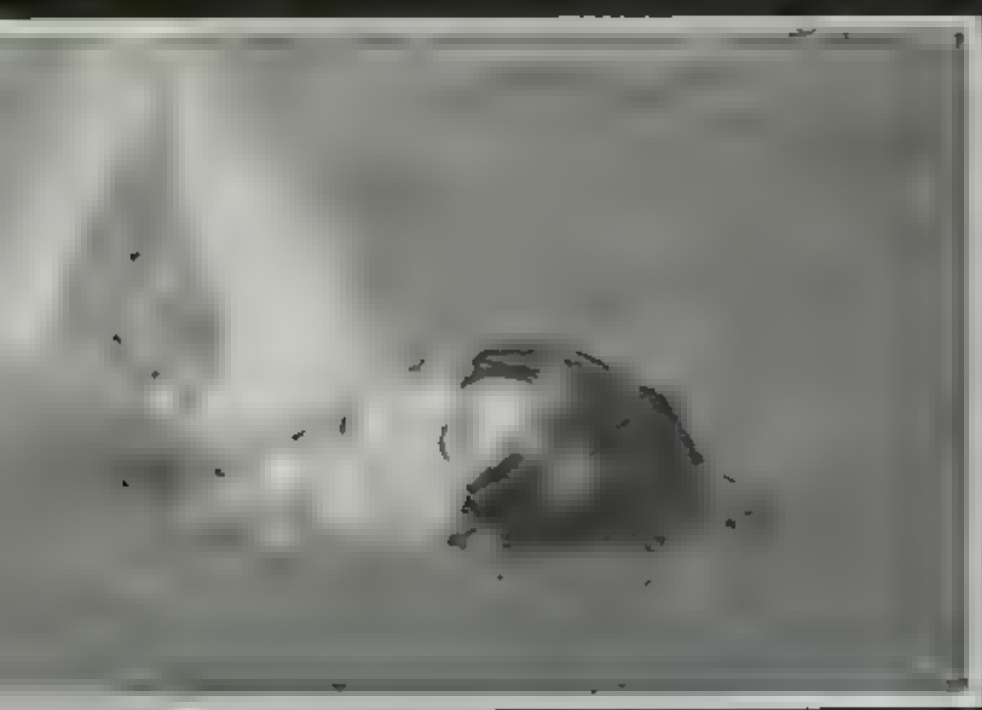


Teachers don't spend all their spare time correcting tests and making lesson plans. Not only is our science department head Ron Etherton a long distance runner, but he also enjoys white water rafting. Jerry Arrigoni and Wendy Giuntini obviously also enjoy the sport as they accompany Ron. Meanwhile our principal, Mr. Johnson, and his family enjoy a quiet pancake breakfast prepared by the cap band.

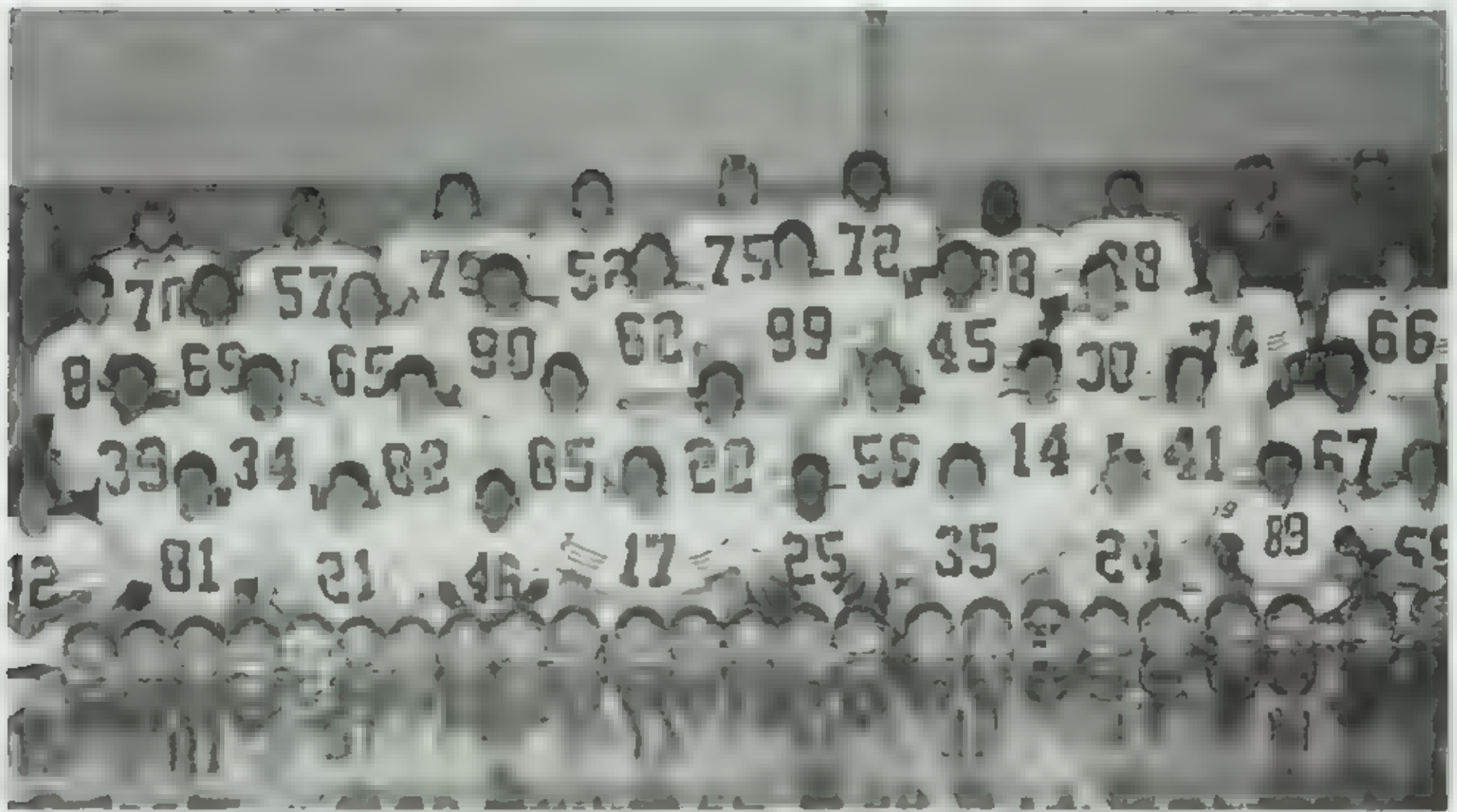




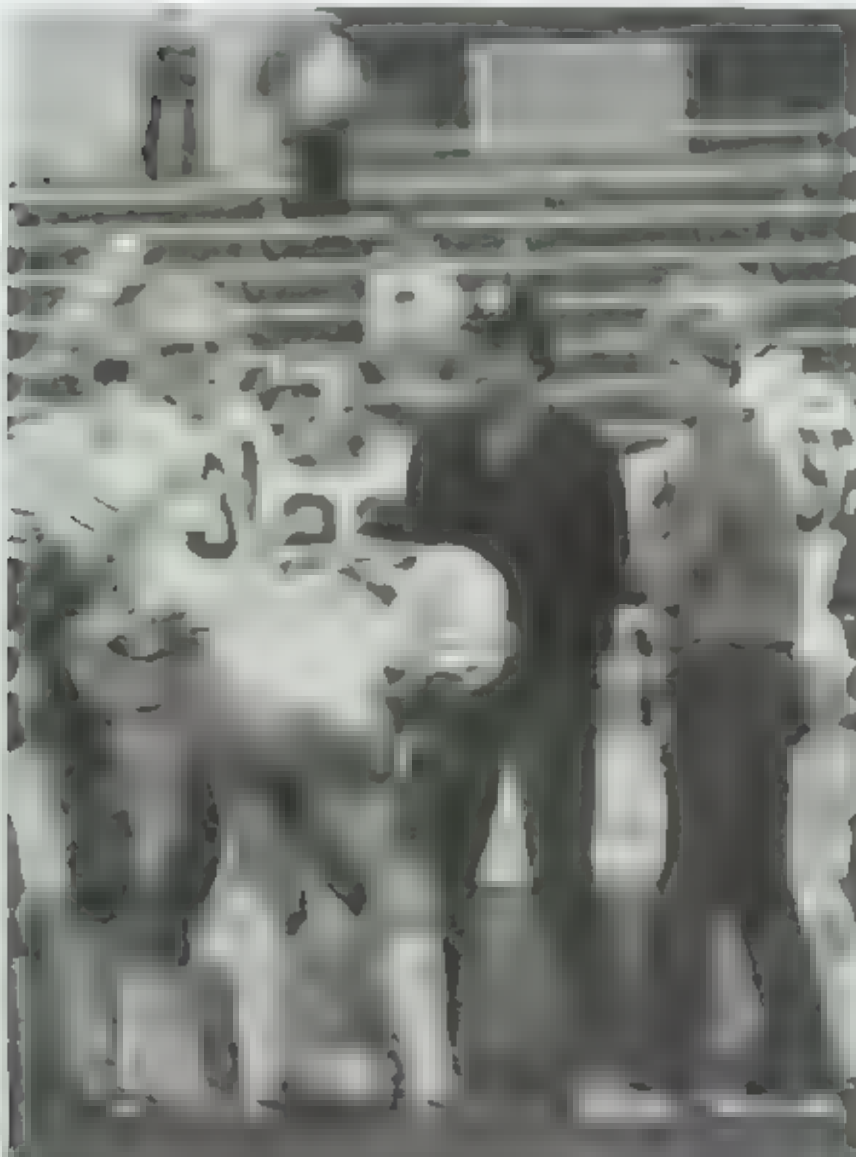
S P O R T S



VARSITY FOOTBALL

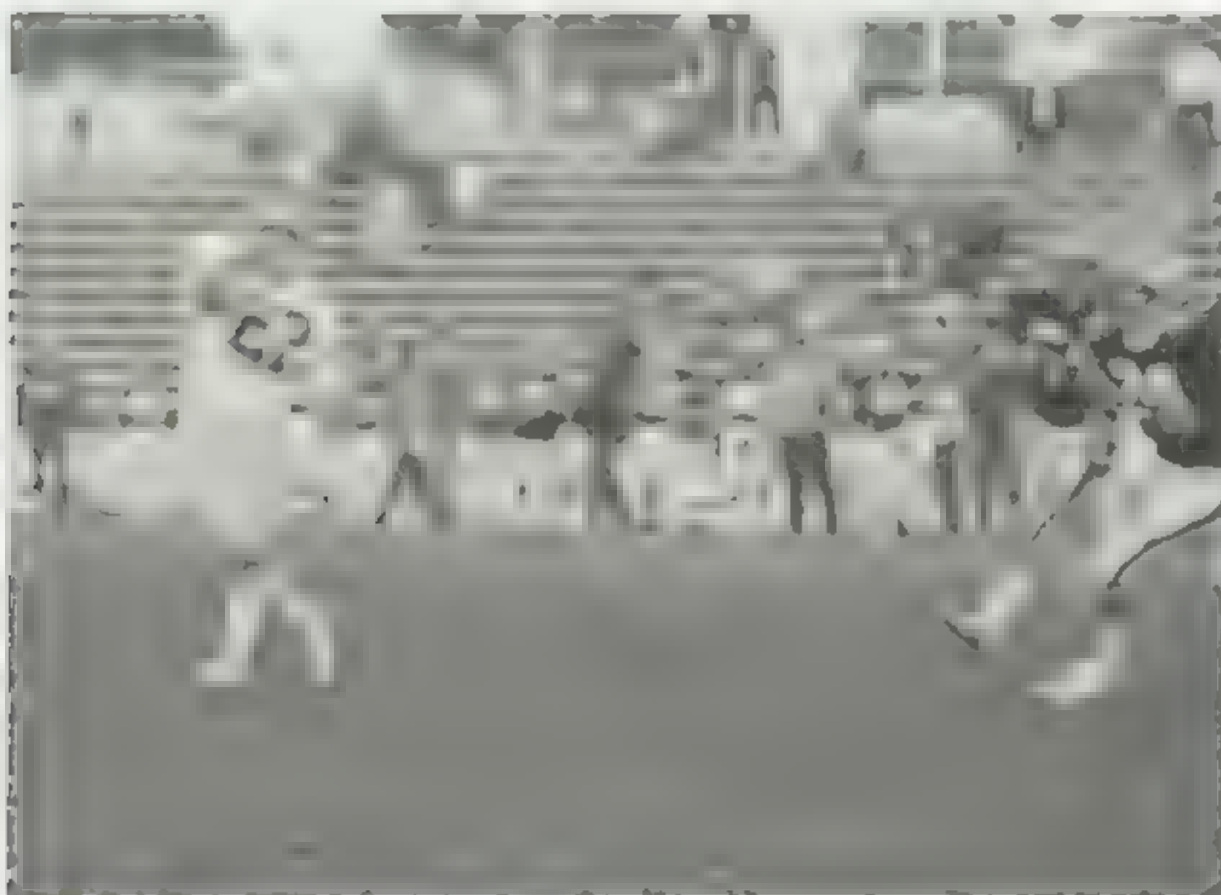


Top Row: Head Coach Al Steenvoorde, Tim McGarvey, Steve Astesano, Dino Tsortanidis, Tom Smurthwaite, Rob Egging, Robin Nijor, Darren Brown, Hector Martinez, Coach Bailey, Coach Harnes. Third Row: Team Manager Kurt Sanvick, Dan Dowling, Gualbert Yeo, Dan Nielson, Rod Ruiz, Rod Lyall, Rob Sinclair, Jarvis Mahe, Brian Kiou, Dave Neal, Gene Semenza. Second Row: Charlie Fakahua, Tony Taluna, John Kilgariff, John Beals, Steve Juvera, Eric VanSchoor, Aram Kaloustian, Matt Coates, Chuck Sanchez. Bottom Row: Sal Alioto, Maurice Sarrano, Bruce Zillau, Andre Bossett, Steve Oliver, Brian Jefferson, Tony Hart, Brian Dawson, Steve Framilia, Steve Puccini. Missing: Chris O'Sullivan.





The clash of offense and defense.



Quarterback Steve Juvera follows through

Tony Tufuna in the clear



Cap "D" ready for action



Mustangs stretch-out

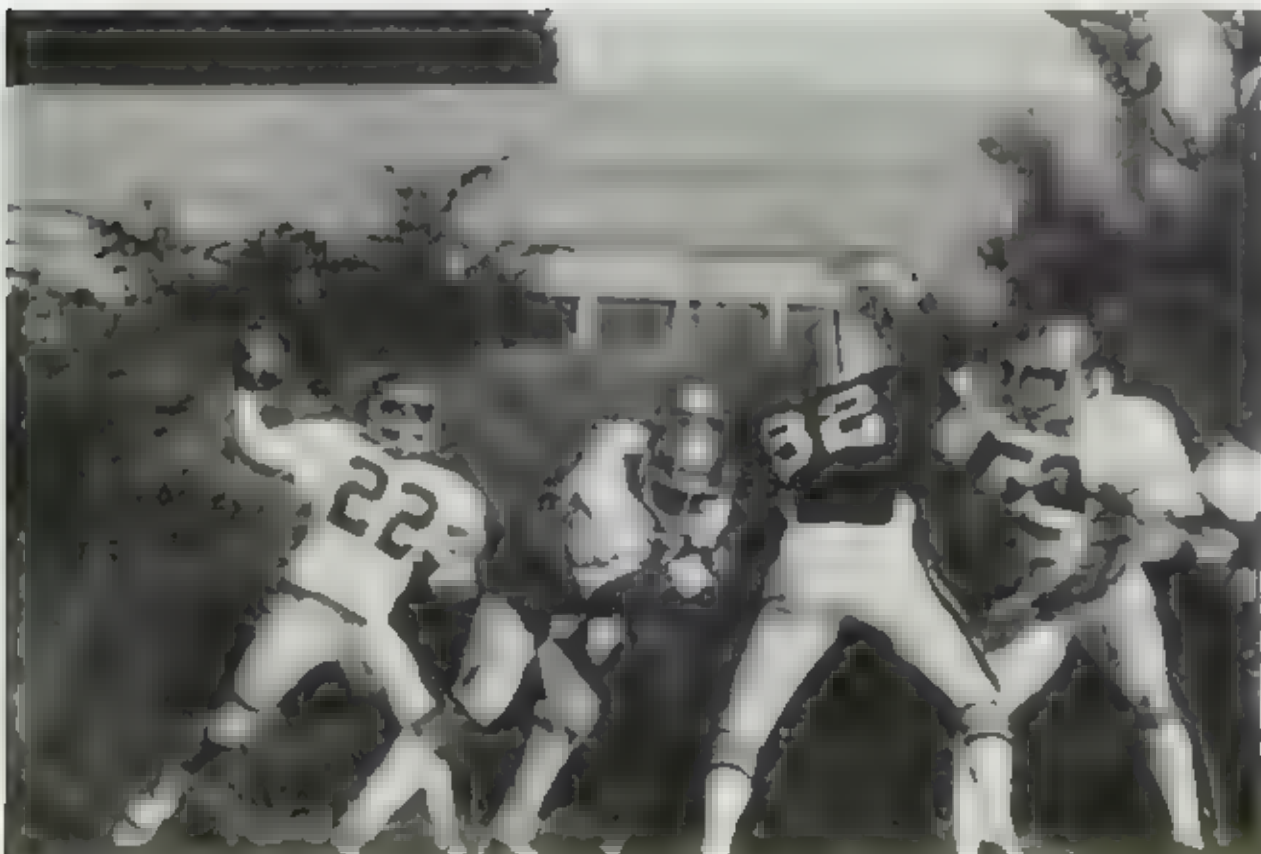
Off with the snap





Defense anticipates

Mustangs offense signals touchdown



Juvera lets one fly



Across our nation, Varsity Football is considered "the sport" in terms of popularity. At Capuchino this mood may have slacked in recent years. Cap has not produced a winning season since 1980 and an outright championship since 1966

However, things are looking up for the Mustangs. With the transition of Al Steenvorde to Head Coach, the varsity team has gained some character. Although the Varsity team of 1983 may not have won any games, they did win the respect of their coaches.

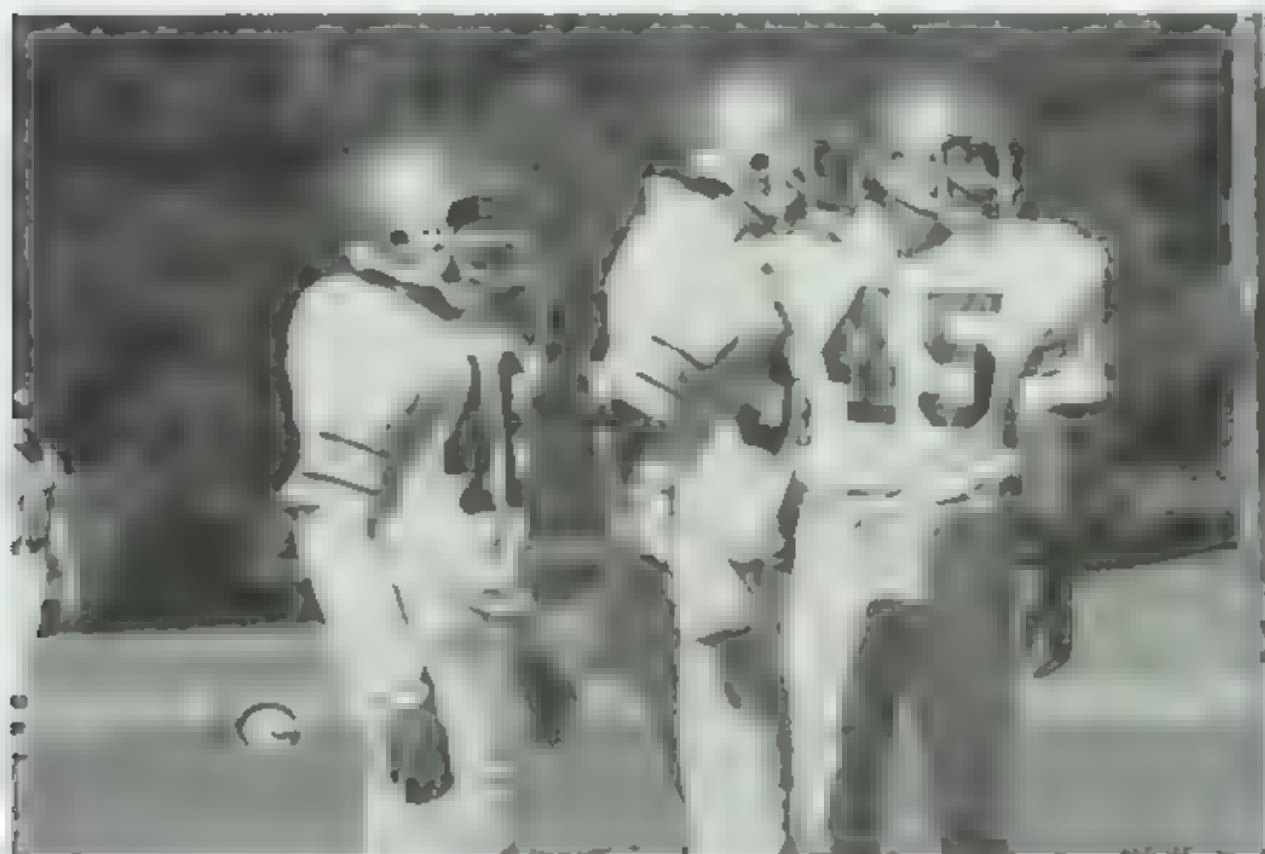
The Mustangs suffered through an 0-9-1 season in 1983. Throughout the season the team never quit and the players held a "never say die" attitude right up to the final gun of the Mills game. Despite a dismal record, there were several bright spots on the squad-1st team all-league, John Beals, led the C.C.S. in receptions while 1st team all league defensive back, Steve Juvera, led the county in interceptions. The team's finest hour came against P.A.L. champions Hillsdale, who the Mustangs battled in a hard fought 14-14 tie. The Tanga also played well when their offense cranked-up forty points against San Mateo in a losing effort.

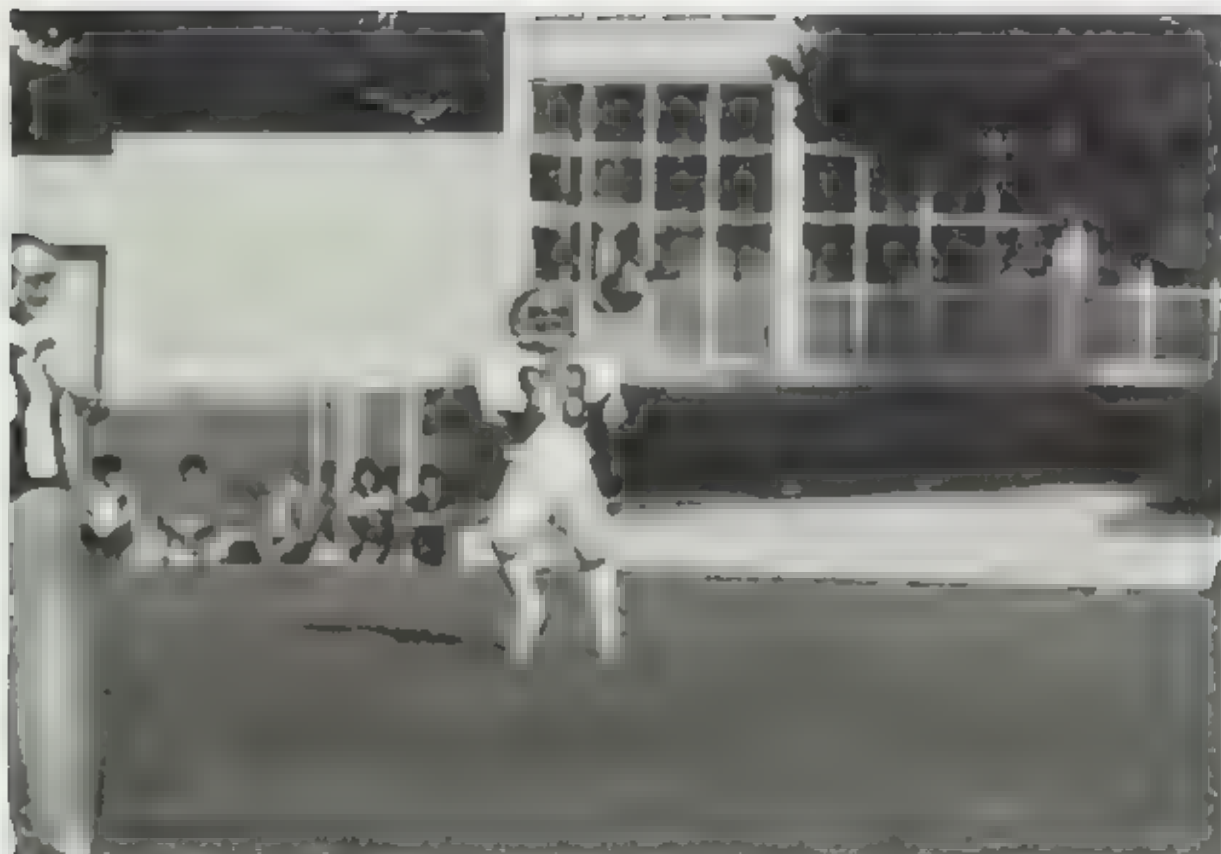
The squad's other leaders were 2nd team all-league Tony Tafuna. Tafuna, the team's workhorse, played fullback on offense and middle linebacker on defense. Gualbert Yeo, Dino Tsortanidis and Tom Smurthwaite were all named to the Honorable Mention list. Others who excelled on the squad were wide receivers Darren Brown and Andre Bossett, John Killgariff and Dan Neilson, along with defensive players Matt Coates, Chris O'Sullivan and Jarvis Mahe.

A fine season is predicted for next year because of outstanding juniors Aram Kaloustian, Tim McGarvey, Rod Ruiz, and Steve Aatesano along with Yeo and Mahe. These players are expected to excel next year.

Coach Steenvorde was assisted this season by offensive coordinator Pete Haramis. Haramis's play calling helped keep the Mustangs in many of their games. The squad was also assisted by coaches Bob Bailey and Bob Cunningham

To the coaches the season was not a total loss. Soon after a 7-6 loss to Mills in the mud, Coach Steenvorde stated "the kids never quit as the scores all indicated; they were always tough competitors." Coach Steenvorde and his staff are looking eagerly toward the '84 season "It was a learning experience for the coaches," and he added, "Wait till next year!"





Darren Brown makes a reception

The Tanga are coming



Cap offense poised for action

FROSH SOPH FOOTBALL FINISHES STRONG



Top Row Head Coach Vince Marchi Paul Andrews James Finau Paul Johnson Joe Zlatunich, Hassan Sharifi, Mike S Dao, Milo Susmilch, Gino Daveggio, Albert Vega-Fagioni Garret Kehr Elias Juric 4th row Coach Al Brondolo, Mike Price, Vern Thompson Albert Ruiz, Jerry Haron, Kevin Villeggiante Sam Finau Dusty Steenvorde, Jon Bustos, Chris Cohen, Jim Julien, Shawn Kilgore 3rd row Robert Steinebel, Dermot Downes, Russ Kaniuth David Netane Randy Cole Dwanye Verna, Jason Kalb Bernie Yeo, Ryan Imboden Mike Stokes, Bill Zurn Tim Strach 2nd row Coach Art Fantielle Joe Lavulo Lulio Gagot Fred Schiantarelli Jason Kattenhorn Keith Akioka, Carlos Soto, Aram Andonian, Reuben Abad, John Carroll Mike Modica Jay Morris Bottom Row Larry Singh Sean Prosad Eric Stewart Salish Raj, Jimm McAllister, Brian Seymour, Ronogata Rontuinter, Rich Laura.



Season Scores Frosh-Soph 1983 Peninsula Athletic League Scores

Sept. 29:	Cap	-	0	Hilsdale	0
Oct. 6:	Cap	-	20	Woodside	0
Oct. 13:	Aragon	-	6	Cap	0
Oct. 20:	Cap	-	32	Sequoia	0
Oct. 27:	Cap	-	30	Burlingame	0
Nov. 3:	San Mateo	-	14	Cap	0
Nov. 9:	Cap	-	6	Mills	6

3 wins

2 losses
3rd Place Finish in P.A.L.

2 ties



Capuchino's frosh-soph football coach, Coach Vince Marchi, had the pleasure of fielding the best defense in the Peninsula Athletic League in 1983. The Mustangs finished a strong third place in a tough P.A.L. frosh-soph race.

The team was benefited by the leadership of returning sophomore letterman who enjoyed a 6-1 championship season in 1982. The squad was led spiritually by season captains Milo Susmilch and Reuben Abad, both of whom won 1st team all-league offensive honors.

Most of the Mustang's success relied upon a hard-nosed defensive unit. Led by defensive coordinator Art Fanfelle, the "Tang D" held their opponents to only twenty six points all season (an average of $3 \frac{1}{2}$ points a game). They were led by 1st team all-league defensive players Gino Daveggio and Aram Andontan.

The offensive unit was controlled by offensive coordinator Al Brondolo. After being shut out on the third week of the season, the Mustangs offense exploded for a combined 62 points the following two weeks. They were led by 2nd team all-leaguers Hassan Sharifi and Shawn Kilgore along with Susmilch and Abad.

With a number of players reaching all-league status, other Mustangs who shined brightly were sophomore lettermen Jason Kalb, Kevin Villeggiante, Mike S'Dao, Mike Price, and Albert Vega Fagioli. The Mustangs were also laden with many freshmen lettermen and solid performances by a strong freshman class. Dermot Downes, Jason Kattenhorn, Sam Finau, Bernie Yeo, Joe Luvalo, Albert Ruiz, and Dwayne Verna were the cream of the freshman crop. Dusty Steenvorde and Vernon Thompson were injured during the season, but both will be counted on to return next year.

Coach Marchi stated at season's end that the "1983 team was an improving team each week" and that they "played the best caliber football against the best opponents at the end of the season." Congratulations mini-Tangs of 1983 for a job well done!





1st Row: Marci Holloway, Joyce Duplissea, Joann Keyser, Reiko Hilliars, Margarita Blanco, Maha Yaser, Tina Gusman, Coach Cathy Lincoln. 2nd Row: Vicki Shegoleff, Claudia Camarra, Gigi Morgan, Elaine Welch, Nancy Trueman, Luisa Lavulo, Emma Medrano. 3rd Row: Liss Michelucci, Debbie Jenkins, Claudia Frei, Monica Medrano, Christine Asaro.

SO CLOSE . . . SO FAR



Due to the combination of the varsity and junior varsity squads, there was only one Capuchino field hockey team this year. They were led by first year coach, Coach Cathy Lincoln, who helped the girls to a 7-3 record. All leaguers Maha Yaser, Nancy Trueman, Gigi Morgan, and Chris Asaro were very beneficial during the season as well as in the last game against Mills for first place. The Mustangs fought hard, but were inched out at the end of the game during overtime strokes. Cathy Lincoln now with a year of experience under her belt is hoping for a better season next year.





FIELD HOCKEY



GIRL'S TENNIS





Capuchino's tennis squad once again competed in a very tough season. The girls played hard throughout the entire season; however, they only managed to win one outright match.



The squad included many fine individual players such as Kim Balchious, Michelle Garcia, Ann Kumar and Jennifer Prescott. Top performers in the double category were the tandums of Colleen Wind and Jackie Hart as well as the team of Jill Ramirez and Cheryl Brush.

CLOSE . . . BUT NO CIGAR



Top: Kirk Stratton, Oliver Balleza, Adrian Ivanov, John Celentano, Leviti Tukumoeatu, Tony Grech. Bottom: Paul Torrente, Rod Vigil, John Wright, Edgar Yeo, Ron Fastz.



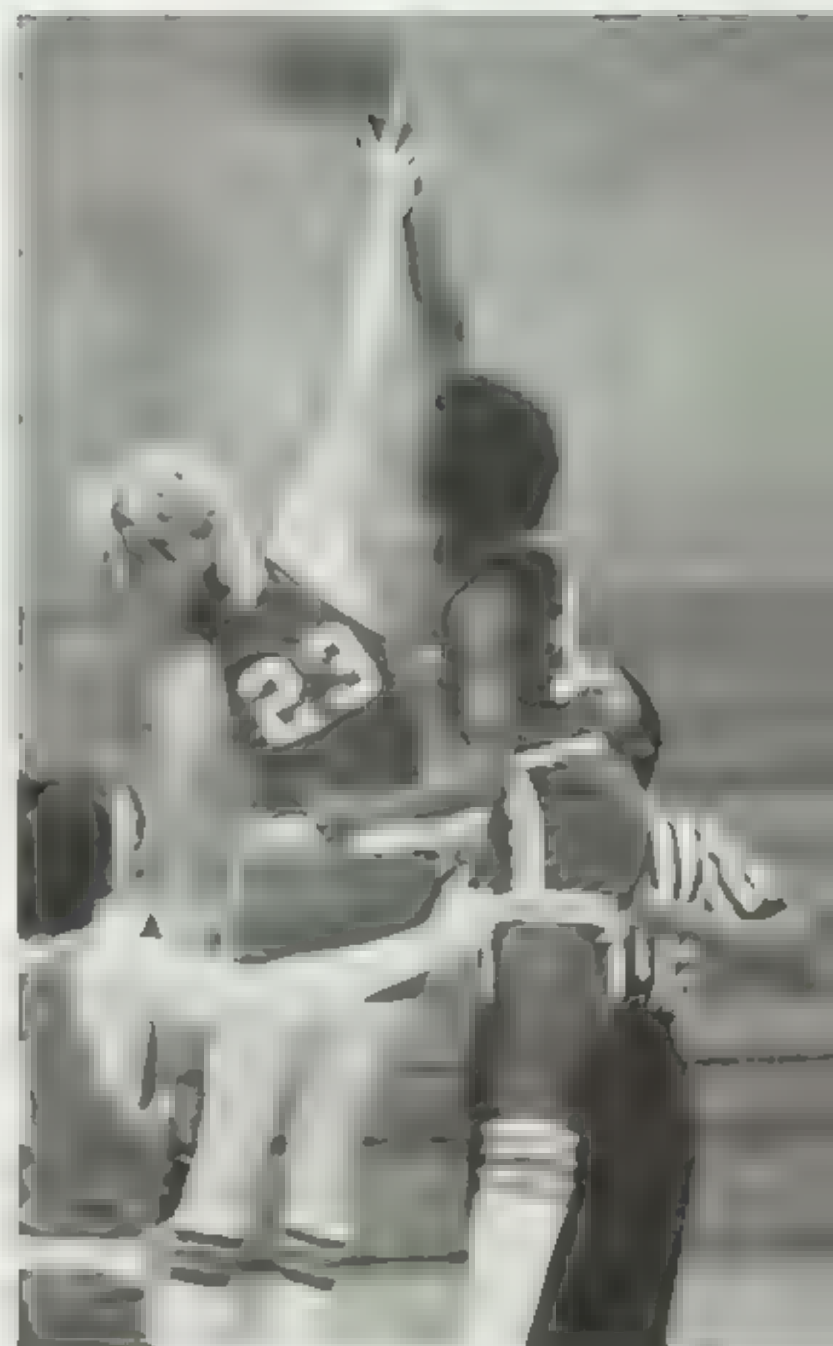


Top: Keith Chelini, Sean Cope, Troy Nelson, Teddy Tolentino, John Anderson Bottom: Phil Asaro, Dave Montes, Ben Korbachi, Rob Fair

The C and D Basketball teams completed their 1983 seasons with both clubs narrowly missing playoff competition. The two teams were very competitive in all their games and showed improvement with each outing.

The C squad was led by Adrian Ivanov, Tom Flahavan, Ron Faatz, Oliver Belleza, John Celentano and Leviti Tukumoeatu. The starting lineup for the D team included Troy Nelson, Sean Cope, Dave Montes, Jeff Anderson and Teddy Tolentino.

Congratulations are in order for Ron Faatz who was voted 2nd Team All League at the C level, and Troy Nelson and Dave Montes who were honorable mention on the D team.



CROSS COUNTRY . . . GOING THE DISTANCE



Front Row Julie Johnson, Manny Griffin, Ken Ryerson, Bryan Wolf, Paul Ghidossi, Rob Edmonds, Middle Row Tim Hardey, Greg Frei, Noel Reyes, Gary Chan, Scott Forbes, Judy Gault, George Jus, Roger Arbelbide, Kelly Sullivan, Back Row Coach Allen Stanbridge, Rob Jacobs, Alan Clement, Brian McShane, Kevin Pecoraro, Tim Hermann, Jim Hudak, Jeff Stevens





1. Carl Durham out in front.
2. Rob Jacobs moving through the pack.
3. Varsity waiting for the start.
4. Paul Ghidossi runs for a course record
5. Tim Hardey running strong.
6. Margaret Coric heading for a victory

Capuchino Cross Country enjoyed another successful season as the varsity finished in third place behind Carlmont and Menlo Atherton in the P.A.L.

The Mustangs were led by senior Paul Ghidossi who finished third at the P.A.L. Ghidossi, who has served four years on the cross country squad, was an all-leaguer along with junior Tim Hardey. Senior Ken Ryerson and junior Greg Frei (both third year participants) also enjoyed fine seasons.

Sophomores George Jue and Bryan Wolf were standouts on the junior varsity squad as they took 5th in the P.A.L. frosh-soph. Freshman Noel Reyes ran well and presents hope for the future.

The girl's squad was led by Julie Johnson, another freshman who presents a good outlook for the future. This squad didn't finish high in the P.A.L., but they were successful in spite of many injuries.

Congratulations to all the runners and Coach Alan Stanbridge who worked so hard and put in so much time and effort during the year.

GIRL'S VOLLEYBALL FINISHES STRONG

The 1983 Varsity Volleyball team finished the season a strong 3rd in a tough P.A.L. race. The squad had a league record of 6 wins and 3 losses. The team hoped for a better league standing but the loss of two probable starters hurt. The two vacancies were filled by outstanding sophomores, Stacey Lavatai and Tania Lavulo. The balance of the starters were team leaders Tia Netane, Danielle Velez, Amy McNaughton and Marcie Hernandez.

Up and down competitive play hurt the team in their efforts to do better. Two of their three losses were to League Champions Mills and 2nd place San Mateo.

1st team All League honors went to Tia Netane and 2nd Team honors to Danielle Velez and Stacey Lavatai.

The Frosh-Soph Volleyball team went 8-1 and took the League title in 1983. Head Coach Kay Mikaiwi was aided by the leadership of team captains Betsy Mahe and Eliza Naipo during the championship season.

Letterperson awards went out to Roula Bazouzi, Connie Blair, Nancy Castro, Upuia Ankiong, Jennifer Neal, Julie Mamea, Gina Sherry, Danielle Thomas along with Naipo and Mahe.

Team Member awards were given to Jennifer Higgins, Kristal Pitman, Nicole Bishop, Theresa Preza, Patty Samson and Fadya Tannous.

First team All League honors went to Betsy Mahe as the Tangs took the title. Congratulations girls Frosh-Soph Volleyball for an outstanding 1983 season.





1. Marcie Hernandez attempts to block a shot.
2. Julie Mames sets up her play.
3. Marcie waits for play to resume.
4. Amy McNaughton spikes a shot
5. Tia Netane serves up a winner.

VARSITY BASKETBALL



Top: Dan Klement, John Defelice, Chris Carter, Sai Ahoto, Tony Tafuna, Aram Kaloustian, Dave Orlloff, Bill Galea, Don Messick, Coach Peter Harames Bottom: Tim Sandoval, Ricky Dachauer, Tim Bowler, Andre Bossett, Liam Downes, Mike Samson, Kirk Wilcox



Liam Downes and Dan Klement ready for action



This was the year the Mustang hoopsters had playoff hopes go down to the wire, but an overtime loss to Carlmont cost them a playoff birth. Even though the season did end on a downswing, it was an exciting year nevertheless. The Mustangs were the only team throughout the season to defeat Menlo in a game Coach Harames' cagers played with amazing skill.

Standouts for the Mustangs were the guard combination of seniors Liam Downes and Tim Bowler. Under the boards seniors Tony "Dr. T" Tafuna and Kirk Wilcox were solid rebounders, while juniors John Defelice and Dan Klement provided lots of hustle.



Tim Bowler  for 



Bill Galea warms up



Liam Downes dives for loose ball



Wilcox jumps ball

Bowler goes around opponent



Defelice takes a shot





Klement shoots over opponent



Gates and Bowler warm up

The Mustangs finished the year with a 4-6 PAL record and a 9-16 mark overall. Senior co-captains Tim Bowler and Liam Downes each earned individual honors chosen by PAL coaches. Bowler was selected first team all-league, while Downes was named to the Honorable Mention team.

Taluna and Bowler run the offense



FROSH-SOPH BASKETBALL



Top: Joe Zlatunich, Robert Lapuyade, Devon Vaenuku, Emos Finau, John Topiseni Middle: Vernon Thompson, Tony Edayan, Aram Andonian, Augustin Rosas, Dustin Steenvoorde Bottom: Dan Flahavan, Steve Jespersen, John Quintell, Michael Rossi, Dermal Downes



1. Thompson goes for a stuff
2. Vaenuku gets ready to rebound
3. Vaenuku shoots a free throw
4. Jespersen goes up for two



Although the Mustangs made their move for a playoff birth too late in the season, nevertheless they finished strong, winning four out of their final six games and winding up with a 4-6 record. The team was led by Steve Jespersen and Vern Thompson; Jespersen averaged 16 points per game and Thompson 12, most of them outside jump shots.

The team benefited from a strong front line comprised of the center-forward combination of Emosi Finau and Rob Lapuyade, both of whom averaged close to 10 points each game. Joe Zlatunich contributed his strong rebounding skills from his forward position.



VARSITY WRESTLING



Top: Troy Pewitt, Milo Susmilch, Lloyd Schoene, Lenny Drexler, Gualbert Yeo, Rod Ruiz, Middle: Sean Muneno, Tom Ramirez, Darren Wild, John Roumbanis, Casey Monroe, Pat Ramirez, Bottom: George Katoul, Edwin Smith, Rich Ellingsen, Mike Walsh, Dante Laura

1983-84 Mustang wrestling arose like a PHOENIX from the ashes of early season misfortune. The Mustangs wrestling program was weakened by some early season defections but assistant coaches Matt Simas and Matt Medrano along with seniors Rich Ellingsen and Lloyd Schoene, dedicated themselves to some new high-reaching goals and maintained Capuchino's dominance in wrestling extending the league winning streak to 25 consecutive wins.

Rich Ellingsen (132 lbs.) in his senior year showed what leadership is, compiling 41 wins and 1 loss, including 22 pins, while winning five varsity tournaments as well as its fourth consecutive P.A.L. championship, this year's team also won the Central Coast Wrestling Championship.

Lloyd Schoene (191 lbs.) with 31 wins and 7 losses, and Mike Walsh (128 lbs) with 38 wins, 3 losses and 20 pins plus fourth place at the Central Coast Championships, also lead the Mustangs to new heights as well as league championships.

The Sophomore class provided the backbone of this season's superb comeback. At 145 pounds Tom Ramirez was second in the league with 17 wins and 14 losses. At 155 pounds Troy Pewitt was also second in the league with 22 pins and 14 losses. At 167 pounds Milo Susmilch was first in the league with 14 wins and 14 losses.

JUNIOR VARSITY WRESTLING



Top: Mike Price, Al Landucci, Berne Yeo, Hassan Sharifi, Albert Ruiz, Osvaldo Arciniega, Coach Arthur Fanfelle Middle: Richard McAllister, William Cagno, Reuben Abad, Zac Pineda, John Carroll. Bottom: Richard Laura, Mike Sosa, Tom Allison, and Frank Tuccori

Lenny Drexler again won his third P.A.L. wrestling championship. He also placed third in the Central Coast championship on his way to building a season's record of 33 wins and 3 losses with 18 pins.

The Varsity continued to win, taking first place at the El Molino and Vallejo tournaments, a second place at the Piner Invitational, third at Solano, a fifth consecutive league championship, and seventh place as a team at the Central Coast Section Championship.

Rounding out this year's mighty Mustangs are Ed Smith (98 pounds) with 26 wins and 13 losses, Tom Allison (105 pounds) with 14 wins and 9 losses, Pat Ramirez (112 pounds) with 24 wins and 9 losses, John Roumbanis (138 pounds) with 17 wins and 14 losses, and Gualberto Yeo (175 pounds) with 24 wins and 13 losses.

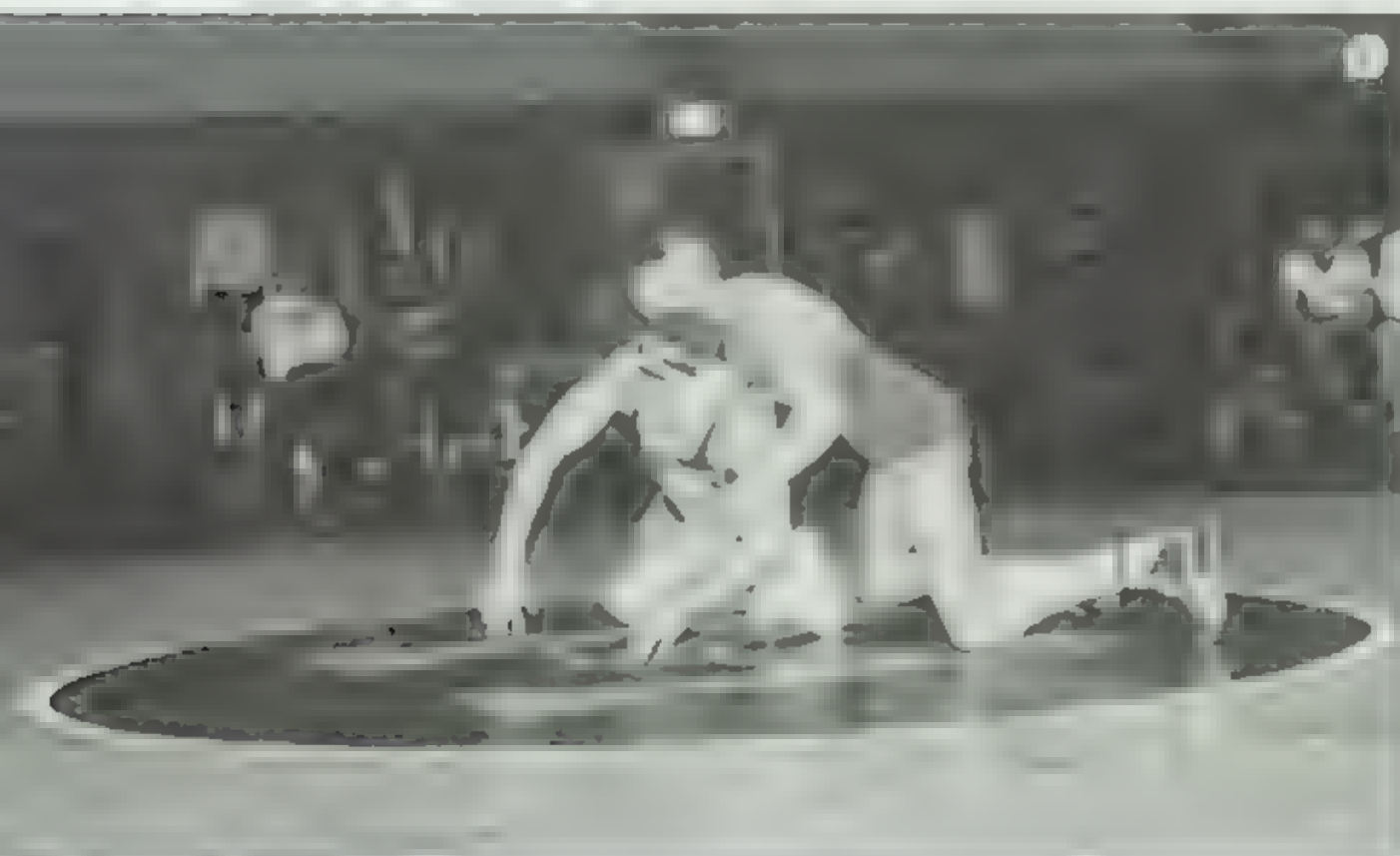
The future looks great as the Mustangs only lose Ellingsen and Schoene, and the junior varsity shows lots of promise as next year's Mustangs seek their sixth league championship.

- 1 Drexler riding
- 2 Eddie Smith goes for a pin
- 3 Pat Ramirez in league finals
- 4 Mike Walsh accepts award





1. Rich Ellingsen goes for a pin
2. Lloyd Schoens rides
3. Mike Walsh puts an arm bar on opponent



- 1 Lloyd Schoene breaks opponent down
- 2 Mike Walsh tries to break down
- 3 Rich Ellingsen goes for a takedown
- 4 John Roubanis works for pin
- 5 Lennie Drexler goes for pin

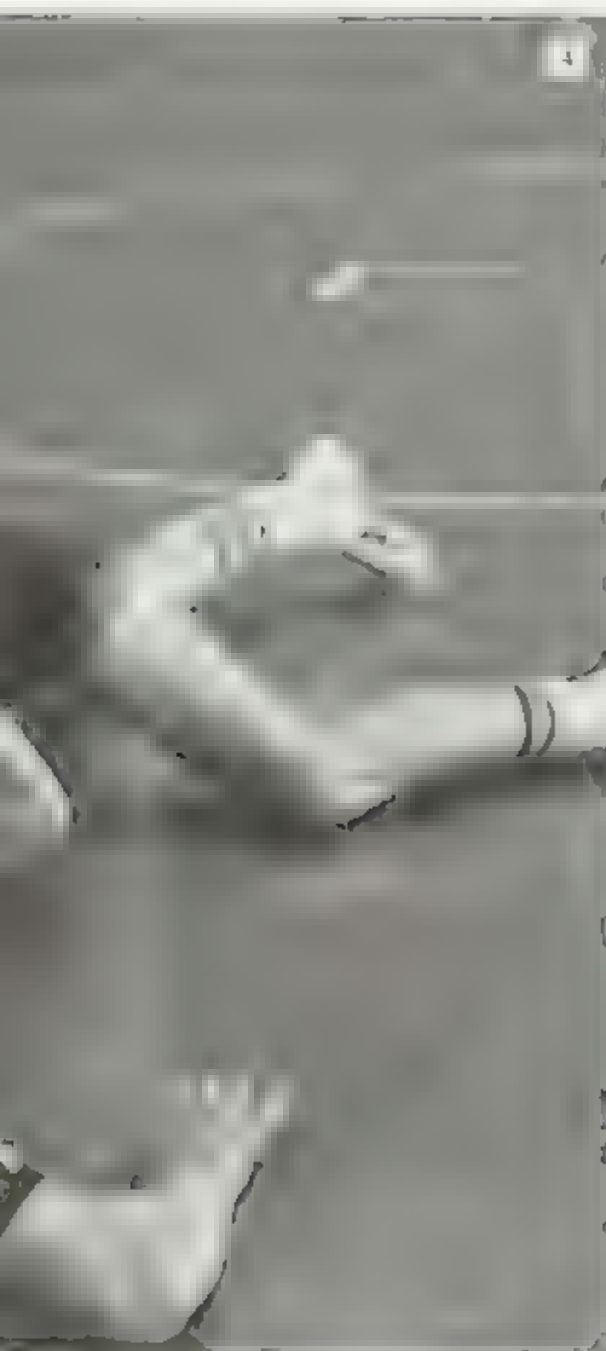




1983-84 League Scores

Aragon	9	Cap.	59
Woodside	6	Cap.	66
Sequoia	6	Cap.	58
Cap.	45	Carlmont	21
Mento Atherton	7	Cap.	53
Cap.	58	San Mateo	18
Cap.	48	Serra	15

Total Score: Cap: 387 points
Opponents: 82 points



THERE'S ALWAYS NEXT YEAR



Top: Vladimir Svenson, Jim Klingler, Brian McShane, Dennis Walsh, Jason Vercelli, Coach Jerry Uribe. Middle: Siegfried Mattern, David Tachera, Aaron Uribe, Steve McDonald, Mauricio Serrano, Antonio Kim Jose Canales. Bottom: Jeff Ruhland, Ken Ryerson, Marty Enrich, Juan Santamaria, Mike Mephram, Bimal Prasad.

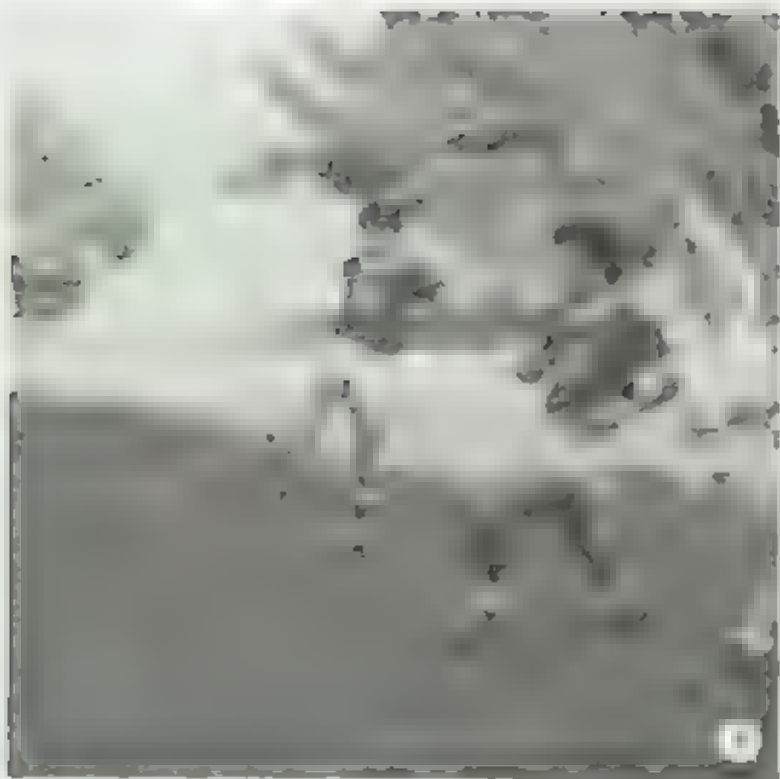


Fullback Jason Vercelli clears the ball out of danger.

Although the Varsity soccer team experienced a disappointing season, tied with Menlo School for last place in the PAL, and the Frosh/Soph team also had a rough season, finishing with a record of 0-12-2, there were some individual bright spots. Matt Gough, Kirk Stretton, and Sharma Yogesh gave steady performances, and moments of brilliance were supplied by Miguel Reyes and Mike Kilgariff.

Outstanding Freshmen lettermen were Dan Kilgariff, Manny Griffin, Bruce Holcombe, and Dan Kim. Frederico Schiantarelli was the most improved player this season.

With the return of seven Frosh lettermen, we can look forward to a stronger finish in the PAL for '85.



1. Defender Jeff Ruhland intercepts an opposing team's pass.
2. Goalie Aaron Uribe punts the ball into offense.
3. Marty Enrich gets air while passing the ball to teammate Mike Mephram
4. Right wing Bimal Prasad starts the ball downfield.
5. Forward Juan Santamaria steals the ball from a Burlingame player.



FROSH-SOPH SOCCER



Top: Kirk Stratton, Mike Kilgariff, Sharma Yogesh, Lance Erickson, John Dreisbach, Dan Kim, Coach Vince Marchi Middle: Carlos Soto, Manny Griffen, Brian Gellin, Fredrico Schiantarelli, Tony An, Miguel Reyes Bottom: John Giannini, Bruce Holcomb, Ricardo Soreano, Mall Gough, Dan Kilgariff



The Frosh-Soph team with 9 freshmen and 7 sophomores finished the season with a disappointing record of 0-12-2. Coach Marchi noted that part of the problem was inexperience, but added that a rain-soaked field hurt the team also. He singled out Freshmen center forwards Bruce Holcomb and Dan Kilgariff to perform well next year. Mike Kilgariff and Kirk Stratton, both sophomores, should strengthen next year's varsity.



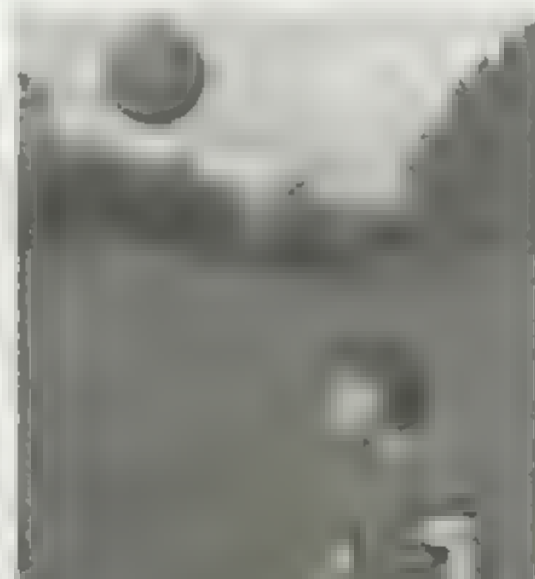
GIRL'S SOCCER



Top: Coach Al Brondolo, Carrie Hill, Maha Yaser, Suzanne Murray, Christie Sunberg, Janine Barrese, Cathy Mullen Middle: Chris Dedes, Renee Behnken, Ginger Della Maggiora, Nedra Shawler, Debbie Vascherault, Gina Celeste Bottom: Chris Asaro, Julie Wendling, Nancy Castro, Janae Bowker, Mia Rivers, Monica Medrano

First year Capachino Girl's varsity soccer coach Al Brondolo had nothing but praise for his team that finished seventh in the tough PAL League. The team was led by first team all-league sophomore goalie Carrie Hill and Junior second team all-league Janine Barrese. The team was mostly comprised of Freshmen and Sophomores. Coach Brondolo looks for lots of improvement next year with this year's experience in all of his players.

The team finished with an overall record of four wins and eight losses, best in Cap's history!! Some of the other outstanding players include Monica Medrano, Christie Sundberg, Nedra Shawler, Janae Bowker and Renee Behnken.



GIRL'S VARSITY BASKETBALL



Under the direction of first-year Coach Ernie Schnurpfel, the Girl's Varsity basketball team finished with a 7-12 record. The two bright spots of the squad were Seniors Marcie Hernandez and Gigi Morgan.

With Hernandez and Morgan graduating this year, Coach Schnurpfel will have much work next year. He's expecting help from returning Junior Angela Callas.

The 1983-84 team suffered from lack of height, but not lack of desire to win. They practiced hard and played hard, yet often found themselves on the short end of the scoreboard.

Vicki Shegoleff (Manager), Coach Ernie Schnurpfel, Marcie Hernandez, Angela Callas, Gina Michelucci, Donna Duggan, Joyce Duplisses and Claudia Frei (Missing: Gigi Morgan & Tanya Lavulo)

GIRL'S FROSH-SOPH BASKETBALL

In Fresh-Soph competition, the Mini-Mustangs attained a 2-5 record in league, with a 5-9 mark overall.



Patti Samson, Kris Nichols, Joanne Kayser, Jennifer Neal, Ann Gaffney

SPORT: FOR FUN AND EXERCISE



VARSITY BASEBALL



Top: Coach Pete Harames, Steve Puccini, Bill Galea, Dave Orloff, Tom Smurthwaite, Rob Lapuyade, Mike Friedland Middle: Mike Mack, Rob Desanto, Roberto Martinucci, Liam Downes, Darren Wild, Tim Bowler Bottom: Steve Juvera, Arturo Picazo, Mike Sullivan, Steve Angeloni, Joe Moncada

This could be a rebuilding year for varsity head coach Pete Harames. The Mustangs have always finished high in the PAL race, but this year they may lack the talent to be a "mover and shaker" in league play.

The Mustangs will be led by the fine pitching of Steve Angeloni as well as good performances by Roberto Martinucci, Steve Juvera, Rob Desanto, and Sal Alioto.



Steve Angeloni crosses plate



Berto throws heat



Galea ready to score



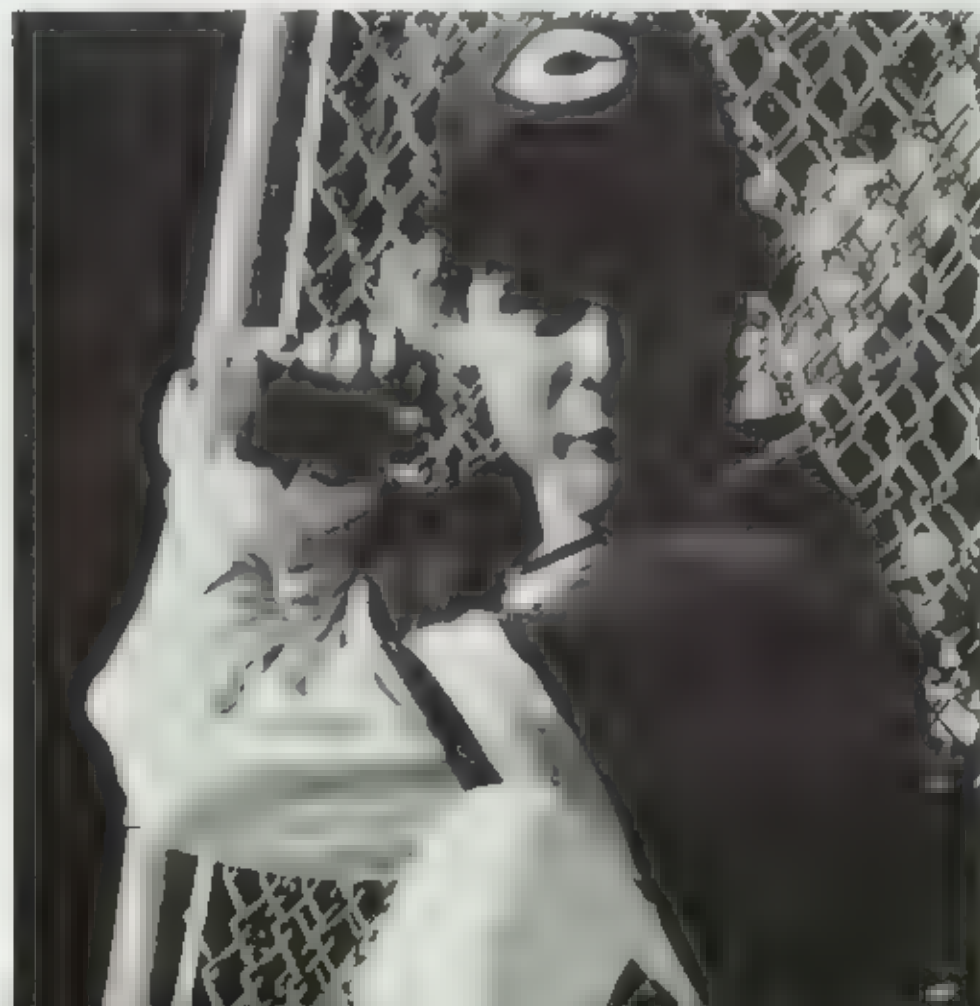
Angeloni gives constructive criticism



The defense waits

Liem warms up

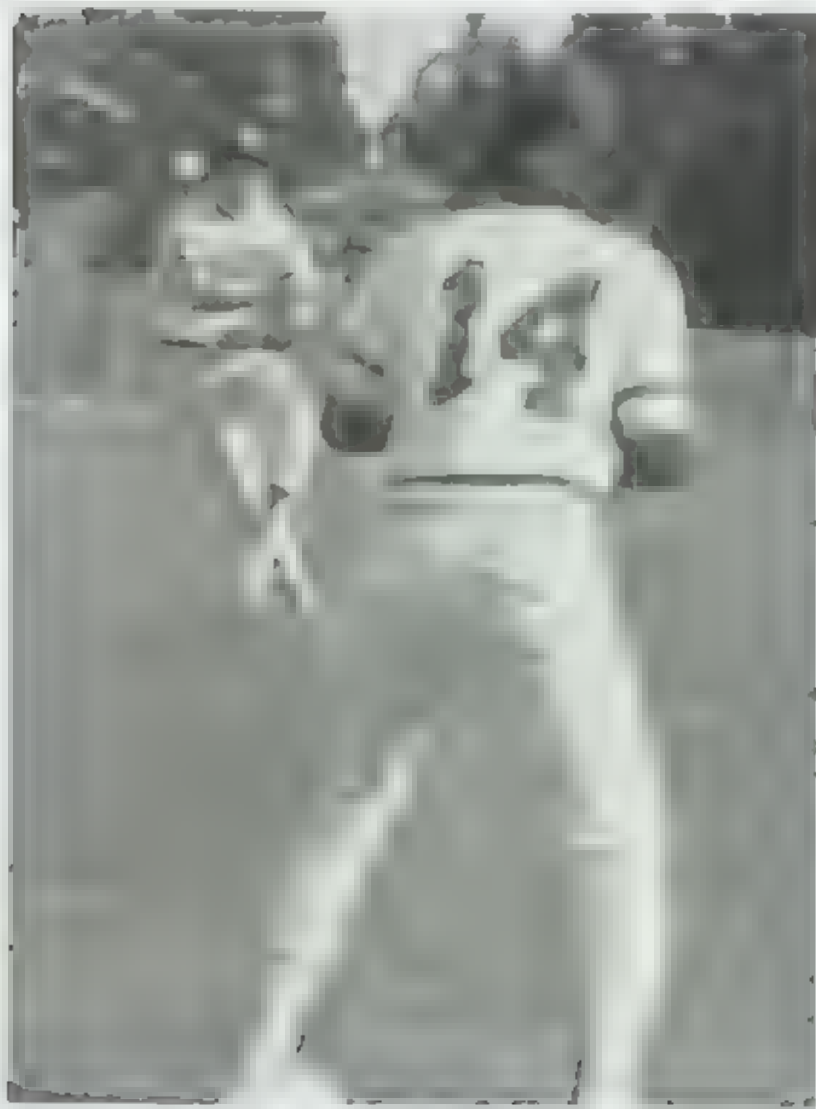
Juvara fires home



FROSH-SOPH BASEBALL



Top Row: Al Brondolo, Tony Edayan, Spike Jones, Joe Zlatunich, Mike S'Dao, Troy Pewitt, Carlos Santamaria, Bobby Blair Middle Row: Augi Rossa, Kirk Stratton, Dasty Steenvoorde, Fred Schaintarelli, Shawn Kilgore, Steve Jespersion, Dermot Downes Bottom Row: Vern Tompson, Phil Asaro, Craig Pignate, Mike Sosa, Brain Seymour



Blair turns a play.

Al Brondolo has been coaching frosh-soph baseball at Capuchino for three years. Now in his third season, Brondolo may possibly possess his most competitive squad yet.

Outstanding players on the squad this season should include Pat Ramirez, Robert Blair, Mike Killgariff and Sean Kilgore. Good luck, Mustangs!



Zlatunich throws a slider



Steenvorde takes a healthy cut



Kilgore prepares for the bunt

Jespersen heads back to second





Top: Coach Mr. Etherlon, Dave Neel, Dennis Nelson, Dan Klement, Alan Clement, Jarvis Mahe, Gary Chan
Middle: Elliott Diaz, Gene Semnza, Mike Anderson, Mike Allison, David Yu, Carl Durham, Ken Ryerson, Jeff
Ruhland. Bottom: Paul Ghidossi, Mike Grace, Greg Frei, Scott Forbes, Tim Hardy, Darrin Brown, and Casey
Monroe.



Under the direction of Coaches Ron Etherlon, Alan Stanbridge, and Jim Johnson, the Varsity Track team once again enjoyed a very successful season.

Paced by sprinter-long jumper Darrin Brown and distance sensation Paul Ghidossi, the team finished among the leaders in the Peninsula Athletic League. Brown was regarded as perhaps the fastest sprinter in the county, while Ghidossi continued his assault on lowering his own school records in the mile and two-mile.

Also performing well for Cap was pole vaulter Elliott Diaz (who seemed destined to break the school record of 14'6" at the time of this writing), sprinter Jeff Ruhland, 880 runner Dennis Nelson, junior distance phenom Tim Hardey, and all-around athlete Mike Allison.

All athletes should be commended for their fine effort in upholding the tradition of outstanding Capuchino track teams.



- 1 Dan Klement doing what he does best.
- 2 Durham out on a "limb".
- 3 Ghidossi and Hardey battle for the lead.



GIRL'S AND FROSH-SOPH TRACK



Coach Etherton's Girl's team started the season with 2 wins and 4 losses. Melody Neal is a top competitor in the hurdles and high jump. Margaret Coric leads the team in the 400, 800, and teams up with Nedra Shawler in the mile relay. Dede Concannon leads the team in the long distance.

Top: Dede Concannon, Upula Ahkiong, Judy Gaull, Diane Hangatau, Kristina Pittman, Sabrina Adams, Sincerrea Adams. Middle: Cessalie Herbert, Kelly Sullivan, Connee Blair, Melody Neal, Sara Howell, Kristal Pittman. Bottom: Denise Hughes, Linda Hughes, Donna Clark, Erin Maiolini, Julie Johnson, Vicky Walsh, and Claudia Fuentes.



Coach Etherton's Frosh-soph team began the season with 4 wins and 2 losses. Aram Andonian leads the squad in the high jump, triple jump and the relays. Sam Finau can throw the shot 43 feet, and the discus about 110 feet. George Jue is one of the top Frosh-Soph distance runners. Elias Juric is the top pole vaulter on the Frosh-Soph squad.

Top: George Jue, Noel Reyes, Emosi Finau, Don Wengler, Elias Juric, Sean McClurg, Paul Martin. Middle: Bryan Wolf, Steve McDonagh, Brett Ford, Roger Arbelbide, Erick Fernandez, Rick Gray, Sean Prasad, Manny Griffin. Bottom: Joe Cowles, Michael Sosa, Mike Modica, Moses Perez, Tom Allison, Albert Caruana.

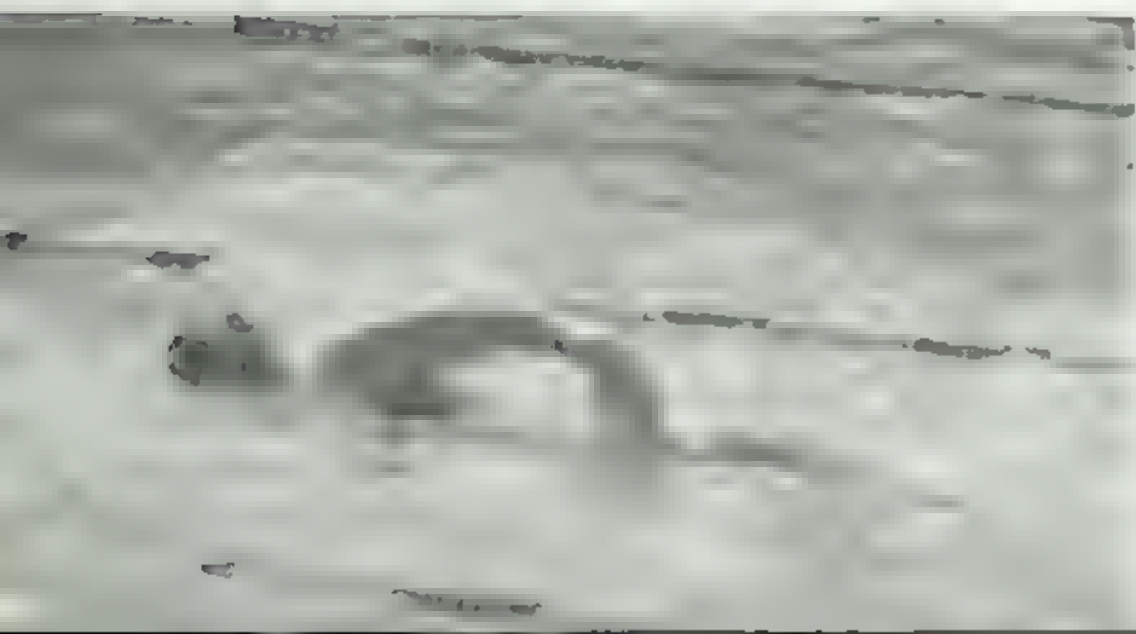
- 1 Emosi Finau goes for a Personal record in the shot-put.
- 2 Claudia Fuentes long jumps.
- 3 Emosi Finau sprints to the finish.



SWIMMING



Back Row Richard Perea, Ida Molina, Lydia Blednyh, Sean McDermott, Carl Oosterman, Dan Flahavan, Eric Gagnon, Jari Utto. Middle Row Trish Calahan, Celia Brush, Joyce Duplissea, Claudia Frei, Heather Rose, Cheryl Brush, Kelly West, Coach Gerry Gustafson. Bottom Row Michelle Morris, Tim White, Rich Lopez, Jon Stenback, Bryan Kioua.



In 1984, the Mustang swim team will be having a year of transition. To begin with, they are sporting a new head coach, Mrs. Gerry Gustafuson.

The Capuchino swimming squad stated that Mrs. Gustafuson is "very energetic and supportive." Aside from being a coach, Gustafuson is a marathon swimmer and often swims the Bay to Alcatraz. She participated in many long distance swims in Maui as well.

The Varsity swim team is a small squad, but what they lack in quantity they make up in quality. Promising swimmers on the Varsity Squad look to be Jari Utto, Eric Van Shore, and Tim White as well as top girl's prospect Heather Rose.

The Junior Varsity squad appears to be headed toward a productive season. One standout on the Junior Varsity is Carl Oosterman.

The Junior Varsity's success will also rely on the performances of Dan Flahaven, Erik Gagnon, Sean McDermott, Rich Lopez, and Claudia Frei.

GOLF



Dennis Wedeking, Matt Phillips, Joe Novelli, Jack Michelucci, Rich Bin, Kevin Helmig, Eric Cresta, John Giannini, Coach Tullio Bertini



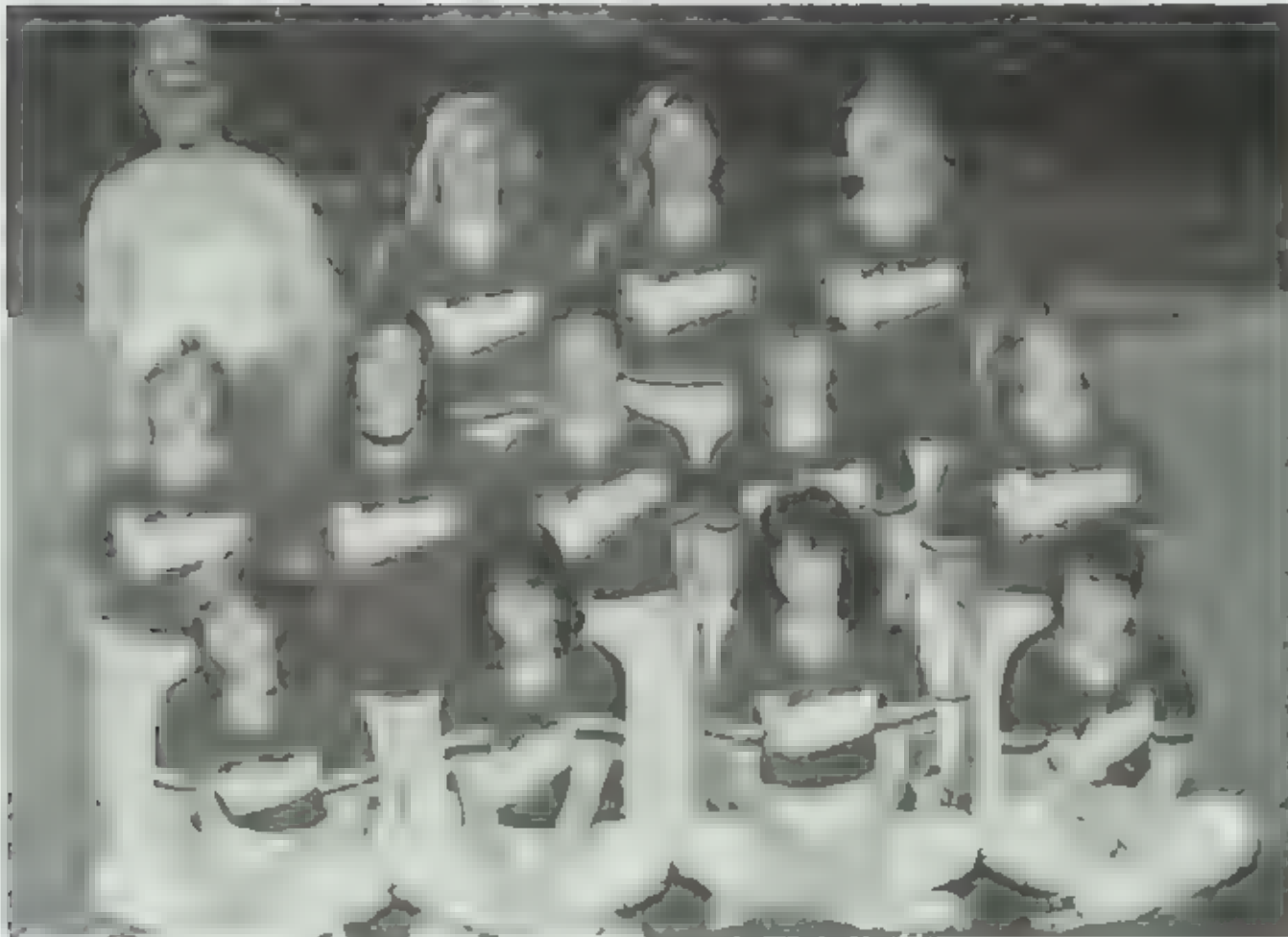
1. Rich Bin sinks a put
2. John Giannini blasts out of a sand trap



The 1984 Capuchino Mustang golf team will be led by second year coach Tullio Bertini. The team practices twice a week at the beautiful Green Hills Country Club.

Despite the lack of a standout leader on the squad, the Mustangs should look optimistically toward a successful season with solid "hackers" in Rich Bin, Eric Cresta, John Giannini and Jack Michelucci.

GIRL'S SOFTBALL



Top: Greg Quigley, Michelle Bredle, Kim Hefferman, Donna Duggam. Middle: Christy Nichols, Shelly Fox, Janine Brarrese, Joanne Kayser and Gigi Morgan. Bottom: Renee Behnken, Nancy Castro, Tracy Edwards and Chris Asaro.

Under the direction of first year Coach Greg Quigley, the 1984 Varsity Softball team will be a very inexperienced one. The squad lost several promising players who started in the field last season as Juniors. However, Coach Quigley found the remedy at the Frosh-Soph level. He requested Sophomore Donna Duggam, Ann Gafney, Renee Behnken, Nancy Castro, Michelle Bredle and Tracy Edwards. This Sophomore crew will blend with stand-out Varsity players Janine Brarrese and Gigi Morgan perform the nucleus of a young but confident team.



Janine Brarrese lays a bunt.



Shelly Fox waits at pitching machine.



Chris Asaro is ready with the ball.

FROSH-SOPH SOFTBALL

The girls Frosh-Soph team began the season with a 3-3 record and is in contention for the league championship. Michelle Garcia is the teams leading pitcher. One of the teams most promising young players is Janae Bowker, Kristen Wind is solid at third base.



Top: Coach Cooper, Erica Johnson, Danielle Thomas, Michelle Garcia, Lara McCormick, Joanne Flynn. Middle: Margie Veltharatos, Teresa Cerelli, Kristen Wind, Gina Celeste, Lisa Lopez. Bottom: Janae Bowker, Jennifer Higgins, Katie Carter, Julie Wendling, Missing: Nicole Bishop, Dayne Murphy, Erin Mahoney.

MATMAIDS

Left to right:
Jina Underhill
Tina Guzman
Michelle Pena
Monica Roscell



VARSITY AND FROSH-SOPH TENNIS



Top: Coach Ernie Schnurpfel, Bruce Zittlau, John Celentano, Tim Hermann, Aram Kalustain, and Tony Hart; **Bottom:** Dante Laura, Ron Fatz, Adrian Ivanov, Rickey Dachowar, Marcus Chang, and Tommy Fishaven.

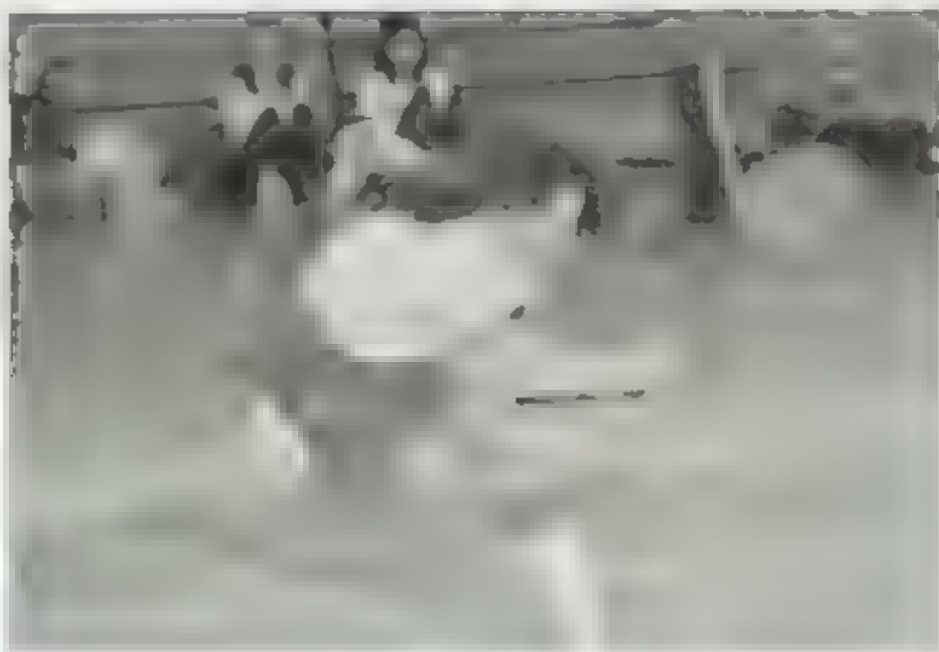


Top: Coach Ernie Schnurpfel, Bill Zurn, Rick Geimer, Tony Greech, Chris Cocolos, and John Marinos; **Bottom:** Oliver Balleza, Gary bng, George Fe, Rod Vigil, and Mike Yip

The Capuchino Mustang Tennis squad has not always lived up it's expectations. Over the past few years Cap Tennis has struggled throughout P.A.L. competition.

This season, Coach Ernie Schnurpfel will attempt to turn things around. Schnurpfel will rely on Juniors Bruce Zittlau, Marcus Chang, Adrian Ivanov, and Thomas Hamamciyan.

GIRL'S BADMINTON



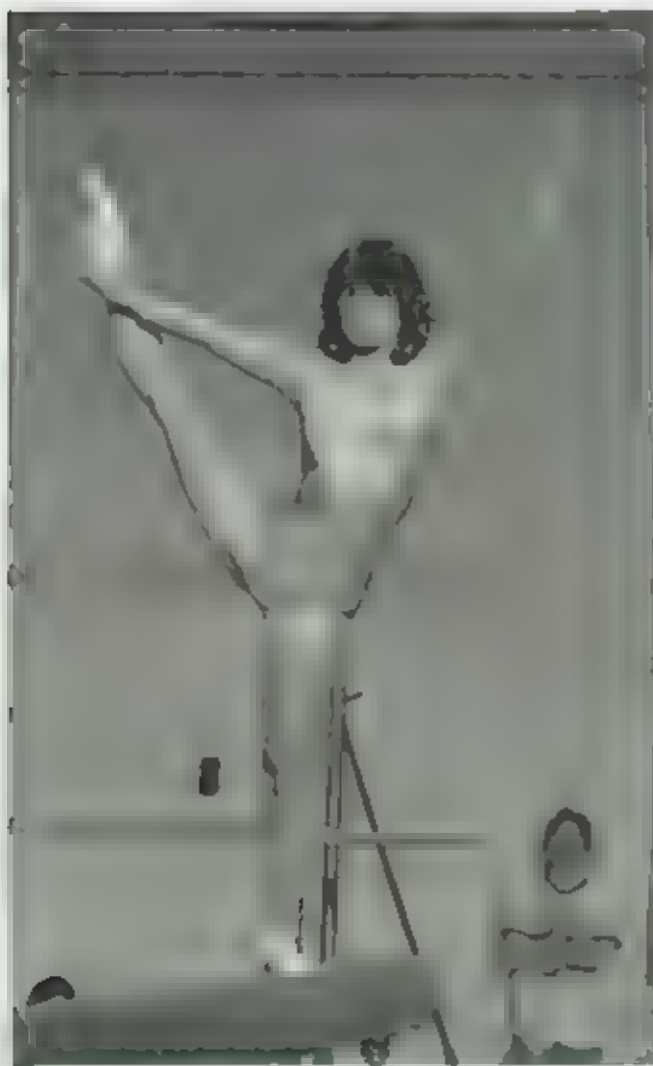
This year's Badminton squad could very well be the most inexperienced in recent years. However, the team can look confidently to the leadership of Senior Marci Hernandez.

The squad includes other talented girls as well. Molly Hou, Lina Bazouzi, Dara Sandrini, and Carol Lombardi will all be expected to perform well. Despite their inexperience, they could surprise in the P.A.L.

GIRL'S GYMNASTICS



Top: Ping Hung, Coach Fry, Lilly Fu Bottom: Kelli Berkett, Lisa Michelucci, Theresa Woodberry, Lisa Thomas, Jina Underhill Vicki Parina



Lisa Michelucci in a difficult scale

Coach Fry has a small team this year, led by seniors Vicki Parina, Lisa Thomas, and Jina Underhill. Vicki's injury, however, will sideline her for some time. Vicki is tops in floor exercise and vaulting, while Lisa and Jina excel on the balance beam.

Lisa Thomas preparing for a free-hand roll as Jina Underhill looks on



Kelli Berkett performing a leap on the balance beam

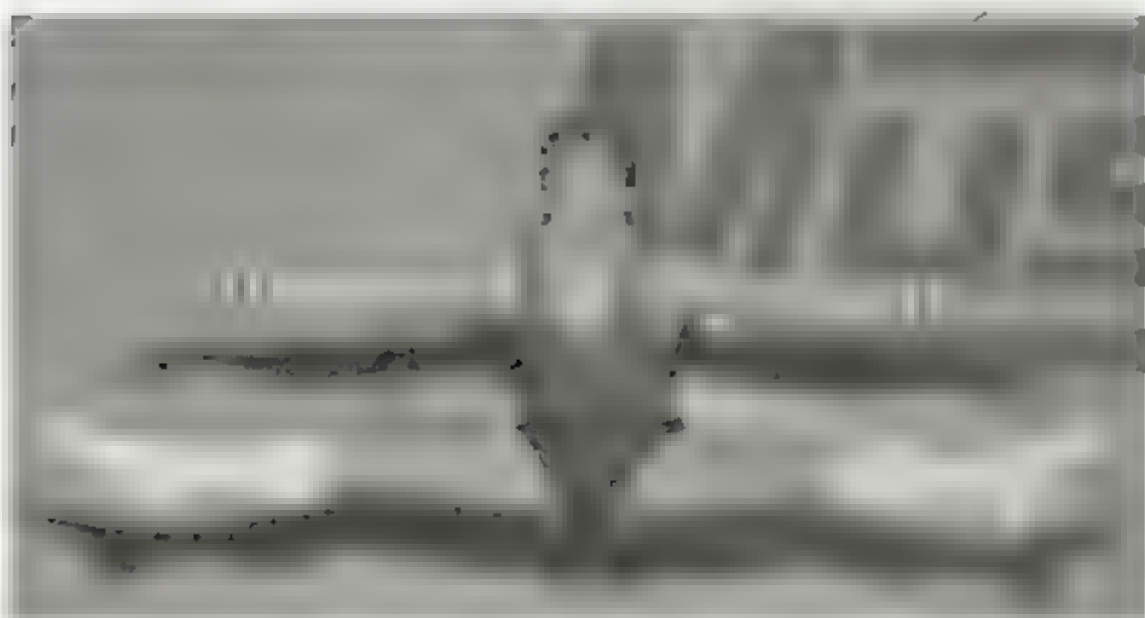


BOY'S GYMNASTICS

Coach Fry guarantees a third consecutive PAL championship for the boy's varsity gymnastic's team, with a strong shot at winning the North Cal championship. Individual senior standouts are Pete Bitela, who is tops in all-around competition; Dave Cima, excellent in floor exercise; Chris Wendling, who leads the way on rings; and Bob Hall, who is tops on the pommel horse. Sophomore Mischa Lautenschlager, a visiting student from Germany, is also a standout this year.

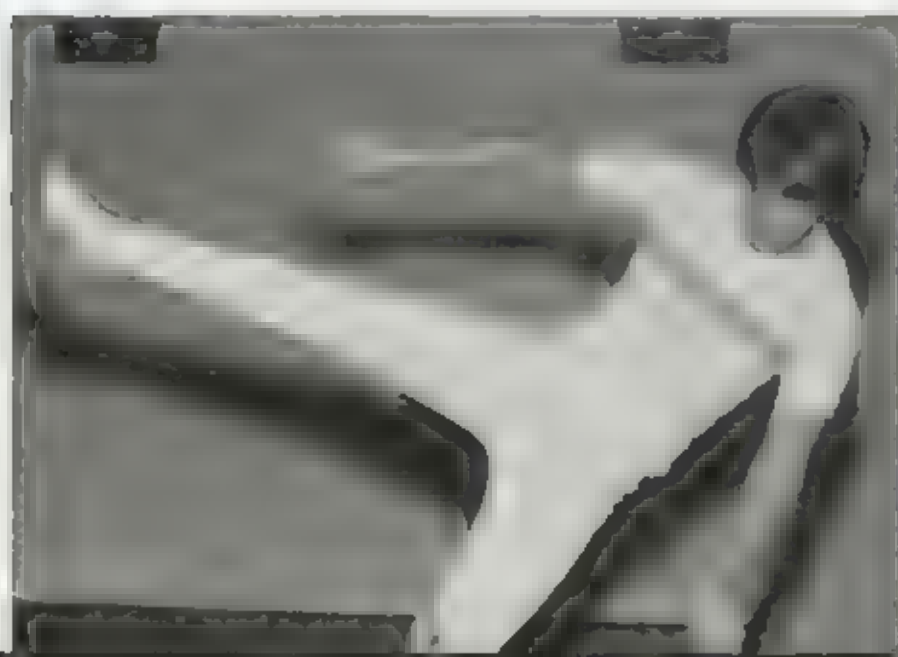


Top: Jon Zahursky, Bob Hall, David Cima, Bruce Holcomb, Coach Fry Middle: Peter Bitela, Mike Khngler, Chris Wendling, Shawn Blundell Front: Mike Herbert, Misha Lautenschlager, Chih Fang



Dave Cima in his David Lee Roth impersonation

Chih Fang performs on the pommel horse



Chris Wendling in his infamous iron cross





POLYNESIAN CLUB

Front: Ann Valman, Eddie Valman, Pamela Lopez, Fano Penhini, Leirali Valman. Back: Lisa Cochran, Margaret Osei, Tania Mello, Sonia Mupalan, Lisa Kautani, Maki Osei.

GATE PROGRAM

Front: Vicki Purina, Julie Salinas, Michele Morris, Laura Heibel, Nancy Wynkoop, Traci Thyllin, Cheryl Allison. Second: Bodo Connors, Michele Atoll, Kristina Marin, Rod Vigil, Gail Nufold, Margaret Corio, Tina Palmer. Third: Salma Tobi, Rob Jacobs, Ben Bowling, David Cima, Mike Benson, Joe Canales, Rob Edwards. Top: Maurice Barrera, Polly Springhorn, David Va, Heather Rose, Aram Kaloetian, Julie Poland, Bob Bowdidge.





ASIAN CLUB

Top Row: Paul Eric, Reuben Abed, Jeff Sung, Marcos Chang, Victor Martinez-Vila, Marissa Malabed, Corinne Aldeyo-Sec. Middle Row: Janet Sarmiento, Jessie Vergara-Treas., Elaine Chan, Michael Poon, Ruthie Mariano-Pres., Nancy Herbert. Bottom Row: Melissa Chan, Olivia Sarmiento, Ti Haing, Ann Salva, Aurora Yee, Sueta Balloza.

CHESS CLUB

Left to Right: Gail Hefeld, David Chow-Vice, George Joo, Nick Grimmer-Pres., Brian Boyte, George Rix-Sourcer, Bob Bowdidge-Sec./Treas. and Rep.



BOYS BLOCK C



GIRLS BLOCK C



HEARING IMPAIRED



Top: Lisa Cahn, Tiny Sand, Patricia Mueller-Vollmer and Ann Holmes (teachers). Ed Narayan Middle: Kim Brockway, Racel Gallardo, Kevin Feeley, Jesus Tello, Shelly Torres, Carrie Ackerman Front: Ronda Delgado, Teri Duffee, Sonia Escobar, Marie Ajero

ISEC



Top: Henry Silberberg, Claudia Acosta, Chris Evans, Brian Salinas, Heather Rose, Polly Springhorn Row four: Dara Johnson, Manny Griffin, Val Butler, Eric Reimer, Tina Feiner. Row three: Shannon Jacobs, Ruthie Mariano, Josephine Vergara, Janet Sarmiento, Katia Lima, Jennifer Thornton. Row two: Cathy Herbert, Melissa Chan, Julie Salinas, Mike Cueva. Bottom: Cheryl Allison, Rita Montez, Ti Haing

K-CAP



Zac Pineda and Jane Aquilina

PRISMS



Top Row: Gail Nufeld, Heather Rose, Bob Bowdidge, Rita Montez, Polly Springhorn, Mike Samson
Bottom Row: Lisa Thomas, Julie Salinas, Kristina Marin, Angela Callas, Vicki Parina

CSF



Top Row: David Cima, Gene Semenza, Heather Rose, George Rix, Chris O'Sullivan, Bob Bowdidge. 2nd Row: Marci Holloway, Julie Poland, John Flahavan, Mike Samson, Aram Kaloustian, George Jus, Polly Springhorn, Marlin Cheng, Kristina Marin. 3rd Row: Anjni Kumar, Lisa Fietta, Michelle Attell, Jill Smith, Rod Vigil, Gina Costelli, Ruthie Mariano, Vicki Parina, Julie Salinas. Bottom Row: Dede Concannon, Sonia Costantini, Margaret Coric, Janet Sarmiento, Lisa Thomas, Melissa Chan.

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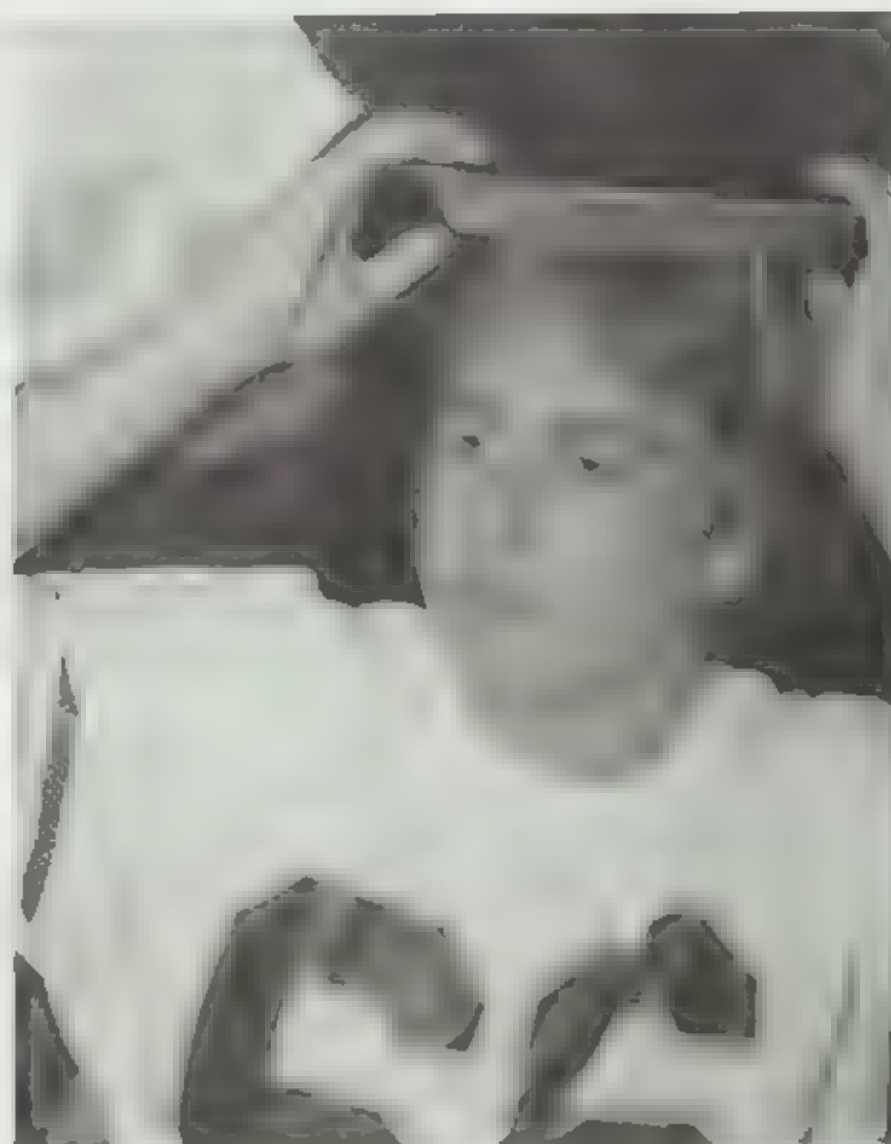
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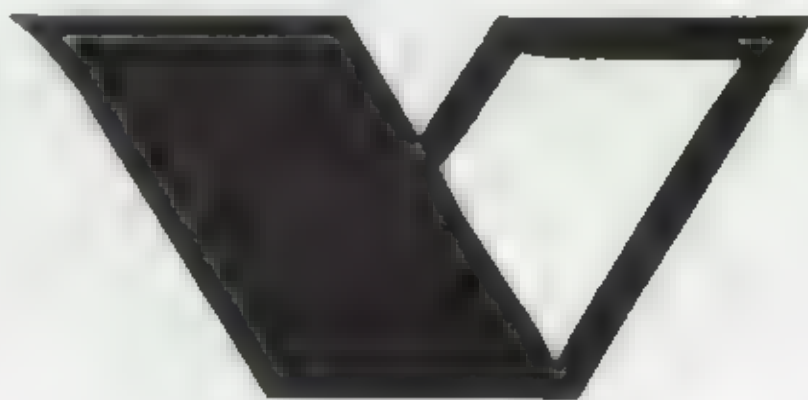
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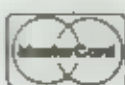
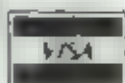
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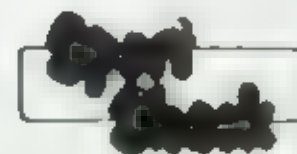


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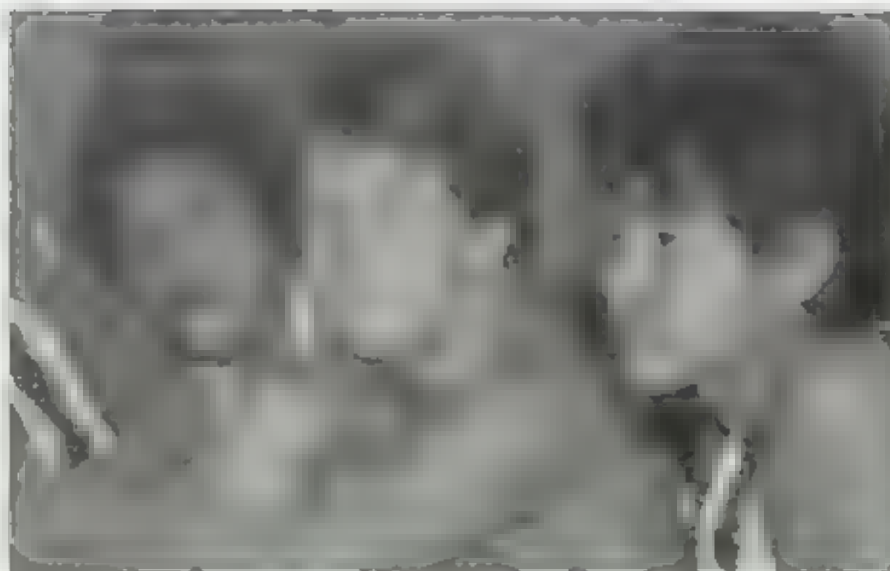
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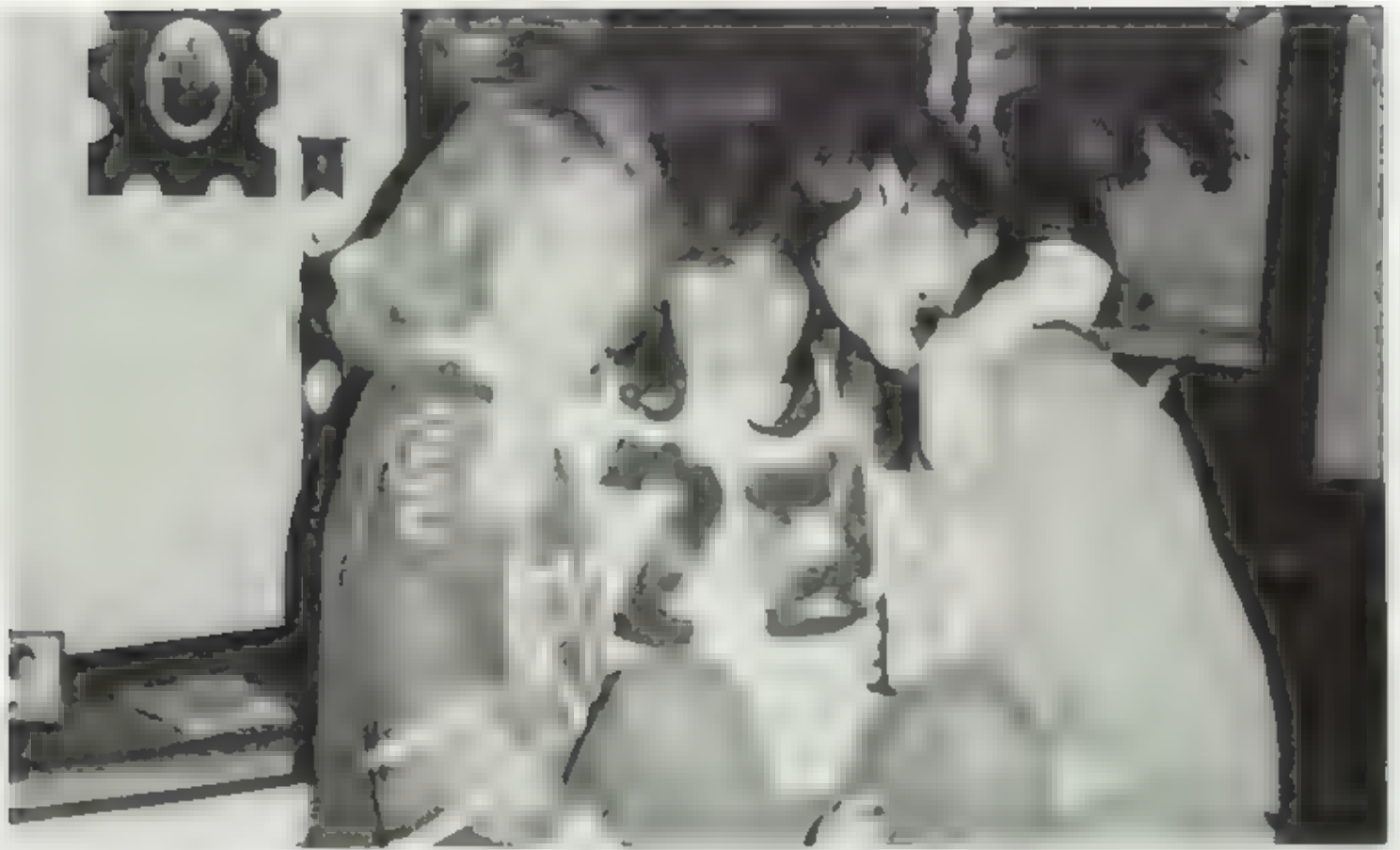
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I'm probably only
one of the few that
still calls you that!
I'm glad I met you
cause you truly are
the nicest kind (best
like Mike & Debbie) - lol
I couldn't believe when
you finally stepped A/C & DC.

So much love & good things
with you & your family.
Have a great summer

& all see ya again next
year. Say hi to E. & M.

If you ever love,
keep that again,

I want to see
you will regret
H!!!!!!!!!!!!

Handwritten text, likely bleed-through from the reverse side of the page. The text is arranged in several lines, forming a large, roughly circular shape. The handwriting is cursive and somewhat faded. The text is difficult to decipher due to the bleed-through and the angle of the page.

Dear Tony,

In your letter about you & your family, I
killed the time with great pleasure, and I hope
it was not too late for you. I am sure you are
a really happy man and your family are
all happy, too. I am sure about the fact, I only
wish, that I could see you and your family
but must be in the city now.

Just think, Tony, my dear man, how much I
enjoy the idea of what could be, particularly
that I am not of it, and I am not at all
sure that I am not you that I am not
quite a whole you and I am not at all
and I hope you have lots of fun in the city
now.

ALGDC

ALGDC

ALGDC

From

ALGDC

ALGDC

ALGDC

ALGDC

Bisevit

"R"

To A Great
 Character
 Auto Shop for
 Just for
 R. Chae

Bill
 = 100
 12/1/14

Love you, my other you gone.
 Well another it was really
 that you. it was really
 nice meeting you. you
 as really sweet.
 you made
 Ed fun.
 Miss a killer
 hummer and
 sweet. - 100
 Love
 Betty
 Benji

Tony
 you are one wierd
 guy!!! you really are
 nice when you want to
 be! I'm real glad I met
 you! Hope to see you over
 the summer I have
 see you next year!
 Love ya!
 Raquel

Boof,
 I hope you had a good year.
 Hope you have many parties
 over the summer. Good luck
 with Elaine, if you need
 someone to talk to call me.
 Don't forget about my party.
 Remember not to eat yellow
 snow. Have a totally bitchin
 summer. Lots of love.

6097-1380

Mudd
 (Patty)

Well, this goes another
 year again. I miss you!
 It was great knowing you
 this year. Hopefully next year
 we'll be able to again.
 Have a great summer.
 See ya next year.
 "86"
 All the way.
 Friends
 Love!
 Debbie

To Tony
 Knowing you even though
 your sometimes an asshole.
 Hope you have a killer summer
 and I hope to see you next year and
 don't party to much.
 From
 The Mexican
 (Dead to rights)
 your mouth

Tony!
 It was a good
 year to have you in
 with you made a lot
 at people laugh by
 now have a good summer
 and party a lot
 your friend
 Manuel

Tony

Tony
 It was an amazing
 year in english class for
 you come relax. Hope
 to get you next year.
 true 6/5 or 6/6 and
 parties. Frank Tereon

well duck
 the year is over
 and its time to party
 so dont get to
 sucked up
 the one and
 only
 Pet

PS AC/DC sucks

Michael
 (signature)

"85" Cool

TO BON,
 IT WAS FUN MEETING A
 VERY EXTRAORDINARY
 PERSON LIKE YOURSELF.
 LET'S FACE IT YOU R
 BIZZARE AND STRANIDE
 WELL ANYWAY HAVE A GREAT
 SUMMER AND KEEP ON
 ROCKIN!
 AC/DC
 FREAK

